

## AMERICAN EMPOWER

### CEFR overview A1

Skills area	Goal	Lesson
Listening	Can follow language which is very slow and carefully articulated, with long pauses for them to assimilate meaning. (OVERALL ORAL COMPREHENSION)	CL, 1A, 1B, 1C, 2A, 2B, 2C, 3A, 3B, 3C, 4A, 4B, 4C, 5A, 5B, 5C, 6A, 6B, 6C, 7A, 7C, 8A, 8B, 8C, 9A, 9C, 10A, 10B, 10C, 11A, 11B, 11C, 12A, 12B, 12C
	Can recognize concrete information (e.g. places and times) on familiar topics encountered in everyday life, provided it is delivered slowly and clearly. (OVERALL ORAL COMPREHENSION)	2A, 2C, 3B, 4A, 5A, 5B, 5C, 7A, 7C, 8A, 8B, 8C, 9A, 9C, 10A, 10B, 10C, 11A, 11B, 11C, 12A, 12B, 12C
	Can understand some expressions when people are discussing them, family, school, hobbies or surroundings, provided the delivery is slow and clear. (UNDERSTANDING CONVERSATION BETWEEN OTHER PEOPLE)	1A, 1B, 1C, 2A, 3A, 3B, 4A, 4C, 5A, 5C, 6C, 8A, 8B, 8C, 9C, 10B, 10C, 11B, 11C, 12A, 12B, 12C
	Can understand words and short sentences in a simple conversation (e.g. between a customer and a salesperson in a shop), provided people communicate very slowly and very clearly. (UNDERSTANDING CONVERSATION BETWEEN OTHER PEOPLE)	2B, 2C, 3C, 5B, 7A, 7C, 10C
	Can understand instructions addressed carefully and slowly to them and follow short, simple directions. (UNDERSTANDING ANNOUNCEMENTS AND INSTRUCTIONS)	CL
	Can pick out concrete information (e.g. places and times) from short recordings on familiar everyday topics, provided they are delivered very slowly and clearly. (UNDERSTANDING AUDIO MEDIA AND RECORDINGS)	4B, 6A, 6B, 9A, 10A
Reading	Can understand very short, simple texts a single phrase at a time, picking up familiar names, words and basic phrases and rereading as required. (OVERALL READING COMPREHENSION)	1A, 1B, 2A, 3A, 3B, 3C, 4A, 4B, 4C, 5A, 5B, 5C, 6A, 6B, 6C, 7A, 7B, 7C, 8A, 8B, 8C, 9A, 9B, 9C, 10A, 10B, 10C, 11A, 11B, 11C, 12A, 12B, 12C
	Can understand short, simple messages sent via social media or email (e.g. proposing what to do, when and where to meet). (READING CORRESPONDENCE)	3C, 5C, 6C, 7C, 8C, 10A, 10C, 11C, 12C
	Can recognize familiar names, words and very basic phrases on simple notices in the most common everyday situations. (READING FOR ORIENTATION)	11B
	Can find and understand simple, important information in advertisements, programs for special events, leaflets and brochures (e.g. what is proposed, costs, the date and place of the event, departure times). (READING FOR ORIENTATION)	7A, 9A
	Can get an idea of the content of simpler informational material and short, simple descriptions, especially if there is visual support. (READING FOR INFORMATION AND ARGUMENT)	3A, 3B, 4A, 4B, 4C, 5A, 7A, 7B, 9A, 11B

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	Can understand short texts on subjects of personal interest (e.g. news flashes about sports, music, travel or stories) composed in very simple language and supported by illustrations and pictures. (READING FOR INFORMATION AND ARGUMENT)	5B, 11A, 12A, 12B
	Can understand short, illustrated narratives about everyday activities described in simple words. (READING AS A LEISURE ACTIVITY)	6A, 6B, 10B
	Can understand in outline short texts in illustrated stories, provided the images help them to guess at a lot of the content. (READING AS A LEISURE ACTIVITY)	8A, 8B, 9B, 9C, 11A
Speaking	Can produce simple, mainly isolated phrases about people and places. (OVERALL ORAL PRODUCTION)	1GS, 1B, 2GS, 2A, 2C, 3GS, 3B, 3C, 4GS, 4B, 4C, 5GS, 5A, 5B, 6GS, 6B, 7GS, 7B, 8B, 9GS, 9A, 10A, 12B
	Can describe them, what they do and where they live. (SUSTAINED MONOLOGUE: DESCRIBING EXPERIENCE)	1A, 2A, 3GS, 3B, 4GS, 4A, 5A, 5B, 6B, 7B, 9A, 10A, 12B
	Can describe simple aspects of their everyday life in a series of simple sentences, using simple words and basic phrases, provided they can prepare in advance. (SUSTAINED MONOLOGUE: DESCRIBING EXPERIENCE)	4B, 4C, 6B, 7B, 8B, 12B
	Can name an object and indicate its shape and color while showing it to others using basic words, phrases and formulaic expressions, provided they can prepare in advance. (SUSTAINED MONOLOGUE: GIVING INFORMATION)	7B
	Can interact in a simple way but communication is totally dependent on repetition at a slower rate, rephrasing and repair. (OVERALL ORAL INTERACTION)	1A, 1B, 1C, 2A, 2B, 2C, 3GS, 3A, 3B, 3C, 4GS, 4A, 4B, 4C, 5A, 5B, 5C, 6A, 6B, 6C, 7GS, 7A, 7B, 7C, 8GS, 8A, 8B, 8C, 9GS, 9A, 9B, 9C, 10GS, 10A, 10B, 10C, 11GS, 11A, 11B, 11C, 12GS, 12A, 12B, 12C
	Can ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics. (OVERALL ORAL INTERACTION)	1A, 1B, 1C, 2A, 2B, 2C, 3GS, 3A, 3B, 3C, 4GS, 4A, 4B, 4C, 5A, 5B, 5C, 6A, 6B, 6C, 7GS, 7A, 7B, 7C, 8GS, 8A, 8B, 8C, 9GS, 9A, 9B, 9C, 10GS, 10A, 10B, 10C, 11GS, 11A, 11B, 11C, 12GS, 12A, 12B, 12C
	Can take part in a simple conversation of a basic factual nature on a predictable topic (e.g. their home country, family, school). (CONVERSATION)	4A, 4B, 4C, 6A, 6B, 7GS, 7B, 8GS, 8A, 8B, 9GS, 9A, 9B, 9C, 10GS, 10A, 10B, 11A, 11B, 11C, 12GS, 12A, 12B, 12C
	Can make an introduction and use basic greeting and leave-taking expressions. (CONVERSATION)	1A, 1C
	Can ask how people are and react to news. (CONVERSATION)	1A, 1C

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	Can exchange likes and dislikes for sports, foods, etc., using a limited repertoire of expressions, when addressed clearly, slowly and directly. (INFORMAL DISCUSSION)	2C, 3GS, 3A, 3C, 7GS, 7A, 7B, 8GS, 8A, 11C
	Can ask people for things, and give people things. (GOAL-ORIENTED COOPERATION / OBTAINING GOODS AND SERVICES)	3C, 6C, 7A, 7C, 8C, 9C, 10B, 10C, 12C
	Can handle numbers, quantities, cost and time. (OBTAINING GOODS AND SERVICES)	7A, 7C, 10C
	Can ask for food and drink using basic expressions. (OBTAINING GOODS AND SERVICES)	3C
	Can ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics. (INFORMATION EXCHANGE)	2A, 2B, 2C, 3B, 4A, 4B, 5A, 5B, 5C, 6A, 6B, 7A, 7B, 8GS, 8A, 8B, 9A, 9B, 10GS, 10A, 10B, 10C, 11A, 11B, 12A, 12B, 12C
	Can ask and answer questions about them and other people, where they live, people they know, things they have. (INFORMATION EXCHANGE)	1B, 2B, 2C, 3B, 4A, 4B, 5B, 5C, 6A, 6B, 7B, 8A, 8B, 9A, 9B, 10GS, 10A, 10B, 11A, 11B, 12B
	Can indicate time by lexicalized phrases like “next week”, “last Friday”, “in November”, “three o’clock”. (INFORMATION EXCHANGE)	1C, 3B, 6B, 8A, 8B, 9B, 11A, 12A, 12B
	Can express numbers, quantities and cost in a limited way. (INFORMATION EXCHANGE)	2B
	Can name the color of clothes or other familiar objects and can ask the color of such objects. (INFORMATION EXCHANGE)	7B
	Can reply in an interview to simple direct questions, put very slowly and clearly in direct, non-idiomatic language, about personal details. (INTERVIEWING AND BEING INTERVIEWED)	2C
	Can use simple words to state how a work made them feel. (EXPRESSING A PERSONAL RESPONSE TO CREATIVE TEXTS)	3A, 4A, 5A, 5B, 6A, 6B, 7A, 7B, 8A, 8B, 9A, 10A, 10B, 11A, 11B, 12A, 12B
	Can give information about matters of personal relevance (e.g. likes and dislikes, family, pets) using simple words and basic expressions. (OVERALL WRITTEN PRODUCTION)	2A, 4A, 4C, 5A, 6C, 11A
Writing	Can produce simple isolated phrases and sentences. (OVERALL WRITTEN PRODUCTION)	1B, 1C, 2A, 2B, 2C, 4A, 4C, 5A, 6C, 8A, 9A, 9C, 11A, 12A
	Can produce simple phrases and sentences about them and imaginary people, where they live and what they do. (CREATIVE WRITING)	1B, 1C, 2A, 4A, 4C, 5A, 6C, 8A, 9A, 9C, 11A, 12A
	Can ask for or pass on personal details. (OVERALL WRITTEN INTERACTION)	2C, 3C, 5C, 7C, 8C, 10A, 10B, 10C, 11C, 12C
	Can compose messages and online postings as a series of very short sentences about hobbies and likes/dislikes, using simple words and formulaic expressions, with reference to a dictionary. (CORRESPONDENCE)	9C

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	Can compose messages and online postings as a series of very short sentences about hobbies and likes/dislikes, using simple words and formulaic expressions, with reference to a dictionary. (CORRESPONDENCE)	11C
	Can compose a short, very simple message (e.g. a text message) to friends to give them a piece of information or to ask them a question. (CORRESPONDENCE)	3C, 5C, 7C, 8C, 10A, 10B, 10C, 12C
	Can fill in numbers and dates, own name, nationality, address, age, date of birth or arrival in the country, etc., e.g. on a hotel registration form. (NOTES, MESSAGES AND FORMS)	2C
	Can formulate very simple messages and personal online postings as a series of very short sentences about hobbies, likes/dislikes, etc., relying on the aid of a translation tool. (ONLINE CONVERSATION AND DISCUSSION)	9C
	Can copy out single words and short texts presented in standard printed format. (PROCESSING TEXT IN WRITING)	1A, 1C, 2A, 4B, 4C, 6C