

VOCABULARY

Nouns**Health problems**

backache
burn
cold
cough
dry skin
earache
fever
(the) flu
headache
(the) hiccups
insect bite
insomnia
itchy eyes
nosebleed
sore muscles/throat
stomachache
sunburn
toothache
upset stomach

Containers

bag
bottle
box
can

jar
pack
stick
tube

Pharmacy items

bandages
breath mints
cough drops
cream
deodorant
eyedrops
face cream
heating pad
lotion
medication
(pain) medicine
pills
shaving cream
tissues
toothpaste
vitamin C

Other

advice
anthropologist
appointment

chamomile (tea)
community
dentist
energy
garlic (tea)
gel
idea
liquid
medicine cabinet
muscle
plant
rain forest
remedy
research
rest
throat
village

Adjectives

effective
helpful
hungry
itchy
powerful
sick
sore
stressed

terrible
useful

Verbs**Modal**

could
may

Other

boil
chop up
concentrate
disappear
get (some rest)
put (= apply directly, as ointment)
rest
see (a doctor/dentist)
suggest
take (medicine/ something for . . .)
treat
work (= succeed)

Prepositions

in (bed)
under (cold water)

EXPRESSIONS

Talking about health problems

Are you all right?
Not really.
That's too bad.

Offering and accepting assistance

Can/May I help you?
Yes, please.
Can/Could/May I have . . . ?

Asking for and giving advice

What should you do . . . ?
It's important/helpful/a good idea to . . .
What do you suggest/have for . . . ?
Try/I suggest/You should/You could . . .

Expressing dislike

Yuck!

Agreeing

You're right.