

## Chapter 1

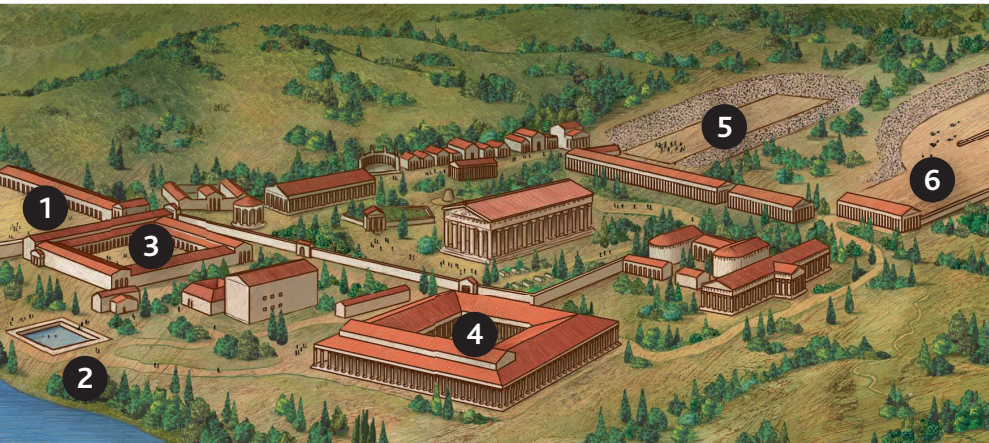
# The Olympic Games

### FACT

**When:** The first Olympic Games were in 776 BC.

**Where:** Olympia, Greece.

**How often:** Every four years.



Olympia

- 1 Runners practised here for the running races<sup>1</sup>.
- 2 The swimming pool was only used for fun.  
There weren't any swimming races.
- 3 Athletes practised here for the long jump competitions.
- 4 This hotel was for important people.
- 5 Forty thousand people sat in this stadium<sup>2</sup>.
- 6 The horse races were here.

## ACTIVITIES

- 1 Complete the sentences about Chapter 1 with the numbers in the box.

11	20,000	40,000	200
400	<del>776</del>	1896	1924

- 1 The Olympic Games started in ..... 776 ..... BC, in Greece.
- 2 At the first Olympic Games, there were ..... seats in the stadium.
- 3 The Olympic Games stopped around ..... AD.
- 4 The modern Olympic Games started in ..... .
- 5 The Winter Olympics started in ..... .
- 6 Athletes from over ..... countries come to the modern Olympic Games.
- 7 ..... women in Olympia light the flame on the Olympic torch.
- 8 More than ..... athletes carried the Olympic torch from Olympia to Beijing.

- 2 Are the sentences about Chapter 1 true (T) or false (F)?

- 1 There were swimming competitions in the first Olympic Games. ☒ F
- 2 There were boxing competitions at the Olympic Games in 776. ☐
- 3 In the first Olympics there were no women athletes. ☐
- 4 The first Olympic Games started and fighting stopped in Greece for a month. ☐
- 5 Snowboarding isn't an Olympic sport. ☐
- 6 The Olympic torch sometimes travels by ship. ☐

3 Match the sentences to the people in the box.

Amir (x4)      Sonja (x3)

- 1 Sonja ..... didn't do well at her / his first Olympics.
- 2 ..... started competitions at the age of eleven.
- 3 ..... started the sport at the age of eight.
- 4 The sport helped ..... at school.
- 5 ..... won a gold medal at her / his second Olympics.
- 6 ..... won a silver medal at her / his first Olympics.
- 7 ..... wore different clothes than other people to do the sport.

4 Answer the questions.

- 1 What does Amir Khan do after fights?  
.....
- 2 What is Amir studying?  
.....
- 3 Sonja Henie loved skating. What else did she love doing?  
.....
- 4 What did Sonja do after she stopped skating?  
.....

## LOOKING FORWARD

.....

5 Tick (✓) what you think is true about the Paralympics.

- 1 The Paralympics are every three years. ☐
- 2 The Paralympic Games do not use the same stadium as the Olympics. ☐

## LOOKING BACK

- 1 Check your answers to *Looking forward* on page 17.

## ACTIVITIES

- 2 Match the two parts of the sentences about Chapter 4.
- 1 In wheelchair races, athletes sometimes go at
  - 2 The Paralympics start
  - 3 The Paralympics record for the men's 100-metre running race is
  - 4 In the first Paralympics, there were
  - 5 In the 2008 Paralympics, there were athletes from
- a two weeks after the Olympics.  
b 145 countries.  
c 10.96 seconds.  
d four hundred athletes.  
~~e~~ thirty kilometres an hour.
- 3 Underline the correct answer to complete the information from Chapter 5.
- 1 Jessica Long is a ...  
a swimmer      b cyclist      c runner
  - 2 Steve and Beth Long took Jessica to ...  
a Russia      b America      c Greece
  - 3 Jessica started to swim in competitions at the age of ...  
a ten      b fourteen      c twelve
  - 4 At the Beijing Paralympics, Jessica won ... gold medals.  
a nine      b four      c three

4 Complete the sentences with information from Chapter 6.

- 1 There are five players on a team.
- 2 A match is ..... minutes long.
- 3 There's a ..... in the ball.
- 4 They play on a ..... pitch, not grass.
- 5 Goalkeepers are not .....
- 6 Fans mustn't .....
- 7 There's a ..... round the pitch.

5 Write Ricardo Alves' age, using information from Chapter 7.

- 1 At the age of two, Ricardo Alves started playing football.
- 2 He became blind when he was .....
- 3 At ....., he first played for Brazil.
- 4 He scored nine goals in the Pan American Games when he was .....
- 5 At ....., he played in the Paralympic Games in Beijing.

## LOOKING FORWARD



6 What do you think? Answer the questions.

- 1 Where are the X Games?  
.....
- 2 How often are the Games?  
.....
- 3 What sports are in the X Games?  
.....

## LOOKING BACK

- 1 Check your answers to *Looking forward* on page 31.

## ACTIVITIES

- 2 Complete the sentences about Chapter 7 with the words in the box.

motorbike   ~~action sports~~   new sports  
skateboarder   tricks

- 1 The X Games are games for extreme action sports .  
2 In the X Games, athletes do special .....  
3 Jake Brown is an Australian .....  
4 The X Games change – they often have .....  
5 Travis Pastrana is a ..... champion.

- 3 Answer the questions.

- 1 What sports do athletes do in the Summer X Games?  
.....  
2 What can often happen to athletes in the X Games?  
.....  
3 How far did Jake Brown fall?  
.....  
4 What happens at the X Fest?  
.....  
5 How far did Travis Pastrana fall?  
.....

4 Underline the correct words in each sentence about in-line skating.

- 1 In competitions, skaters do tricks *on the wall* / *in the air*.
- 2 Competitors *must* / *mustn't* go very high in the air.
- 3 In competitions, you have *one minute* / *two minutes* to do the tricks.
- 4 In-line skates have *two* / *four* wheels in a line.

5 Match the facts to the people in the box.

Ayumi (x4)	Ryan (x3)
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- 1 Ryan became professional at the age of thirteen.
- 2 ..... 's favourite food is fish.
- 3 ..... won a bronze medal at her / his first X Games.
- 4 ..... 's friends did not know she / he was a champion.
- 5 ..... started the sport at the age of four.
- 6 ..... stopped going to school at the age of twelve.
- 7 ..... won a gold medal at the age of fourteen.

6 Underline the correct answer to complete the information from Chapter 9.

- 1 Ryan was born in December, ... .  
a 1989      b 1984      c 1988
- 2 He lives in ... .  
a San Clemente      b Los Angeles      c Baltimore
- 3 More than ... million people watched Ryan's TV show.  
a 16      b 41      c 22
- 4 Ryan's advice is to 'Just go out there and ... .' .  
a practise a lot      b win medals      c have fun