

Cambridge English for Nursing

Pre-intermediate

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Frontmatter
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Introduction

The aims of *Cambridge English for Nursing Pre-intermediate* are to improve your communication skills at work and your English language knowledge in key areas of nursing. To give you practice in current healthcare situations, each of the eight units contains:

- discussion of the nursing topic
- listening activities reflecting everyday nursing scenarios
- a focus on communication, for example showing empathy
- a medical focus, for example using IV infusion equipment
- charting and documentation – medical forms and how to use them

On the audio you hear people in the kind of healthcare situations that you encounter as a nurse, for example admitting a patient, explaining medical procedures, discussing lifestyle changes, handing over patients, caring for patients in Recovery, managing embarrassing moments, helping patients with mobility aids and making a referral. In addition, online activities focusing on advances in technology will help you keep up-to-date with the latest medical equipment.

How to use *Cambridge English for Nursing Pre-intermediate* for self-study

If you are working on your own, you can do the units in any order you like. Choose the topic that you want to look at and work through the unit, doing the exercises and checking your answers in the answer key. Note down any mistakes you make, and go back and listen or read again to see what the problem was. It's a good idea to listen to the audio more than once and to read the audioscript afterwards to check that you've understood. For the speaking activities, *think* about what you would say in the situation. You could also try talking about the discussion points with your colleagues; the topics are all relevant for people who work in healthcare. At the back of the book, you'll find audioscripts and a comprehensive answer key with solutions to the activities as well as suggested answers for the discussion tasks. In addition, you can find extra material and further activities for practice online at www.cambridge.org/elt/englishfornursing.

We hope you enjoy using the course. If you have any comments on *Cambridge English for Nursing Pre-intermediate*, we'd love to hear them. You can email us at englishfornursing@cambridge.org.

Virginia Allum

Patricia McGarr

Virginia Allum (BA, MA, Cert TESOL, Certificate in Nursing) lived and worked in Australia for many years and has extensive experience as a Registered Nurse working in hospitals in Sydney and on the Gold Coast. She also has palliative care experience gained while working as Director of a home nursing service in Sydney and in a private hospital in Queensland. She has taught English for nursing at a vocational training institute in Queensland and has worked as a Lecturer and Nurse Facilitator in the diploma of nursing at the Gold Coast Institute of TAFE (Technical and Further Education) in Queensland. She currently works as a Registered Nurse in south-west England.

Patricia McGarr (B Ed, Dip TESOL, MA TESOL, MBA) lives in Australia and works at Griffith University. She has wide-ranging international teaching experience, having managed a network of language institutes in Asia, project managed specialised English courses in Kuwait and Oman, and been instrumental in setting up industry-specific language projects in Vietnam and China. She managed the Insearch Language Centre, University of Technology, Sydney – one of the largest English language institutes in Australia – and set up several offshore programmes that they delivered in Asia.

	Skills	Medical focus	Charting and documentation
UNIT 1	Welcoming a patient on admission	Equipment to take patient Observations	Observation Chart
Admitting patients page 6	Checking a patient's identity (ID) bracelet Describing parts of the body Using equipment to take patient Observations Giving instructions to a patient Taking and recording patient Observations		
UNIT 2	Caring for a patient in Recovery Returning a patient to the ward Talking about pain Checking an IV Prescription Using IV infusion equipment	IV infusion equipment	IV Prescription
Caring for patients after an operation page 16			
UNIT 3	Talking about feelings Showing empathy Discussing pain relief Using a Palliative Care Pain Assessment Telephone skills: managing a patient enquiry Using patient information leaflets	Pain relief	Palliative Care Pain Assessment
Caring for terminally ill patients page 26			
UNIT 4	Describing your nursing role Describing wounds Helping a patient with Activities of Daily Living (ADLs) Managing embarrassing moments Using a District Nurse Prescription Sheet Reading medication labels	Wounds	District Nurse Prescription Sheet
The District Nurse page 36			

	Skills	Medical focus	Charting and documentation
UNIT 5	Discussing a patient's progress Helping a patient with meals Explaining safe swallowing Reassuring a patient before an unpleasant procedure Using a Food Chart Telephone skills: making a referral	Safe swallowing	Food Chart
Helping patients with rehabilitation page 46			
UNIT 6	Helping a patient with mobility aids Getting a patient out of bed Using a slide sheet Using a hoist Completing a Moving and Handling Assessment	Hoists	Moving and Handling Assessment
Mobilising patients page 56			
UNIT 7	Describing medical imaging equipment Completing an X-ray Contrast Consent Form Preparing a patient for Radiology Telephone skills: making an appointment Giving directions in the hospital	Medical imaging equipment	X-ray Contrast Consent Form
Medical imaging page 66			
UNIT 8	Doing a blood sugar test Asking a patient for consent Describing blood glucose levels Completing a Personal Diabetes Care Plan Talking about lifestyle and diabetes Explaining how to use an insulin pen	Blood glucose levels	Diabetic Chart Personal Diabetes Care Plan
Helping patients with diabetes management page 76			
Role plays and additional material		page 86	
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