

VOCABULARY

Nouns

accomplishment
best seller
competition
degree
discipline
eagle
goal
goggles
grade
hurdle
internship
lifetime
marathon
nomad
pleasure
promotion
savings
skill
personal statement
wish

Adjectives

adaptable
compassionate
courageous
cynical
dependent
downhill
healthy
(un)imaginative
insensitive
resourceful
rigid
self-motivated
self-sufficient
steady
timid
upbeat

Verbs

achieve
count (on someone)

deliver
develop
manage (to)
pack
proud
quit
retire
share
soar
succeed
switch

Adverbs

ahead
elsewhere
plenty
pretty

Pronouns

myself
yourself

EXPRESSIONS

Describing challenges, frustrations, and rewards

The most unusual/realistic/ambitious/rewarding thing about . . . is . . .

Describing past accomplishments

I've managed to . . .
I managed to . . .
I've been able to . . .
I was able to . . .

Talking about future accomplishments

What do you hope you'll have achieved?

I hope I'll have . . .
I'd like to have . . .