Interchange Fifth Edition Level Intro covers competencies required at Level A1 of the Common European Framework (CEFR). This table describes the general degree of skill required at Level A1.

Skill	A1 Competencies
Speaking	I can use simple phrases and sentences to describe where I live and people I know.
	I can interact in a simple way provided the other person is prepared to repeat or rephrase things at a slower rate of speech and help me formulate what I'm trying to say.
	I can ask and answer simple questions in areas of immediate need or on very familiar topics.
Writing	I can write a short, simple postcard, for example sending holiday greetings.
	I can fill in forms with personal details, for example entering my name, nationality and address on a hotel registration form.
Listening	I can recognise familiar words and very basic phrases concerning myself, my family and immediate concrete surroundings when people speak slowly and clearly.
Reading	I can understand familiar names, words and very simple sentences, for example on notices and posters or in catalogues.

The tables that follow show where specific competencies are covered in Interchange Fifth Edition Level Intro.

KEY 1.1 = Student's Book Unit 1, Exercise 1 PC1-2.1 = Units 1-2 Progress Check, Exercise 1 W1.1 = Workbook Unit 1, Exercise 1



Speaking

Unit 1 to Units 7–8 Progress Check

The language user can:	Unit 1	Unit 2	Units 1–2 Progress Check	Unit 3	Unit 4	Units 3–4 Progress Check	Unit 5	Unit 6	Units 5–6 Progress Check	Unit 7	Unit 8	Units 7–8 Progress Check
describe him/herself, what he/ she does and where he/she lives. (DESCRIBING EXPERIENCE)				3.9 W3.6 W3.7	4.1 4.2 4.4 4.8 4.9 W4.6 W4.7	PC3-4.2 PC3-4.5		6.2 6.3 6.4 6.5 6.6 6.7 6.9 6.10 W6.4 W6.5 W6.6 W6.9	PC5-6.3	7.1 7.2 7.3 7.5 7.6 7.7 W7.1 W7.2 W7.3 W7.6	8.4 8.7 8.11	PC7-8.1 PC7-8.2
make an introduction and use basic greeting and leave-taking expressions. (CONVERSATION)	1.1 1.3 1.4 1.6 1.7 1.8 1.9 1.10 1.13 1.14 W1.1 W1.2 W1.3 W1.4 W1.7 W1.8 W1.10		PC1-2.1									
ask how people are and react to news. (CONVERSATION)	1.7 W1.3 W1.4											

Speaking (continued)

Unit 1 to Units 7–8 Progress Check (continued)

The language user can:	Unit 1	Unit 2	Units 1–2 Progress Check	Unit 3	Unit 4	Units 3–4 Progress Check	Unit 5	Unit 6	Units 5–6 Progress Check	Unit 7	Unit 8	Units 7–8 Progress Check
ask people for things and give people things. (GOAL-ORIENTED CO- OPERATION / TRANSACTIONS TO OBTAIN GOODS AND SERVICES)												
handle numbers, quantities, cost and time. (TRANSACTIONS TO OBTAIN GOODS AND SERVICES)	W1.5 W1.6			3.7 W3.4			5.2 5.3 W5.1 W5.2 W5.3 W5.4	6.7				
ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics. (INFORMATION EXCHANGE)	1.2	2.1 2.2 2.3 2.4 2.5 2.6 2.7 2.8 2.9 2.11 2.12 W2.1 W2.2 W2.3 W2.4 W2.8 W2.9	PC1-2.4 PC1-2.5	3.1 3.4 3.7 W3.1	4.1 4.2 4.4 4.5 4.6 4.7 W4.1 W4.2 W4.3 W4.5 W4.6 W4.7	PC3-4.3 PC3-4.4	5.1 5.2 5.5 5.6 5.7 5.8 5.9 W5.5	6.1 6.2 6.3 6.4 6.5 W6.1 W6.2 W6.3 W6.4 W6.5 W6.6 W6.9		7.1 7.5 7.6 7.7 7.8 7.9 W7.1 W7.5 W7.8	8.1 8.2 8.6 8.9 8.10 W8.1 W8.2 W8.5	PC7-8.4

Speaking (continued)

Unit 1 to Units 7–8 Progress Check (continued)

The language user can:	Unit 1	Unit 2	Units 1–2 Progress Check	Unit 3	Unit 4	Units 3–4 Progress Check	Unit 5	Unit 6	Units 5–6 Progress Check	Unit 7	Unit 8	Units 7–8 Progress Check
ask and answer questions about themselves and other people, where they live, people they know, things they have. (INFORMATION EXCHANGE)	1.1 1.3 1.4 1.8 1.9 1.10 1.11 1.12 1.13 W1.7 W1.8 W1.9	2.7 2.8 W2.5 W2.6 W2.7	PC1-2.2	3.2 3.3 3.5 3.6 3.7 3.8 3.11 W3.2 W3.3 W3.5 W3.5 W3.6 W3.7 W3.8	4.2 4.3 4.4 4.5 4.6 4.7 4.8 4.9 4.10 4.11 W4.4	PC3-4.1 PC3-4.2 PC3-4.3 PC3-4.4 PC3-4.5	W5.6 W5.7 W5.8	6.6 6.7 6.9 6.10 W6.7 W6.8 W6.10	PC5-6.2 PC5-6.3 PC5-6.4 PC5-6.5	7.2 7.3 7.11 W7.2 W7.3 W7.4 W7.7 W7.9	8.3 8.4 8.5 8.7 8.11 W8.3 W8.4	PC7-8.1 PC7-8.2
indicate time by such phrases as next week, last Friday, in November, three o'clock. (INFORMATION EXCHANGE)							5.2 5.3 W5.1 W5.2 W5.3 W5.4	6.7				

Speaking (continued)

Unit 9 to Units 15–16 Progress Check

The language user can:	Unit 9	Unit 10	Units 9–10 Progress Check	Unit 11	Unit 12	Units 11–12 Progress Check	Unit 13	Unit 14	Units 13–14 Progress Check	Unit 15	Unit 16	Units 15–16 Progress Check
describe him/herself, what he/ she does and where he/she lives. (DESCRIBING EXPERIENCE)	9.6 9.7 9.8 9.9 W9.6 W9.7 W9.8	10.2 10.3 10.5 10.6 10.7 W10.2 W10.3 W10.7										
make an introduction and use basic greeting and leave-taking expressions. (CONVERSATION)												
ask how people are and react to news. (CONVERSATION)					12.2 12.3 12.6 W12.3 W12.5	PC11-12.4						
ask people for things and give people things. (GOAL-ORIENTED CO-OPERATION / TRANSACTIONS TO OBTAIN GOODS AND SERVICES)							13.3 13.4 13.5 13.8 13.9 13.10 W13.3 W13.4 W13.5 W13.6		PC13-14.2		16.1 16.4 W16.1 W16.2 W16.5 W16.6 W16.7 W16.8	
handle numbers, quantities, cost and time. (TRANSACTIONS TO OBTAIN GOODS AND SERVICES)				11.1 11.9 W11.1 W11.2 W11.3						15.6		



Speaking (continued)

Unit 9 to Units 15–16 Progress Check (continued)

The language user can:	Unit 9	Unit 10	Units 9–10 Progress Check	Unit 11	Unit 12	Units 11–12 Progress Check	Unit 13	Unit 14	Units 13–14 Progress Check	Unit 15	Unit 16	Units 15–16 Progress Check
ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics. (INFORMATION EXCHANGE)	9.1 9.2 9.3 9.4 9.5 9.10 W9.1 W9.2 W9.3 W9.4 W9.5 W9.7	10.1 W10.1 W10.5 W10.7 W10.8 W10.10	PC9-10.1 PC9-10.5	11.7 W11.2 W11.3 W11.4 W11.6 W11.7	12.1 12.2 12.3 12.5 12.6 12.8 12.9 12.10 12.11 W12.1 W12.2 W12.3 W12.4 W12.5 W12.6 W12.7	PC11-12.4	13.1 13.2 13.3 13.4 13.5 13.7 13.8 13.9 13.10 W13.1 W13.2 W13.3 W13.4 W13.5 W13.6	14.1 14.2 14.3 14.4 14.5 14.6 W14.1 W14.2 W14.3 W14.4 W14.7	PC13-14.2 PC13-14.3	15.1 15.4 W15.3 W15.5	16.1 16.2 16.4 16.5 16.6 16.7 16.8 16.9 16.11 W16.1 W16.2 W16.3 W16.4 W16.5 W16.5 W16.6 W16.7	PC15–16.4 PC15–16.5
ask and answer questions about themselves and other people, where they live, people they know, things they have. (INFORMATION EXCHANGE)	9.7 9.9 W9.8	10.2 10.3 10.5 10.6 10.7 10.8 10.10 10.11 W10.2 W10.3 W10.4 W10.6 W10.9	PC9-10.2 PC9-10.4	11.1 11.2 11.3 11.4 11.6 11.8 11.9 11.10 11.11 W11.5		PC11–12.1 PC11–12.2		14.7 14.8 14.10 14.11 W14.5 W14.6	PC13-14.4	15.2 15.3 15.5 15.6 15.8 15.9 15.10 W15.1 W15.2 W15.4 W15.4		PC15–16.1 PC15–16.2
indicate time by such phrases as next week, last Friday, in November, three o'clock. (INFORMATION EXCHANGE)				11.1 11.9 W11.1 W11.2 W11.3		PC11-12.2				15.6		



Writing

Unit 1 to Units 7–8 Progress Check

The language user can:	Unit 1	Unit 2	Units 1–2 Progress Check	Unit 3	Unit 4	Units 3–4 Progress Check	Unit 5	Unit 6	Units 5–6 Progress Check	Unit 7	Unit 8	Units 7–8 Progress Check
write simple isolated phrases and sentences (OVERALL WRITTEN PRODUCTION)	1.12 1.13	2.5 2.9 W2.1 W2.7 W2.9		3.8 W3.8	4.9 4.10 W4.3 W4.6	PC3-4.4	5.7 W5.9	6.11 W6.1 W6.6 W6.10		7.3 7.7 7.11 W7.5 W7.8 W7.10	8.12	
write simple phrases and sentences about themselves and imaginary people, where they live and what they do. (CREATIVE WRITING)				3.8 W3.8	4.9 4.10 W4.3 W4.6	PC3-4.4	5.7 W5.9	6.11 W6.1 W6.6 W6.10		7.3 7.7 7.11 W7.5 W7.8 W7.10	8.12	
write numbers and dates, own name, nationality, address, age, date of birth or arrival in the country, etc. such as on a hotel registration form. (NOTES, MESSAGES AND FORMS)	1.12 1.13											

Writing (continued)

Unit 9 – Units 15–16 Progress Check

The language user can:	Unit 9	Unit 10	Units 9–10 Progress Check	Unit 11	Unit 12	Units 11–12 Progress Check	Unit 13	Unit 14	Units 13–14 Progress Check	Unit 15	Unit 16	Units 15–16 Progress Check
write simple isolated phrases and sentences (OVERALL WRITTEN PRODUCTION)	9.7 9.9 W9.3 W9.5 W9.6 W9.7	10.3 W10.5 W10.7 W10.8 W10.9 W10.10		11.3 W11.2 W11.3 W11.6 W11.7	12.10 W12.2 W12.7 W12.8	PC11-12.4	13.11 W13.3 W13.7	14.6 W14.1 W14.3 W14.7	PC13-14.3	15.4 W15.3 W15.5 W15.6 W15.7	16.9 W16.9	
write simple phrases and sentences about themselves and imaginary people, where they live and what they do. (CREATIVE WRITING)	9.7 9.9 W9.3 W9.6 W9.7	10.3 W10.5 W10.7 W10.8 W10.9 W10.10		11.3 W11.2 W11.3 W11.6 W11.7	W12.2 W12.7 W12.8		13.11 W13.3	14.6 W14.1 W14.3 W14.7	PC13-14.3	W15.3 W15.5 W15.6 W15.7		
write numbers and dates, own name, nationality, address, age, date of birth or arrival in the country, etc. such as on a hotel registration form. (NOTES, MESSAGES AND FORMS)												

Listening

Unit 1 to Units 7–8 Progress Check

The language user can:	Unit 1	Unit 2	Units 1–2 Progress Check	Unit 3	Unit 4	Units 3–4 Progress Check	Unit 5	Unit 6	Units 5–6 Progress Check	Unit 7	Unit 8	Units 7–8 Progress Check
follow speech which is very slow and carefully articulated, with long pauses for him/her to assimilate meaning. (OVERALL LISTENING COMPREHENSION)	1.5 1.12	2.10	PC1-2.3	3.2 3.10	4.6 4.10	PC3-4.2	5.4	6.8	PC5-6.1	7.4 7.10	8.8	PC7-8.3
understand instructions addressed carefully and slowly to him/her and follow short, simple directions. (UNDERSTANDING ANNOUNCEMENTS AND INSTRUCTIONS)												

Unit 9 to Units 15–16 Progress Check

The language user can:	Unit 9	Unit 10	Units 9–10 Progress Check	Unit 11	Unit 12	Units 11–12 Progress Check	Unit 13	Unit 14	Units 13–14 Progress Check	Unit 15	Unit 16	Units 15–16 Progress Check
follow speech which is very slow and carefully articulated, with long pauses for him/her to assimilate meaning. (OVERALL LISTENING COMPREHENSION)	9.8	10.4 10.9	PC9-10.3	11.5	12.4 12.7	PC11-12.3	13.2 13.6	14.9	PC13-14.1	15.7	16.3 16.10	PC15–16.3
understand instructions addressed carefully and slowly to him/her and follow short, simple directions. (UNDERSTANDING ANNOUNCEMENTS AND INSTRUCTIONS)					12.7		13.6					

Reading

Unit 1 to Units 7–8 Progress Check

The language user can:	Unit 1	Unit 2	Units 1–2 Progress Check	Unit 3	Unit 4	Units 3–4 Progress Check	Unit 5	Unit 6	Units 5–6 Progress Check	Unit 7	Unit 8	Units 7–8 Progress Check
understand short, simple messages (READING CORRESPONDENCE)							5.10					
recognise familiar names, words and very basic phrases on simple notices in the most common everyday situations. (READING FOR ORIENTATION)												
get an idea of the content of simpler informational material and short simple descriptions, especially if there is visual support. (READING FOR INFORMATION AND ARGUMENT)							5.10	6.11		7.12	8.6 8.12	
follow short, simple written directions (e.g. to go from X to Y). (READING INSTRUCTIONS)												

Unit 9 to Units 15–16 Progress Check

The language user can:	Unit 9	Unit10	Units 9–10 Progress Check	Unit 11	Unit 12	Units 11–12 Progress Check	Unit 13	Unit 14	Units 13–14 Progress Check	Unit 15	Unit 16	Units 15–16 Progress Check
understand short, simple messages (READING CORRESPONDENCE)												
recognise familiar names, words and very basic phrases on simple notices in the most common everyday situations. (READING FOR ORIENTATION)												
get an idea of the content of simpler informational material and short simple descriptions, especially if there is visual support. (READING FOR INFORMATION AND ARGUMENT)	9.11	10.12		11.12	12.12		13.11	14.12		15.11	16.12	
follow short, simple written directions (e.g. to go from X to Y). (READING INSTRUCTIONS)							13.11					