



GREEK WORDLIST

OWN IT!
IT'S YOUR WORLD



Greek wordlist



CAMBRIDGE
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Own it Level 1 Greek Wordlist

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Εισαγωγή

Το **Own it! Wordlist** έχει σχεδιαστεί για να σε βοηθήσει με τη μελέτη του **Own it! Student's Book**. Κάθε κεφάλαιο του **Own it! Wordlist** περιλαμβάνει μια λίστα με τις πιο σημαντικές λέξεις και εκφράσεις που εμφανίζονται στο αντίστοιχο κεφάλαιο του **Student's Book**. Κάθε λέξη ή φράση συνοδεύεται από το χαρακτηρισμό της ως μέρος του λόγου, την απόδοση στα Ελληνικά και ένα παράδειγμα.

Ακολουθεί ένας πίνακας με τις επεξηγήσεις των συντομογραφιών που θα βρεις σε αυτό το βιβλίο.

Συντομογραφίες

| | | | | | |
|-------|--------------|-------------------|------|-------------|-----------|
| v | verb | ρήμα | conj | conjunction | σύνδεσμος |
| n | noun | ουσιαστικό | prep | preposition | πρόθεση |
| adj | adjective | επίθετο | phr | phrase | φράση |
| adv | adverb | επίρρημα | pron | pronoun | αντωνυμία |
| phr v | phrasal verb | περιφραστικό ρήμα | | | |

Μπορείς πάντα να συμβουλευέσαι το διαδικτυακό λεξικό του Cambridge: Online Cambridge Dictionary: <https://dictionary.cambridge.org>

Όπως επίσης, να δημιουργήσεις τις δικές σου λίστες λέξεων, με το Cambridge Dictionary Plus: <https://dictionary.cambridge.org/plus/>

Το συγκεκριμένο εργαλείο σου επιτρέπει όχι μόνο να εμπλουτίσεις το λεξιλόγιο σου, αλλά και να βελτιώσεις τις γνώσεις σου στην γραμματική, να παίξεις quizzes και πολλά άλλα.

STARTER

WELCOME!

- 0.1 **month** (n) μήνας
My favourite month is April.
- 0.2 **January** (n) Ιανουάριος
January is the first month of the year.
- 0.3 **February** (n) Φεβρουάριος
February is the second month of the year.
- 0.4 **March** (n) Μάρτιος
March is the third month of the year.
- 0.5 **April** (n) Απρίλιος
April is the fourth month of the year.
- 0.6 **May** (n) Μάιος
May is the fifth month of the year.
- 0.7 **June** (n) Ιούνιος
June is the sixth month of the year.
- 0.8 **July** (n) Ιούλιος
July is the seventh month of the year.
- 0.9 **August** (n) Αύγουστος
August is the eighth month of the year.
- 0.10 **September** (n) Σεπτέμβριος
September is the ninth month of the year.
- 0.11 **October** (n) Οκτώβριος
October is the tenth month of the year.
- 0.12 **November** (n) Νοέμβριος
November is the eleventh month of the year.
- 0.13 **December** (n) Δεκέμβριος
December is the twelfth month of the year.
- 0.14 **capital** (adj) κεφαλαίο
Names, countries and cities start with a capital letter.
- 0.15 **cardinal** (adj) απόλυτος (αριθμός)
My little brother is learning the cardinal numbers these days.
- 0.16 **ordinal** (adj) τακτικός (αριθμός)
We use ordinal numbers in dates.
- 0.17 **learn** (v) μαθαίνω
I learn English at school.
- 0.18 **practise** (v) κάνω εξάσκηση
My friend and I practise the new words together.
- 0.19 **take turns** (phr) κάνω (κάτι) εναλλάξ με κάποιον άλλον
In my class, we take turns to practise the new words.
- 0.20 **date** (n) ημερομηνία
What's the date today, please?
- 0.21 **add** (v) προσθέτω
Add the numbers, please.
- 0.22 **check** (v) ελέγχω
Can you check the grammar, please?
- 0.23 **repeat** (v) επαναλαμβάνω
I'm sorry, I don't understand. Can you repeat that, please?
- 0.24 **quiz** (n) κουίζ, ερωτηματολόγιο
Do you know the answers to the quiz questions?
- 0.25 **country** (n) χώρα
How many countries are there in the world?
- 0.26 **world** (n) κόσμος
Nick wants to travel to many countries in the world!
- 0.27 **million** (number) εκατομμύριο
There are 10 million people in Greece.
- 0.28 **speak** (v) μιλάω
Do you speak English?
- 0.29 **first language** (n) μητρική γλώσσα
What is your first language?
- 0.30 **second** (n) δεύτερος
There are 60 seconds in a minute.

- 0.31 **same** (adj) ίδιος
Mary and I have got our birthday the same day!
- 0.32 **online** (adv) στο διαδίκτυο, συνδεδεμένος μέσω ίντερνετ
I like shopping online.
- 0.33 **profile** (n) προφίλ
Tonia's online profile is very interesting!
- 0.34 **Turkish** (adj) Τούρκος
My best friend is Turkish.
- 0.35 **favourite** (adj) αγαπημένος
What's your favourite colour?
- 0.36 **bedroom** (n) υπνοδωμάτιο
My bedroom is blue and green.
- 0.37 **life** (n) ζωή
This is a blog about my life in Spain.
- 0.38 **Spanish** (adj) Ισπανός
Miguel is from Spain. He's Spanish.
- 0.39 **Mexican** (adj) Μεξικανός
I like Mexican food.
- 0.40 **guess** (v) μαντεύω
Can you guess the answer?
- 0.41 **dream** (n) όνειρο
My dream is to be visit many countries in the world!
- 0.42 **singer** (n) τραγουδιστής / τρια
My favourite singer is Jay-Z.
- 0.43 **like** (prep) όπως
I want to be a tennis player like Tsitsipas.
- 0.44 **brilliant** (adj) υπέροχος, φανταστικός
I love Nicki Minaj, she's brilliant!
- 0.45 **Let me know** (phr) πες μου, στείλε μου τη γνώμη σου, ενημέρωσέ με
Who's your favourite singer? Let me know!
- 0.46 **capital** (n) πρωτεύουσα
Athens is the capital of Greece.
- 0.47 **footballer** (n) ποδοσφαιριστής
I think Kylian Mbappe is a brilliant footballer!
- 0.48 **amazing** (adj) καταπληκτικός
Taylor Swift is amazing! I love her!
- 0.49 **fan** (n) οπαδός
My mother knows everything about football! She is a great football fan!
- 0.50 **Where are you from?** (phr) Από πού είσαι;
I'm from Greece. Where are you from?
- 0.51 **find** (v) βρίσκω
I can't find my phone!
- 0.52 **nationality** (n) εθνικότητα
What's your nationality? Where are you from?
- 0.53 **flag** (n) σημαία
What colour is the flag of your country?
- 0.54 **Australia** (n) Αυστραλία
My best friend and I want to visit Australia.
- 0.55 **Australian** (adj) Αυστραλός
He's Australian, but he lives in London.
- 0.56 **Canadian** (n) Καναδός
Joe is Canadian. He speaks English and French.
- 0.57 **China** (n) Κίνα
China is a really amazing country!
- 0.58 **German** (adj) Γερμανός
She's from Berlin. She's German.
- 0.59 **Poland** (n) Πολωνία
Agnieszka is from Poland.
- 0.60 **the UK** (n) το Ηνωμένο Βασίλειο / Βρετανία
The UK is my favourite country!
- 0.61 **compare** (v) συγκρίνω
Compare your answers with your partner.
- 0.62 **partner** (n) το ζευγάρι (αυτός που κάνω την άσκηση μαζί)
Work with your partner and find the answers.
- 0.63 **Brazil** (n) Βραζιλία
Brazil is a very big country.
- 0.64 **British** (adj) Βρετανός
Fiona is British and she lives in London.

- 0.65 **song** (n) τραγούδι
What's your favourite song?
- 0.66 **today** (n) σήμερα
Today is Friday.
- 0.67 **what** (pron) τί
What is this?
- 0.68 **where** (adv) πού
Where is my book?
- 0.69 **when** (adv) πότε
When is our lesson?
- 0.70 **how old** (phr) πόσων χρονών
How old is your teacher?
- 0.71 **who** (pron) ποιος
Who's your favourite footballer?
- 0.72 **age** (n) ηλικία
What's your age?
- 0.73 **classroom** (n) τάξη (αίθουσα)
Our lesson is in classroom 3.
- 0.74 **object** (n) αντικείμενο
Can you name the objects in your bag?
- 0.75 **board** (n) πίνακας
Look at the board, please.
- 0.76 **poster** (n) αφίσα
This poster is amazing!
- 0.77 **calculator** (n) κομπιουτεράκι
My phone has got a calculator.
- 0.78 **notebook** (n) τετράδιο
Write the new words in your notebook.
- 0.79 **ruler** (n) χάρακας
Can you give me your ruler, please?
- 0.80 **pen** (n) στυλό
I haven't got a pen.
- 0.81 **table** (n) τραπέζι
Put your books on the table.
- 0.82 **dictionary** (n) λεξικό
Open your dictionary.
- 0.83 **pencil** (n) μολύβι
Have you got a pencil?
- 0.84 **window** (n) παράθυρο
It's hot! Open the window, please.
- 0.85 **record** (v) καταγράφω
I always draw a picture to record new vocabulary.
- 0.86 **divide** (v) μοιράζω
Divide your notebooks in three parts.
- 0.87 **vocabulary** (n) λεξιλόγιο
I always recording new vocabulary in my notebook.
- 0.88 **translation** (n) μετάφραση
Write the translation next to the new word.
- 0.89 **draw** (v) σκισάρω
Draw a picture next to the new word.
- 0.90 **remember** (v) θυμάμαι
A picture can help you remember the new word.
- 0.91 **organise** (v) οργανώνω
organise your notebook.
- 0.92 **student** (n) μαθητής
I'm a new student in this class.
- 0.93 **friendly** (adj) φιλικός
Our teacher is very friendly.
- 0.94 **whose** (pron) τίνος
Whose pen is this?
- 0.95 **mine** (pron) δικό(ς) μου
This bag isn't mine.
- 0.96 **yours** (pron) δικό(ς) σου
Is this pen yours?
- 0.97 **his** (pron) δικό(ς) του
The books are his.
- 0.98 **hers** (pron) δικό(ς) της
She hasn't got a ruler. It isn't hers.
- 0.99 **ours** (pron) δικό(ς) μας
This desk is ours.
- 0.100 **theirs** (pron) δικό(ς) τους
This isn't our classroom. It's theirs.
- 0.101 **this** (pron) αυτός / ή / ό
What's this?
- 0.102 **that** (pron) εκείνος / η / ο
That's a calculator.
- 0.103 **these** (pron) αυτοί / ές / ά
These are my books.

- 0.104 **those** (pron) εκείνοι / ες / α
Those are her pens.
- 0.105 **close** (v) κλείνω
Please, close the window.
- 0.106 **late** (adj) καθυστερημένος
Our teacher is late.
- 0.107 **sentence** (n) πρόταση
Write sentences with the new words.
- 0.108 **positive** (adj) καταφατικός
Write positive sentences.
- 0.109 **forget** (v) ξεχνώ
Don't forget your notebook!
- 0.110 **bring** (v) φέρνω
Bring your book with you.
- 0.111 **pick up** (phr v) πιάνω, μαζεύω κάτι από κάτω
Pick up your ruler, please.
- 0.112 **dear** (adj) αγαπητός (το χρησιμοποιούμε σε αρχή γράμματος ή email)
Dear Mary, how are you? ...
- 0.113 **happy** (adj) χαρούμενος
Mike is a happy boy!
- 0.114 **all over the world** (phr) απ' όλον τον κόσμο
The students in my class are from all over the world.
- 0.115 **best wishes** (phr) φιλικά, με τις καλύτερες ευχές
Best wishes, Tania
- 0.116 **topic** (n) θέμα
What's the topic of this paragraph?
- 0.117 **paragraph** (n) παράγραφος
The letter has three paragraphs.
- 0.118 **information** (n) πληροφορίες
Find information about your country.
- 0.119 **start** (v) αρχίζω
Start your letter with 'Dear ...'
- 0.120 **Mr** (n) Κύριος
Mr Brown is your new teacher.
- 0.121 **Mrs** (n) Κυρία
Mrs Nelson has got three children.
- 0.122 **end** (v) τελειώνω
End your letter with 'Best wishes,' and your name.
- 0.123 **join** (v) ενώνω
Join two ideas with 'and'.
- 0.124 **idea** (n) ιδέα
Tony's idea is brilliant!
- 0.125 **Japanese** (adj) Ιάπωνας
Hibino is Japanese and she lives in Tokyo.
- 0.126 **decide** (v) αποφασίζω
Decide what picture to draw.
- 0.127 **include** (v) συμπεριλαμβάνω
Include interesting information.
- 0.128 **introduce** (v) συστήνομαι
Introduce yourself to your new teacher.
- 0.129 **mentor** (n) μέντορας (κάποιος που βοηθάει τους νέους μαθητές)
Our class mentor is Martha. She's brilliant!
- 0.130 **Year** (n) (εδώ) τάξη, χρονιά σχολείου
My little sister is in Year 6 and I'm in Year 9.
- 0.131 **eat** (v) τρώω
Please, don't eat in class!
- 0.132 **stand up** (phr v) σηκώνομαι
Please, don't stand up!
- 0.133 **sit down** (phr v) κάθομαι
Hello Class! Please sit down and open your books.

FRIENDS AND FAMILY

- 1.1 **understand** (v) καταλαβαίνω
I'm sorry, I don't understand Spanish.
- 1.2 **family** (n) οικογένεια
There are four people in my family.
- 1.3 **festival** (n) φεστιβάλ, διοργάνωση
I love music festivals!
- 1.4 **phone** (v) τηλεφωνώ
Can you phone me at 6 o'clock?
- 1.5 **email** (n) ηλεκτρονικό μήνυμα
I've got an email from my teacher.
- 1.6 **describe** (v) περιγράφω
Can you describe your family to me?
- 1.7 **different** (adj) διαφορετικός
My book is different from yours!
- 1.8 **family tree** (n) οικογενειακό δέντρο
How many people are there in your family tree?
- 1.9 **match** (v) ταιριάζω, ενώνω
Match the names with the people in the photo.
- 1.10 **aunt** (n) θεία
Lucy is my aunt.
- 1.11 **brother** (n) αδερφός
Sarah has got two brothers.
- 1.12 **cousin** (n) ξάδερφος / ξαδέρφη
Daphne is my cousin.
- 1.13 **daughter** (n) κόρη
What's your daughter's name?
- 1.14 **grandad** (n) παππούς
My grandad is 85 years old!
- 1.15 **granddaughter** (n) εγγονή
I haven't got any granddaughters.
- 1.16 **grandma** (n) γιαγιά
My grandma has got 9 grandchildren!
- 1.17 **grandson** (n) εγγονός
Panos is my grandma's favourite grandson.
- 1.18 **husband** (n) (ο) σύζυγος, άντρας
Nick is Mary's husband.
- 1.19 **nephew** (n) ανηψιός
I've got one nephew. His name is Philip.
- 1.20 **niece** (n) ανηψιά
I haven't got any nieces.
- 1.21 **sister** (n) αδερφή
My sister's name is Maria.
- 1.22 **son** (n) γιος
Our son is a very happy boy!
- 1.23 **uncle** (n) θείος
My uncle Bill is my favourite uncle!
- 1.24 **wife** (n) (η) σύζυγος, γυναίκα
Jenny is Tom's wife.
- 1.25 **complete** (v) συμπληρώνω
Read the sentences and complete them with a word.
- 1.26 **list** (n) λίστα, κατάλογος
This is the shopping list for the supermarket.
- 1.27 **male** (adj) αρσενικός
My dog is male.
- 1.28 **female** (adj) θηλυκός
He's got three female cats.
- 1.29 **example** (n) παράδειγμα
Look at the example and write sentences.

- 1.30 **own** (adj) δικός (μου)
She's got her own bedroom.
- 1.31 **use** (v) χρησιμοποιώ
Can I use your pencil, please?
- 1.32 **show** (v) δείχνω
Can you show me the photos?
- 1.33 **try** (v) προσπαθώ, δοκιμάζω
Try to answer the questions.
- 1.34 **imagine** (v) φαντάζομαι
Imagine you live in a different country.
- 1.35 **famous** (adj) διάσημος
Madonna is a very famous singer.
- 1.36 **children** (n) παιδιά
How many children are there in your school?
- 1.37 **great grandma** (n) προγιαγιά
My great grandma is 96 years old!
- 1.38 **generation** (n) γενιά
Women in our generation can do everything!
- 1.39 **interesting** (adj) ενδιαφέρων
The film is very interesting.
- 1.40 **fact** (n) γεγονός
Check the facts before you post on Instagram.
- 1.41 **webpage** (n) ιστοσελίδα
I like the National Geographic webpage.
- 1.42 **circus** (n) τσίρκο
The acrobats are my favourite circus performance!
- 1.43 **visit** (n) επίσκεψη
Children usually love visits to the circus.
- 1.44 **meet** (v) συναντώ
I want to meet a famous footballer.
- 1.45 **flying** (adj) ιπτάμενος
The Williams are flying acrobats!
- 1.46 **typical** (adj) τυπικός, συνηθισμένος
Do you live in a typical family?
- 1.47 **trapeze artist** (n) ακροβάτης που ασχολείται με αέρια κούνια
I think trapeze artists do a difficult job.
- 1.48 **parent** (n) γονιός
Where are your parents from?
- 1.49 **acrobat** (n) ακροβάτης
Nelly wants to be an acrobat.
- 1.50 **performer** (n) καλλιτέχνης, κάποιος που δίνει παραστάσεις
Is Bob a performer at the circus?
- 1.51 **help** (v) βοηθώ
Can you help me with this exercise, please?
- 1.52 **tightrope walker** (n) σχοινοβάτης
James is a tightrope walker. It's a difficult job!
- 1.53 **job** (n) δουλειά, εργασία
What's your mum's job?
- 1.54 **yet** (adv) ακόμα
He hasn't got a job in the circus yet.
- 1.55 **home** (n) σπιτικό
Her home is small but lovely!
- 1.56 **mobile** (adj) κινητός
Have you got a mobile phone?
- 1.57 **during** (prep) κατά τη διάρκεια
Don't listen to music during the lesson, please.
- 1.58 **tour** (n) τουρνέ
The circus acrobats are on tour in Europe.
- 1.59 **wheel** (n) τροχός
Cars have got four wheels.
- 1.60 **have got** (v) έχω
We've got a big family.
- 1.61 **table** (n) πίνακας (με στοιχεία)
Complete the table with words from the box.
- 1.62 **star** (n) σταρ, διασημότητα
Keisha is a famous pop star.
- 1.63 **tradition** (n) παράδοση
It's our family tradition to eat all together every Sunday.
- 1.64 **juggler** (n) ζογκλέρ
Panos wants to be a juggler, but it's difficult!

- 1.65 **future** (n) μέλλον
I think Nick has got a great future as a singer!
- 1.66 **bracket** (n) παρένθεση
Put the words in brackets in the correct form.
- 1.67 **true** (adj) αληθινός
Write true and false sentences.
- 1.68 **false** (adj) ψεύτικος
Are the sentences true or false?
- 1.69 **beard** (n) γεννιάδα
My grandad has got a beard.
- 1.70 **blonde** (adj) ξανθός
Nigel's got blonde hair.
- 1.71 **freckles** (n) φακίδες
My little nephew has got freckles on his nose!
- 1.72 **glasses** (n) γυαλιά
Mr Johnson wears glasses.
- 1.73 **grey** (adj) γκρι
Dennis has got grey hair.
- 1.74 **moustache** (n) μουστάκι
Has your dad got a moustache?
- 1.75 **wavy** (adj) κυματιστός
She's got long, wavy hair.
- 1.76 **hairstyle** (n) κούρεμα, χτένισμα
I really like your new hairstyle!
- 1.77 **height** (n) ύψος
What's the height of this tree?
- 1.78 **other** (adj) άλλος
There are many other people in this room.
- 1.79 **feature** (n) χαρακτηριστικό
Can you describe the other features of this person?
- 1.80 **adjective** (n) επίθετο
Short' is an adjective.
- 1.81 **noun** (n) ουσιαστικό
Moustache' is a noun.
- 1.82 **actor** (n) ηθοποιός
Jonnie Depp is a famous actor.
- 1.83 **interview** (n) συνέντευξη
This interview of Emma Watson is really interesting!
- 1.84 **how many** (phr) πόσοι
How many nephews have you got?
- 1.85 **twin** (adj) δίδυμος
I haven't got a twin brother.
- 1.86 **pet** (n) κατοικίδιο
I've got six pets at home!
- 1.87 **classmate** (n) συμμαθητής
My classmates are very friendly.
- 1.88 **surprising** (adj) αναπάντεχος, απροσδόκητος
I think his answers to the interview are very surprising!
- 1.89 **conversation** (n) συνομιλία
Listen to the conversation between Maria and John and answer the questions.
- 1.90 **Are you alright?** (phr) Είσαι καλά; Hey! Are you alright?
- 1.91 **That's funny!** (phr) Περίεργο!
Who's that man? Why is he in our class? That's funny!
- 1.92 **funny** (adj) αστείος
I like puppies! They're really funny!
- 1.93 **Got to go!** (phr) Πρέπει να φύγω
Bye! Got to go! My mum is calling.
- 1.94 **How are things?** (phr) Πώς πάει; Hi Michelle! How are things?
- 1.95 **See you later.** (phr) Τα λέμε.
Bye for now! See you later!
- 1.96 **penfriend** (n) φίλος δια αλληλογραφίας
My new penfriend is from Italy.
- 1.97 **which** (pron) ποιος απ' όλους
Which colour is your favourite? Blue or green?
- 1.98 **town** (n) κωμόπολη
Mytilene is a beautiful town on Lesbos island.

- 1.99 **west** (adv) δυτικά
Zakynthos is an amazing island in the west of Greece.
- 1.100 **straight** (adj) ίσια
Tom has got dark, straight hair.
- 1.101 **rabbit** (n) λαγός, κουνέλι
Wendy's got a pet rabbit.
- 1.102 **garden** (n) κήπος
Have you got a garden?
- 1.103 **introduction** (n) εισαγωγή
Read the introduction of the letter and answer the questions.
- 1.104 **reason** (n) λόγος
What's the reason for writing this email?
- 1.105 **extra** (adj) επιπλέον
Can I have some extra information about the school, please?
- 1.106 **soon** (adv) σύντομα
Write back soon, Love, Mum
- 1.107 **That's all for now**, (phr) Αυτά προς το παρόν,
That's all for now, see you soon, Mary.
- 1.108 **contraction** (n) συντομογραφία
I've got' is the contraction of 'I have got.'
- 1.109 **symbol** (n) σύμβολο
Do you use symbols and emojis when you send messages to your friends?
- 1.110 **emoji** (n) ιμότζι, φατσούλα
All of my friends use emojis in their text messages.
- 1.111 **express** (v) εκφράζω
Emojis help you express your feelings in writing.
- 1.112 **feelings** (n) αισθήματα
It's easy to express your feelings with emojis.
- 1.113 **expression** (n) έκφραση
It's a good idea to write down new expressions in your notebook and learn them.
- 1.114 **special** (adj) ειδικός
The Festival of Twins is a really special festival!
- 1.115 **article** (n) άρθρο
This article about festivals in Greece is very interesting!
- 1.116 **Europe** (n) Ευρώπη
How many countries are there in Europe?
- 1.117 **light** (n) φως
Can you turn on the light, please?
- 1.118 **perhaps** (adv) ίσως
Perhaps, the teacher is late.
- 1.119 **unusual** (adj) ασυνήθιστος
She always wears very unusual clothes!
- 1.120 **northwest** (n) βοριοδυτικός
My village is the northwest of Larissa.
- 1.121 **triplet** (n) τρίδυμα
My aunt has got triplets!
- 1.122 **quadruplet** (n) τετράδυμα
There aren't many quadruplets in the world.
- 1.123 **look the same** (phr) φαίνονται ίδια
Not all twins look the same, of course!
- 1.124 **each** (adj) καθένας
Each student has got a book.
- 1.125 **usually** (adv) συνήθως
Mary and Joanne usually wear the same clothes.
- 1.126 **clothes** (n) ρούχα
Do you like my new clothes?
- 1.127 **activity** (n) δραστηριότητα
Are there any interesting activities to do at this festival?
- 1.128 **face painting** (n) ζωγραφική προσώπου
Many young children enjoy face painting because it's fun!
- 1.129 **live music** (n) ζωντανή μουσική
Do you like listening to live music?
- 1.130 **in common** (phr) κοινό
Do you and your friends have any hobbies in common?
- 1.131 **almost** (adv) σχεδόν
Tina is almost as tall as her sister.

- 1.132 **born** (adj) γεννημένος
How many twins are born in your country every year?
- 1.133 **young** (adj) νεαρός
She's very young! She can't drive a car!
- 1.134 **is one week / day long** (phr) διαρκώ
The festival is one week long.
- 1.135 **city** (n) πόλη
New York is a very big city.
- 1.136 **superhero** (n) υπερήρωας
Who is your favourite superhero?
- 1.137 **opposite** (adj) αντίθετος
What's the opposite of 'small'?
- 1.138 **last** (adj) τελευταίος
She can't run fast and she's always last in the race.
- 1.139 **normal** (adj) φυσιολογικός, νορμάλ, συνηθισμένος
It's normal to feel tired after running 10 km!

- 1.140 **identical twins** (n) μονοζυγωτικά δίδυμα
Peter and Paul are identical twins! They look almost the same!
- 1.141 **fingerprint** (n) δακτυλικό αποτύπωμα
Detectives check for fingerprints.
- 1.142 **important** (adj) σημαντικός
It's important to study your new words every day!
- 1.143 **note** (n) σημείωση
Can I read your notes of the lesson, please?
- 1.144 **study** (v) μελετώ
I can't come with you. I want to study for the test.
- 1.145 **exam** (n) διαγώνισμα
Is the exam difficult?
- 1.146 **subject** (n) σχολικό μάθημα
What's your favourite school subject?
- 1.147 **easy** (adj) εύκολος
I think Maths is really easy!

UNIT 2

THAT'S LIFE!

- 2.1 **daily** (adj) καθημερινός
Can you describe your daily routine?
- 2.2 **routine** (n) ρουτίνα, πρόγραμμα
I think it's important to have a daily routine.
- 2.3 **leisure** (n) ελεύθερος χρόνος
What do you do in your leisure time?
- 2.4 **survey** (n) γκάλοπ
Read this class survey. It's really interesting!

- 2.5 **present** (v) παρουσιάζω
We want to present the results of our survey.
- 2.6 **brush** (v) βουρτσίζω
Nick brushes his teeth in the morning and in the evening.
- 2.7 **teeth** (n) δόντια
Don't forget to brush your teeth after you eat sweets.
- 2.8 **do (your) homework** (phr) κάνω τα μαθήματα μου
She usually does her homework after lunch every day.

- 2.9 **get dressed** (phr) ντύνομαι
On Sundays, I get up, get dressed, have breakfast and then I go for a walk.
- 2.10 **get up** (phr) σηκώνομαι (το πρωί από το κρεβάτι)
What time do you get up on weekdays?
- 2.11 **go home** (phr) πηγαίνω σπίτι
He goes home by bus.
- 2.12 **go to bed** (phr) πάω για ύπνο
Natasha goes to bed at ten o'clock every evening.
- 2.13 **have a shower** (phr) κάνω ντους
Do you have a shower in the morning or in the evening?
- 2.14 **breakfast** (n) πρωινό (γεύμα)
She always have milk and toast for breakfast.
- 2.15 **pack** (v) μαζεύω την τσάντα
My brother never packs his school bag in the evening.
- 2.16 **wake up** (phr v) ξυπνάω
I usually wake up late at weekends.
- 2.17 **leave on** (phr v) αφήνω (κάτι) αναμένο ή να τρέχει
Please, don't leave the tap on when you wash your hands.
- 2.18 **tap** (n) βρύση
Can you turn the tap off?
- 2.19 **litre** (n) λίτρο
How many litres of water are there in this big bottle?
- 2.20 **every** (adj) κάθε
Paul plays tennis every afternoon after school.
- 2.21 **do** (v) κάνω
What do you do in the evenings?
- 2.22 **tribe** (n) φυλή
How many tribes live in the Amazon rain forest?
- 2.23 **live** (v) ζω
My grandma lives in a small village.
- 2.24 **know** (v) γνωρίζω, ξέρω
I don't know this word.
- 2.25 **count** (v) μετρώ
My little brother can count to one hundred!
- 2.26 **movement** (n) κίνηση
The movement of the sea makes me sleepy!
- 2.27 **sea** (n) θάλασσα
He swims in the sea all year round!
- 2.28 **early** (adv) νωρίς
Do you like getting up early in the morning?
- 2.29 **swim** (v) κολυμπώ
Simon swims every day in the summer.
- 2.30 **look for** (phr v) ψάχνω
In the summer, Kate looks for beautiful shells on the beach.
- 2.31 **food** (n) τροφή
Some birds look for food in the sea.
- 2.32 **catch** (v) πιάνω
Is it easy to catch an octopus?
- 2.33 **fish** (n) ψάρι
We've got a pet fish. His name is Nemo.
- 2.34 **octopus** (n) χταπόδι
Octopuses are very clever animals and they can change colour, too!
- 2.35 **dinner** (n) βραδινό
Yum! We've got pizza for dinner!
- 2.36 **teach** (v) διδάσκω
Can you teach me how to play the piano?
- 2.37 **make** (v) φτιάχνω
Marina makes beautiful toys from old clothes.
- 2.38 **net** (n) δίχτυ
The people in their tribe use nets to catch fish.
- 2.39 **build** (v) χτίζω, κατασκευάζω
They build their houses near the sea and they move around on small boats.
- 2.40 **boat** (n) βάρκα
My dad's got a small boat and he goes fishing every weekend.

- 2.41 **dive** (v) βουτώ
The children dive into the sea from high places for fun!
- 2.42 **bridge** (n) γέφυρα
The bridge between Rio and Antirio is amazing!
- 2.43 **evening** (n) αργά το απόγευμα, βραδάκι
What do you and your parents do in the evenings?
- 2.44 **always** (adv) πάντα
Sam always studies in the evening.
- 2.45 **delicious** (adj) πεντανόστιμο
Yum! This cake is delicious!
- 2.46 **like** (v) (μου) αρέσει
He doesn't like pop music.
- 2.47 **come from** (phr v) προέρχομαι, έχω καταγωγή από
My grandparents come from Kozani.
- 2.48 **part** (n) μέρος, μέλος, κομμάτι
We are part of a group that helps children in Africa.
- 2.49 **all year round** (phr) όλη τη χρονιά
Some people swim all year round.
- 2.50 **summer** (n) καλοκαίρι
What's your favourite leisure activity in the summer?
- 2.51 **travel** (v) ταξιδεύω
My mum often travels for work.
- 2.52 **north** (n) Βορράς
They live in the north of the country.
- 2.53 **tent** (n) σκηνή
She goes camping every summer and she stays in a tent.
- 2.54 **winter** (n) χειμώνας
I don't like the winter. It's cold!
- 2.55 **move** (v) κινούμαι, μετακομίζω
Some tribes don't stay in one place. They move from place to place.
- 2.56 **south** (n) Νότος
Some birds fly to the south in the winter.
- 2.57 **often** (adv) συχνά
Dominica often listens to hip hop when she's happy.
- 2.58 **sometimes** (adv) μερικές φορές
My sister sometimes draws amazing pictures.
- 2.59 **never** (adv) ποτέ
I never play football.
- 2.60 **do exercise** (phr) κάνω γυμναστική
How often do you do exercise?
- 2.61 **sing** (v) τραγουδώ
Bob sings really well!
- 2.62 **watch** (v) βλέπω, παρακολουθώ
Gerry never watches TV.
- 2.63 **afternoon** (n) νωρίς το απόγευμα
When I come back home in the afternoon, I'm usually tired.
- 2.64 **chat online** (phr) συνομιλώ διαδικτυακά (στα σόσιαλ μίντια)
Kelly usually chats online with her friends.
- 2.65 **bike ride** (n) ποδηλατάδα
On Sundays, we sometimes go on a bike ride.
- 2.66 **video game** (n) βιντεοπαιχνίδι, παιχνίδι στον υπολογιστή
I think video games are really boring!
- 2.67 **hang out** (phr v) κάνω παρέα
My brother hangs out with his friends in the park near our home.
- 2.68 **download** (v) κατεβάζω (από το ίντερνετ)
What songs do you download on the internet?
- 2.69 **go shopping** (phr) πάω για ψώνια
Who do you like going shopping with?
- 2.70 **listen** (v) ακούω
She loves listening to classical music!
- 2.71 **instrument** (n) (μουσικό) όργανο
How many instruments can you play?
- 2.72 **magazine** (n) περιοδικό
My dad enjoys reading a magazine about cars.

- 2.73 **indoors** (adv) μέσα, σε εσωτερικό χώρο
What sports can you do indoors?
- 2.74 **outdoors** (adv) έξω, σε εξωτερικό χώρο
We enjoy being outdoors in the fresh air!
- 2.75 **bold** (adj) έντονη γραμματοσειρά
Read the words in bold and find what they mean.
- 2.76 **how often** (phr) πόσο συχνά
How often do you tidy your room?
- 2.77 **walk** (v) περπατώ
She doesn't go to school by bus. She walks there.
- 2.78 **near** (adv) κοντά
Do you live near your school?
- 2.79 **weekend** (n) σαββατοκύριακο
What time do you go to bed at weekends?
- 2.80 **what time** (phr) τί ώρα
What time do you have lunch?
- 2.81 **week day** (n) καθημερινή, εργάσιμη μέρα
On week days, I don't usually watch TV.
- 2.82 **adventure game** (n) περιπετειώδες παιχνίδι
Most of my friends enjoy adventure games, but I don't.
- 2.83 **go ahead** (phr) εμπρός, προχώρα, σε ακούω
Can I ask you something?' 'Sure! Go ahead!'
- 2.84 **it depends** (phr) εξαρτάται
When do you listen to music?' 'It depends!'
- 2.85 **arrive** (v) φτάνω
My dad always arrives at work at half past seven!
- 2.86 **history** (n) ιστορία
History is my favourite school subject.
- 2.87 **question** (n) ερώτηση
Can I ask you a question?
- 2.88 **especially** (adv) ειδικά, κυρίως
I like music, especially rock music!
- 2.89 **lucky** (adj) τυχερός
Wow! You're very lucky!
- 2.90 **sure!** (adv) ασφαλώς, βέβαια
Can I ask you a question?' 'Sure! I'm listening!'
- 2.91 **no problem!** (phr) κανένα πρόβλημα
Sorry!' 'No problem!'
- 2.92 **thank you very much for your time** (phr) ευχαριστώ πολύ για το χρόνο σας
Thank you very much for your time!' 'Welcome!'
- 2.93 **title** (n) τίτλος
The title of this article is very interesting.
- 2.94 **vlogger** (n) αυτός που έχει ιστολόγιο όπου ανεβάζει βίντεο με τις εμπειρίες του, κλπ.
My favourite vlogger is Rosanna Pansino.
- 2.95 **vlog** (v) (n) ιστολόγιο με βίντεο
A lot of people vlog about their experiences and give advice. Some vlogs are very popular.
- 2.96 **plan** (v) οργανώνω
Do you plan your days or do you do things without thinking about them?
- 2.97 **lunch** (n) μεσημεριανό (γεύμα)
Hi Mum! What's for lunch?
- 2.98 **between** (prep) ανάμεσα
My house is between the bank and the cinema.
- 2.99 **post** (v) ανεβάζω, ποστάρω στο ίντερνετ
My brother often posts his photos on Instagram.
- 2.100 **free time** (n) ελεύθερος χρόνος
How do you spend your free time?
- 2.101 **upload** (v) ανεβάζω, ποστάρω στο ίντερνετ
She uploads videos and photos of her and her friends in her vlog.

- 2.102 **description** (n) περιγραφή
Read the description and choose the correct picture.
- 2.103 **punctuation** (n) σημεία στίξης
Don't forget to use the correct punctuation in your email.
- 2.104 **apostrophe** (n) απόστροφος
When you write contractions, don't forget to use the apostrophe.
- 2.105 **comma** (n) κόμμα
In a list, separate the words with commas.
- 2.106 **exclamation mark** (n) θαυμαστικό
Use an exclamation mark to show that something is interesting or surprising.
- 2.107 **full stop** (n) τελεία
We start sentences with a capital letter and we finish with a full stop.
- 2.108 **question mark** (n) ερωτηματικό
When you write a question, use a question mark to finish the sentence.
- 2.109 **ambition** (n) φιλοδοξία
Gina's ambition is to be a famous travel blogger.
- 2.110 **test** (n) τέστ, διαγώνισμα
We've got a test in History tomorrow.
- 2.111 **find out** (phr v) βρίσκω, ανακαλύπτω
I use the internet when I want to find out information about my school projects.
- 2.112 **knowledge** (n) γνώση
This quiz tests your knowledge of the world.
- 2.113 **bar chart** (n) ιστόγραμμα, ραβδόγραμμα
Bar charts can help you understand information easily and quickly.
- 2.114 **result** (n) αποτέλεσμα
We can present the results of the survey in a bar chart or pie chart.
- 2.115 **stay** (v) μένω
She sometimes stays at home at the weekend.
- 2.116 **tidy** (v) συμμαζεύω
Ian never tidies his bedroom at the weekend.
- 2.117 **purpose** (n) σκοπός
The purpose of this survey is to find out about people's hobbies and interests.
- 2.118 **prepare** (v) προετοιμάζομαι, προετοιμάζω
We want to prepare a surprise party for our teacher.
- 2.119 **in response to** (phr) σε απάντηση
This email is in response to your article in the school magazine.
- 2.120 **chart** (n) διάγραμμα
Can you read this chart?
- 2.121 **opinion** (n) γνώμη
What's your opinion on fashion vloggers?
- 2.122 **variety** (n) ποικιλία, γκάμα
There's a great variety of leisure activities for you to do!
- 2.123 **tired** (adj) κουρασμένος
She always feels tired after a bike ride.
- 2.124 **complete** (v) συμπληρώνω
Read the text and complete the gaps with a word.
- 2.125 **stage** (n) στάδιο
It's a good idea to follow the stages when you present your survey.
- 2.126 **conclusion** (n) συμπέρασμα
I think the conclusions of your survey are very surprising!
- 2.127 **summary** (n) περίληψη, σύνοψη
Read the story and write a summary, please.
- 2.128 **comment** (v) σχολιάζω
He comments on the most important results of the survey.
- 2.129 **summarise** (v) συνοψίζω
Don't forget to summarise the results of your survey.
- 2.130 **add up** (phr v) προσθέτω
First, ask all your classmates and then add up the results.

- 2.131 **carefully** (adv) προσεκτικά
Read your work carefully for mistakes.
- 2.132 **recorded** (adj) καταγεγραμμένος
Listen to the recorded conversation and do the task.
- 2.133 **accurate** (adj) ακριβής, σωστός
Make sure your information is accurate.
- 2.134 **tip** (n) συμβουλή
Follow the tips to make a good presentation.
- 2.135 **send** (v) στέλνω
My best friend and I send photos and messages to each other every day!

- 2.136 **at the same time as** (phr) ταυτόχρονα
Don't speak at the same time as your teacher.
- 2.137 **laugh** (v) γελώ
Mary always laughs when I say something funny!
- 2.138 **mistake** (n) λάθος
Read your work carefully to find the mistakes.
- 2.139 **in pairs** (phr) σε ζευγάρια
I enjoy working in pairs in my English class.

UNIT 3

SCHOOL DAYS

- 3.1 **lesson** (n) μάθημα
Quick! The lesson starts in five minutes.
- 3.2 **art** (n) τέχνη, ζωγραφική
My favourite school subject is art
- 3.3 **design and technology (DT)** (n) ντιζάιν και τεχνολογία
We learn many interesting things in our design and technology class.
- 3.4 **drama** (n) θεατρολογία, θεατρική αγωγή
Do you study drama at school?
- 3.5 **food technology** (n) τεχνολογία τροφίμων
I think food technology is a very important school subject.
- 3.6 **geography** (n) γεωγραφία
We learn about the mountains and rivers of the world in geography.
- 3.7 **information and communication**

technology (ICT) information and communication technology τεχνολογία πληροφορικής και επικοινωνίας
What do you study in information and technology this year?

- 3.8 **maths** (n) μαθηματικά
I think maths is a very difficult subject.
- 3.9 **music** (n) μουσική
She loves music!
- 3.10 **physical education (PE)** (n) γυμναστική
We run and play team games in our physical education class.
- 3.11 **science** (n) επιστήμη (φυσική και χημεία)
She thinks science is a very interesting subject.
- 3.12 **sum** (n) μαθηματική πράξη
Can you do the sums?

- 3.13 **outside** (adv) έξω
Don't stay in class! Come outside with us.
- 3.14 **population** (n) πληθυσμός
The population of Greece is almost 11 million people.
- 3.15 **great** (adj) υπέροχος
I think your T-shirt is great!
- 3.16 **similar** (adj) παρόμοιος
Her ideas are similar to mine.
- 3.17 **holiday** (n) διακοπές
Where do you usually go on holiday?
- 3.18 **ballet** (n) μπαλέτο
He loves ballet and want to be a ballet dancer.
- 3.19 **dance** (n) χορός
My friends and I often dance to pop music.
- 3.20 **style** (n) στυλ
What style of clothes do you like wearing?
- 3.21 **national** (adj) εθνικός
Our national football team is very good.
- 3.22 **train** (v) εκπαιδεύω, εκπαιδεύομαι
Nick trains to be a tennis player.
- 3.23 **become** (v) γίνομαι
Susie wants to become a photographer.
- 3.24 **top** (adj) κορυφαίος
Maria Sakari is a top tennis player.
- 3.25 **training** (n) εκπαίδευση
Training for ballet is really hard.
- 3.26 **professional** (adj) επαγγελματικός
Jim wants to become a professional footballer.
- 3.27 **finish** (v) τελειώνω
What time do you finish school?
- 3.28 **before** (prep) πριν
Check your answers before you give your test to the teacher.
- 3.29 **exercise** (n) άσκηση
Maths exercises are difficult.
- 3.30 **language** (n) γλώσσα
What languages do you speak?
- 3.31 **lunchtime** (n) ώρα για μεσημεριανό (φαγητό)
At lunchtime we usually eat in the garden.
- 3.32 **have a break** (phr) κάνω διάλλειμα
Ok, let's stop. Let's have a break.
- 3.33 **tough** (adj) δύσκολος, σκληρός
Circus life is very tough.
- 3.34 **nothing** (pron) τίποτα
There's nothing in the fridge.
- 3.35 **well** (adv) καλά
He can sing very well.
- 3.36 **one day** (phr) κάποια μέρα, μια μέρα
One day, I want to travel around the world.
- 3.37 **hero** (n) ήρωας
My grandpa is my hero! He's amazing!
- 3.38 **hard** (adj) δύσκολος
Training for some sports is really hard.
- 3.39 **type** (n) είδος, τύπος
What type of music do you prefer?
- 3.40 **similarity** (n) ομοιότητα
Are there any similarities between your school and schools in other countries?
- 3.41 **difference** (n) διαφορά
What's the difference between the two photos?
- 3.42 **choose** (v) διαλέγω, επιλέγω
I can't choose a colour! I like all of them!
- 3.43 **tell** (v) λέω
Can you tell me how to go to the bank, please?
- 3.44 **research** (n) έρευνα
When I have a school project, I do research on the internet first.
- 3.45 **canteen** (n) καντίνα, σχολικό εστιατόριο
Let's go to the canteen. I'm hungry.

- 3.46 **library** (n) βιβλιοθήκη (δωμάτιο ή κτίριο)
Is there a library in your town?
- 3.47 **locker area** (n) χώρος με ντουλαπάκια που κλειδώνουν
My school hasn't got a locker area.
- 3.48 **main hall** (n) κύριος χώρος συγκέντρωσης στο σχολείο
All the students meet at the main hall every Monday morning.
- 3.49 **playing field** (n) γήπεδο
Some boys are playing football in the playing field.
- 3.50 **reception** (n) ρεσεψιόν, γραμματεία
Go to the reception and ask for Mrs Harris.
- 3.51 **science lab** (n) εργαστήριο φυσικής και χημείας
We usually have our science lesson in the science lab.
- 3.52 **sports hall** (n) κλειστό γυμναστήριο
Our volleyball team trains in the sports hall every evening.
- 3.53 **staffroom** (n) αίθουσα καθηγητών
You can find Mr Orson in the staffroom.
- 3.54 **toilets** (n) τουαλέτες
Where are the toilets, please?
- 3.55 **shelf** (n) ράφι
Put the books on the shelf, please.
- 3.56 **revision** (n) επανάληψη
I can't go out. I want to do a revision before the test.
- 3.57 **club** (n) λέσχη
Do you belong to any after-school clubs?
- 3.58 **I don't mind** (phr) δεν με πειράζει, δεν με ενοχλεί
Do you mind getting up early every day?
- 3.59 **hate** (v) μισώ
I hate eating soup!
- 3.60 **revise** (v) κάνω επανάληψη
How often do you revise new vocabulary?
- 3.61 **preposition** (n) πρόθεση
Before and after are prepositions.
- 3.62 **replace** (v) αντικαθιστώ
I want to replace my old phone with a new one.
- 3.63 **avoid** (v) αποφεύγω
James avoids using words he doesn't know.
- 3.64 **repeat** (v) επαναλαμβάνω
Can you repeat the word, please?
- 3.65 **radio presenter** (n) παρουσιαστής ραδιοφωνικής εκπομπής
I always listen to my favourite radio presenter on Saturdays. He's very funny!
- 3.66 **seat** (n) θέση, κάθισμα
Excuse me, is this seat free?
- 3.67 **free** (adj) κενός, ελεύθερος
Here! You can sit next to me. This chair is free.
- 3.68 **borrow** (v) δανείζομαι
Can I borrow your dictionary, please?
- 3.69 **change** (v) αλλάζω
We always change our clothes when we get back home.
- 3.70 **cook** (v) μαγειρεύω
Can you cook well?
- 3.71 **bring** (v) φέρνω
Don't forget to bring your racket for the tennis match.
- 3.72 **problem** (n) πρόβλημα
What's the problem? Can I help you?
- 3.73 **favour** (n) χάρη
Can you do me a favour, please?
- 3.74 **Do you need a hand with ...** (phr) Χρειάζεσαι βοήθεια με...
Do you need a hand with your homework?
- 3.75 **How's it going?** (phr) Πώς πάει;
Hey Mara! How's it going?
- 3.76 **project** (n) εργασία, (σχολικό) πρότζεκτ
We have a very interesting school project.

- 3.77 **work out** (phr v) βρίσκω τα αποτελέσματα, βγάζω το σύνολο
Can you work out the answer to this question?
- 3.78 **Don't be silly!** (phr) Μην είσαι ανόητος / η
Don't be silly! I can help you!
- 3.79 **I'm stuck.** (phr) Έχω κολλήσει
Help! I'm stuck!
- 3.80 **Not again!** (phr) Όχι πάλι!
Oh! Not again! Be careful, please!
- 3.81 **Not great.** (phr) Όχι και πολύ καλά
How's it going? 'Not great.'
- 3.82 **Oh dear!** (phr) Ωχ!
Oh dear! How can I help?
- 3.83 **experiment** (n) πείραμα
We do many interesting experiments in the science lab.
- 3.84 **solution** (n) λύση
What's the solution to our problem?
- 3.85 **academy** (n) ακαδημία
Jenny is a student at a music academy.
- 3.86 **traditional** (adj) παραδοσιακός
She studies traditional music.
- 3.87 **produce** (v) δημιουργώ, παράγω
She learns how to produce music and songs.
- 3.88 **photographer** (n) φωτογράφος
He wants to be a travel photographer and work for National Geographic when he's older.
- 3.89 **DJ** (n) μουσικός παραγωγός, DJ
She's a DJ and she plays great music at school parties.
- 3.90 **pod** (n) άκατος, μικρός θάλαμος απομόνωσης
When you are in the pod, you can listen to music as loud as you want.
- 3.91 **creative** (adj) δημιουργικός
Dennis is very creative and draws amazing pictures!
- 3.92 **for example** (phr) για παράδειγμα
We learn many things at the after-school club, for example how to take good photos.
- 3.93 **such as** (phr) όπως, για παράδειγμα
He takes very interesting photos, such as flowers and birds close up!
- 3.94 **ideal** (adj) ιδανικός
In my ideal school we don't have lessons every day!
- 3.95 **take off** (phr v) βγάζω (τα ρούχα)
Take off your shoes before you come in, please.
- 3.96 **wear** (v) φορώ
What do you wear when you do physical education?
- 3.97 **put on** (phr v) βάζω (τα ρούχα)
Don't forget to put on your jumper - it's cold outside.
- 3.98 **assembly** (n) γενική συγκέντρωση
There's a general assembly every Monday morning.
- 3.99 **principal** (n) διευθυντής (σχολείου)
Our school principal is Mrs Thomas.
- 3.100 **serve** (v) σερβίρω
In Japan, some students serve the meals at lunchtime.
- 3.101 **meal** (n) γεύμα
After the meal, the students clean their classroom.
- 3.102 **clean** (v) καθαρίζω
How often do you clean your room?
- 3.103 **tidy up** (phr v) συμμαζεύω
She tidies up her bedroom every Saturday morning.
- 3.104 **throw away** (phr v) πετάω (σκουπίδια, κλπ)
Don't throw away your old notebooks.
- 3.105 **rubbish** (n) σκουπίδια
Please throw away the rubbish.
- 3.106 **responsibility** (n) υπευθυνότητα, ευθύνη
Keeping the school clean is our responsibility.

3.107 **nearly** (adv) σχεδόν
She's nearly as good as Ian at maths.

3.108 **belong** (v) ανήκω
Who does this football belong to? Is it yours?

3.109 **poetry** (n) ποίηση
We study poetry in my after-school club.

3.110 **character** (n) τυπογραφικός χαρακτήρας, γράμμα
Japanese characters are very difficult to write.

3.111 **board game** (n) επιτραπέζιο παιχνίδι
Monopoly is my favourite board game.

3.112 **busy** (adj) απασχολημένος, πολυάσχολος
My mum is very busy all week.

3.113 **exhausted** (adj) εξουθενωμένος
I'm often exhausted at the end of the day!

3.114 **spend** (v) περνάω (το χρόνο μου)
How do you spend your free time?

3.115 **respect** (n) σεβασμός
I think we must show our respect to older people.

3.116 **coat** (n) παλτό, πανωφόρι
She doesn't wear a coat in the summer!

3.117 **missing** (adj) (κάτι που) λείπει
Write the missing words in the gaps.

3.118 **meaning** (n) νόημα
What's the meaning of this sentence?

UNIT 4

YOU ARE WHAT YOU EAT

4.1 **drink** (n) ποτό
What drinks have we got in the fridge?

4.2 **beans** (n) φασόλια
We eat beans twice a week.

4.3 **carrot** (n) καρότο
Can I have a carrot salad, please?

4.4 **cheese** (n) τυρί
She eats a cheese and tomato sandwich for a snack every day.

4.5 **chicken** (n) κοτόπουλο
I don't like chicken.

4.6 **egg** (n) αυγό
How many eggs are there in the omelette?

4.7 **fish** (n) ψάρι
I never cook fish.

4.8 **fizzy drink** (n) ποτό με ανθρακικό
Do you like fizzy drinks?

4.9 **juice** (n) χυμός
How often do you have an orange juice?

4.10 **meat** (n) κρέας
It isn't very healthy to eat meat every day.

4.11 **rice** (n) ρύζι
She loves rice with tomato sauce.

4.12 **water** (n) νερό
It's a good idea to drink 8 glasses of water every day.

- 4.13 **habit** (n) συνήθεια
What are your healthy habits?
- 4.14 **sad** (adj) λυπημένος
Why is Peter sad?
- 4.15 **gram** (n) γραμμάριο
How many grams of cheese would you like?
- 4.16 **less** (adj) λιγότερος
You must eat less salt every day!
- 4.17 **protein** (n) πρωτεΐνη
Proteins are important for your health.
- 4.18 **snack** (n) σνακ, δεκατιανό
What's your favourite snack?
- 4.19 **banana** (n) μπανάνα
Are there any bananas in the fridge?
- 4.20 **spider** (n) αράχνη
Oh look! There's a spider on the wall.
- 4.21 **buy** (v) αγοράζω
How often do you buy food from food stalls?
- 4.22 **tarantula** (n) ταραντούλα
Some people have tarantulas as pets!
- 4.23 **food stall** (n) πάγκος που πουλάει φαγητό
This food stall has delicious sandwiches.
- 4.24 **oil** (n) λάδι
We always add some oil to our salad.
- 4.25 **add** (v) προσθέτω
Don't add any more water to the rice.
- 4.26 **salt** (n) αλάτι
Is there any salt in this food?
- 4.27 **sugar** (n) ζάχαρη
I don't like sweets that have a lot of sugar.
- 4.28 **leg** (n) πόδι
How many legs has a grasshopper got?
- 4.29 **southern** (adj) νότιος
They live in southern France.
- 4.30 **worm** (n) σκουλήκι
Chickens eat worms and insects.
- 4.31 **peanut butter** (n) φυστικοβούτυρο
Do you put peanut butter on your bread?
- 4.32 **grasshopper** (n) ακρίδα
In some countries people eat grasshoppers!
- 4.33 **taco** (n) τάκος, ψωμάκι πίτας γεμιστό με λαχανικά ή κρέας
Can I have a taco with beans, carrot and cheese, please?
- 4.34 **garlic** (n) σκόρδο
Mmm! This sauce has got some garlic in it and it's delicious!
- 4.35 **market** (n) αγορά
My mum isn't here. She's at the market.
- 4.36 **bug** (n) μαμούνι, έντομο
Yuck! I don't like bugs!
- 4.37 **planet** (n) πλανήτης
What can we do to help our planet?
- 4.38 **give** (v) δίνω
Can you give me some water, please?
- 4.39 **expensive** (adj) ακριβός
This restaurant is very expensive.
- 4.40 **feed** (v) ταΐζω, τρέφω
What do you feed your cat?
- 4.42 **enjoy** (v) απολαμβάνω
She enjoys playing with her dog.
- 4.43 **share** (v) μοιράζομαι
My best friend always shares her snacks with me.
- 4.44 **countable** (adj) μετρήσιμος
Some nouns, like tomatoes, are countable.
- 4.45 **uncountable** (adj) μη μετρήσιμος
Cheese is an uncountable noun.
- 4.46 **tomato** (n) ντομάτα
My favourite salad has got tomatoes, onions and cheese in it.
- 4.47 **party** (n) πάρτι
Barry loves dancing at parties.
- 4.48 **have a look** (phr) ρίχνω μια ματιά
This is a new shop. Let's have a look inside.

- 4.49 **bread** (n) ψωμί
My grandma makes fresh bread every Sunday.
- 4.50 **pasta** (n) ζυμαρικά
Italians eat a lot of pasta.
- 4.51 **fruit** (n) φρούτο
What's your favourite fruit?
- 4.52 **vegetable** (n) λαχανικό
How many vegetables do you eat a day?
- 4.53 **I can't wait** (phr) δεν μπορώ να περιμένω
Tomorrow is the party. I can't wait!
- 4.54 **cold** (adj) κρύος
Ice cream is a cold food.
- 4.55 **delicious** (adj) γευστικότατος
Yum! Your cake is delicious!
- 4.56 **disgusting** (adj) αηδιαστικός
Yuck! Blue cheese is disgusting!
- 4.57 **fresh** (adj) φρέσκος
Are the vegetables fresh?
- 4.58 **healthy** (adj) υγιεινός
Wendy always eats healthy snacks, like fruit or vegetables.
- 4.59 **hot** (adj) ζεστός
Be careful! The pizza is very hot!
- 4.60 **nice** (adj) ωραίος, καλός
The weather today is very nice! Let's go for a walk.
- 4.61 **salty** (adj) αλμυρός
Do you prefer salty or sweet snacks?
- 4.62 **sweet** (adj) γλυκός
Try this apple. It's very sweet.
- 4.63 **unhealthy** (adj) ανθυγιεινός
Fast food is really unhealthy sometimes.
- 4.64 **careful** (adj) προσεκτικός
My sister is very careful when she cooks.
- 4.65 **soup** (n) σούπα
I don't like fish soup.
- 4.66 **peanut** (n) φυστίκι
There are peanuts in this dish.
- 4.67 **beetle** (n) σκαθάρι
Beetles are very interesting insects.
- 4.68 **look** (v) φαίνομαι
This cake looks delicious. Can I have some, please?
- 4.69 **taste** (v) έχω γεύση
What does this vegetable taste like?
- 4.70 **smell** (v) μυρίζω
Wow! The pasta smells delicious!
- 4.71 **coffee** (n) καφές
I drink my coffee with milk but without sugar.
- 4.72 **dark** (adj) σκούρος (εδώ μαύρος)
Dark chocolate is my favourite chocolate.
- 4.73 **ice cream** (n) παγωτό
She usually has a banana and chocolate ice cream on Saturdays.
- 4.74 **weather** (n) καιρός
The weather in summer is hot and nice.
- 4.76 **chance** (n) ευκαιρία
In true or false questions you have a 50% chance to get the answer right.
- 4.77 **predict** (v) προβλέπω
Can you predict the correct answer to this question?
- 4.78 **jar** (v) γυάλα, βαζάκι
Is there any peanut butter in the jar?
- 4.79 **durian** (n) ντούριαν (είδος εξωτικού φρούτου)
Durian has a delicious taste but a disgusting smell!
- 4.80 **public transport** (n) μέσα μαζικής μεταφοράς
What public transport is there in your area?
- 4.81 **carmine** (n) πορφυρός
Carmine is an amazing colour!
- 4.82 **powder** (n) σκόνη
First they dry the shells and then they make the powder.
- 4.83 **fridge** (n) ψυγείο
Can you see how many eggs there are in the fridge, please?

- 4.84 **hungry** (adj) πεινασμένος
I'm hungry. Let's cook something for lunch.
- 4.85 **omelette** (n) ομελέτα
Monica usually has an omelette for lunch.
- 4.86 **potato** (n) πατάτα
We sometimes have potato salad for dinner. It's delicious.
- 4.87 **chips** (n) πατάτες τηγανητές
My little brother's favourite food is fish and chips.
- 4.88 **food market** (n) λαϊκή αγορά
There's a food market near my flat and I often buy fruit and vegetables there.
- 4.89 **money** (n) χρήματα
Have you got any money on you?
- 4.90 **homework** (n) ασκήσεις για το σπίτι
When do you do your homework? In the afternoon or in the evening?
- 4.91 **time** (n) χρόνος
I haven't got much time to finish my work.
- 4.92 **order** (v) παραγγέλνω (φαγητό)
What would you like to order?
- 4.93 **mix** (n) μείγμα
The juice is a mix of orange, lemon and apple juice.
- 4.94 **energy** (n) ενέργεια
Eating fruit and vegetables gives you a lot of energy.
- 4.95 **secret** (adj) μυστικός
What's the secret ingredient in this cake?
- 4.96 **ingredient** (n) συστατικό
This juice is easy to make and hasn't got a lot of ingredients.
- 4.97 **how much is that?** (phr) πόσο κάνει αυτό;
How much is that juice, please?
- 4.98 **Is that everything?** (phr) αυτά είναι όλα;
So, a sandwich and a bottle of water. Is that everything?
- 4.99 **no worries** (phr) μην ανησυχείς
No worries! Here you are!
- 4.100 **here you go** (phr) ορίστε
Can I have some juice and a banana, please?' 'Of course, here you go!'
- 4.101 **server** (n) σερβιτόρος
The server in this food truck is very friendly and polite.
- 4.102 **customer** (n) πελάτης
Some customers aren't very polite.
- 4.103 **menu** (n) μενού, κατάλογος
You can choose what you want from the menu.
- 4.104 **choice** (n) επιλογή
Today there's a choice between fish soup and vegetable soup.
- 4.105 **food truck** (n) κινητή καντίνα
There's a food truck near my house and sometimes I buy a snack there.
- 4.106 **sell** (v) πουλώ
What food do they sell in this restaurant?
- 4.107 **today's special** (n) το πιάτο ημέρας
Today's special is a meat in tomato sauce and rice.
- 4.108 **cost** (v) κοστίζω
How much does this computer game cost?
- 4.109 **offer** (n) προσφορά
What's today's special offer?
- 4.110 **jerk sauce** (n) σάλτσα με τραγανό κρέας
His favourite dish is meatballs in jerk sauce.
- 4.111 **free** (adj) δωρεάν
Buy one burger and get one free sweet treat!
- 4.112 **treat** (n) κέρασμα, τρατάρισμα
At this café they offer a sweet treat with every coffee you buy!

WHAT'S YOUR STYLE?

- 5.1 **uniform** (n) στολή, ποδιά σχολείου
We don't wear a uniform in my school.
- 5.2 **boots** (n) μπότες
Put on your boots! It's cold and rainy today.
- 5.3 **cap** (n) καπέλο (τζόκεϋ)
Peter always wears a blue cap.
- 5.4 **hoodie** (n) φούτερ με κουκούλα
Most of my classmates wear hoodies and jeans or joggers.
- 5.5 **jacket** (n) ζακέτα, σακάκι
This red jacket is really nice!
- 5.6 **jeans** (n) παντελόνι τζιν
My favourite clothes are jeans.
- 5.7 **joggers** (n) κολάν
I think joggers are very comfortable clothes for everyday.
- 5.8 **flip-flops** (n) σαγιονάρες
In the summer I usually wear flip-flops, not shoes.
- 5.9 **trainers** (n) αθλητικά παπούτσια
How many pairs of trainers have you got?
- 5.10 **T-shirt** (n) μακό μπλουζάκι
She's wearing a white T-shirt and a green skirt today.
- 5.11 **skirt** (n) φούστα
My best friend never wears skirts. She doesn't like them.
- 5.12 **shirt** (n) πουκάμισο
My dad wears a white shirt and jacket to work every day.
- 5.13 **shorts** (n) σορτς
It's very hot and she's wearing her nice new shorts.
- 5.14 **label** (n) ετικέτα
When you are learning new words, draw a picture and write a label with the word.
- 5.15 **outfit** (n) σύνολο, συνολάκι (ρούχων)
What's your favourite outfit for parties?
- 5.16 **diary** (n) ημερολόγιο
Do you keep an online diary?
- 5.17 **post** (n) ανάρτηση
How often do you post photos on Instagram?
- 5.18 **bedroom** (n) κρεβατοκάμαρα
Martha is in her bedroom. She's revising for a maths test.
- 5.19 **beside** (adv) δίπλα
In this photo, I'm sitting next to a tree and my dog is beside me.
- 5.20 **comment** (n) σχόλιο
Do you read the comments in the posts you make?
- 5.21 **reply** (n) απάντηση
How many replies to the comments are there?
- 5.22 **Poor you!** (phr) Καημένε!
I have to revise for a test this weekend :(! 'Oh, poor you!'
- 5.23 **call** (v) φωνάζω, καλώ
I have to go. My mother is calling me for dinner.
- 5.24 **fashion** (n) μόδα
Wendy is very interested in fashion and clothes.
- 5.25 **district** (n) περιοχή
Let's go to the historic district of the town. It's lovely there!

- 5.26 **café** (n) καφετέρια
We sometimes have some juice or coffee at a café near my house.
- 5.27 **mix** (v) αναμειγνύω
She mixes different types of clothes to create her own style.
- 5.28 **create** (v) δημιουργώ
Nora wants to create beautiful clothes using new computer technologies.
- 5.29 **dress** (n) φόρεμα
When I go to weddings, I usually wear a nice dress.
- 5.30 **sandal** (n) σανδάλι, πέδιλο
Do you wear sandals in the summer?
- 5.31 **striped** (adj) ριγέ
She's got a pink and yellow striped T-shirt that she loves!
- 5.32 **tight** (adj) στενός
I don't like wearing tight clothes. They aren't very comfortable.
- 5.33 **retro** (adj) παλαιότερης μόδας, ρετρό (στυλ)
A lot of people like wearing retro style clothes.
- 5.34 **sporty** (adj) αθλητικός
Sam usually wears sporty clothes, but today he's wearing a shirt and black trousers.
- 5.35 **look** (n) εμφάνιση
His look is amazing!
- 5.36 **ramen** (n) είδος γιαπωνέζικων μακαρονιών σε σούπα
Dennis loves eating ramen at the Japanese restaurant.
- 5.37 **definitely** (adv) οπωσδήποτε
I'm definitely buying this bag! It's lovely!
- 5.38 **size** (n) μέγεθος
What size shoes do you wear?
- 5.39 **influence** (v) επηρεάζω
I think the weather influences what clothes you can wear every day.
- 5.40 **design** (n) σχέδιο, ντιζάιν
The design of these shoes is really clever! They're comfortable and cool!
- 5.41 **sit** (v) κάθομαι
Eleni is sitting next to Peter. They're having a picnic.
- 5.42 **beach** (n) παραλία
She goes to the beach every day in the summer.
- 5.43 **rain** (v) βρέχει
Is it raining today?
- 5.44 **person** (n) άτομο, άνθρωπος
Who's that person sitting next to you, Grandma?
- 5.45 **TV series** (n) τηλεοπτική σειρά
My favourite TV series is The Big Bang Theory.
- 5.46 **think** (v) σκέφτομαι
What is Philip thinking about? Why isn't he talking?
- 5.47 **accessory** (n) αξεσουάρ
Sandra never wears accessories when she goes out.
- 5.48 **belt** (n) ζώνη
Which belt do you like? The brown one or the black one?
- 5.49 **bracelet** (n) μπρασελέ, βραχιόλι
My best friend makes bracelets and earrings in her free time.
- 5.50 **earrings** (n) σκουλαρίκια
Is it a good idea to buy a pair of earrings as a present for my friend?
- 5.51 **gloves** (n) γάντια
Don't forget your gloves. It's cold today.
- 5.52 **necklace** (n) κολιέ
I love your necklace! It's amazing!
- 5.53 **purse** (n) γυναικίο πορτοφόλι, τσαντάκι
She's got a big purse and she keeps her money, her keys and her phone in it.
- 5.54 **ring** (n) δαχτυλίδι
This ring was my grandma's. I love it!

- 5.55 **scarf** (n) μαντήλι, κασκόλ
Donna is knitting a scarf. It's a present for her granddaughter.
- 5.56 **sunglasses** (n) γυαλιά ηλίου
Why are you wearing your sunglasses? It isn't sunny today.
- 5.57 **wallet** (n) πορτοφόλι
How much money have you got in your wallet?
- 5.58 **watch** (n) ρολόι
Penny never wears a watch.
- 5.59 **carry** (v) κουβαλώ
Do you want me to help you carry this bag? It looks very heavy.
- 5.60 **design** (v) σχεδιάζω
Michael designs sports clothes for men and women.
- 5.61 **musician** (n) μουσικός
Kate is an excellent musician. She plays the violin and the cello.
- 5.62 **fact** (n) γεγονός
When something is a fact, it's true.
- 5.63 **costume** (n) θεατρικό κουστούμι
My friend George designs costumes for the theatre. He's very talented.
- 5.64 **right now** (adv) τώρα που μιλάμε
Right now, Dad and Nick are trying to cook pastitsio!
- 5.65 **at the moment** (adv) αυτή τη στιγμή
What are you doing at the moment?
- 5.66 **want** (v) θέλω
Kelly wants to learn how to knit sweaters.
- 5.67 **stuff** (n) πράγματα
Where do you keep all your stuff?
- 5.68 **fashion show** (n) επίδειξη μόδας
There are many fashion shows in Milan, in Italy every year.
- 5.69 **smile** (v) χαμογελώ
Anna is very friendly. She always smiles at people.
- 5.70 **sales assistant** (n) πωλητής / πωλήτρια
Marianthi is a very good sales assistant. She always helps the customers.
- 5.71 **You're in luck!** (phr) Είσαι τυχερός
Do you have these boots in size 39? 'You're in luck! Here they are!'
- 5.72 **perfect** (adj) τέλειος
This is the perfect present for my grandpa!
- 5.73 **It's a bargain.** (phr) Είναι ευκαιρία
Oh, I must buy this ring! It's a bargain!
- 5.74 **No, honestly.** (phr) Όχι, ειλικρινά.
Would you like anything else?' 'No, honestly. I'm fine, thanks.'
- 5.75 **look for** (phr v) ψάχνω
What are you looking for? Can I help you find it?
- 5.76 **it comes in ...** (phr) βγαίνει σε...
This hoodie comes in many colours and sizes.
- 5.77 **what about ...** (phr) Τι λες για...
What about this purse? What colours does it come in?
- 5.78 **celebrate** (v) γιορτάζω
Today we're celebrating my sister's wedding!
- 5.79 **woollen** (adj) μάλλινος
Jill never wears woollen clothes. She doesn't like them.
- 5.80 **laugh** (v) γελάω
Why are you laughing? What's so funny?
- 5.81 **checked** (adj) καρό
Paul is wearing a striped T-shirt and checked shorts! He looks funny!
- 5.82 **hold** (v) κρατώ
What is Dennis holding in his hand?
- 5.83 **beige** (adj) μπεζ
She's wearing a beige shirt and green trousers.
- 5.84 **have a great time** (phr) περνάω καλά
When I meet my cousins we always have a great time together.

- 5.85 **at the back** (phr) στο βάθος
Who's that person at the back? I can't see very well.
- 5.86 **in the middle** (phr) στη μέση
In the middle of the photo, you can see my grandpa and his puppy, Rex.
- 5.87 **on the left** (phr) στα αριστερά
Tom is standing on the left, near the car.
- 5.88 **on the right** (phr) στα δεξιά
Who's that girl on the right, next to Tania?
- 5.89 **next to** (prep) δίπλα σε
My little sister is sitting next to me on the bed, in this photo.
- 5.90 **at the front** (phr) μπροστά
Kostas is sitting at the front and at the back you can see Bella and Gina.
- 5.91 **wedding** (n) γάμος (τελετή)
In this photo, we're at my cousin, George's wedding.
- 5.92 **wonderful** (adj) υπέροχος
This photo is wonderful! Well done!
- 5.93 **tradition** (n) παράδοση
It's a tradition to fly a kite on the Monday after the carnival.
- 5.94 **incredible** (adj) απίστευτος
Wow! She's an incredible musician! She's fantastic!
- 5.95 **colourful** (adj) πολύχρωμος
Do you like wearing colourful clothes?
- 5.96 **event** (n) εκδήλωση
Weddings are very special events in some countries.
- 5.97 **last** (v) διαρκώ
How long does this film last?
- 5.98 **bride** (n) νύφη
Brides in Greece usually wear a white dress on their wedding day.
- 5.99 **popular** (adj) δημοφιλής
What's the most popular sport in your country?
- 5.100 **powerful** (adj) δυνατός, που έχει επιρροή
This is a very powerful image!
- 5.101 **symbolise** (v) συμβολίζω
In some countries red colour symbolises good luck in new beginnings.
- 5.102 **finger** (n) δάχτυλο χεριού
How many rings is she wearing on her fingers?
- 5.103 **toe** (n) δάχτυλο ποδιού
How many toes have cats got?
- 5.104 **groom** (n) γαμπρός
The groom is coming down the stairs and he's smiling.
- 5.105 **pair** (n) ζευγάρι
How many pairs of gloves has Nick got?
- 5.106 **turban** (n) τουρμπάνι
Some men in India wear turbans on their heads.
- 5.107 **member** (n) μέλος
How many members are there in your after-school club?
- 5.108 **steal** (v) κλέβω
Lock your bike. You don't want anyone to steal it when you're in class.
- 5.109 **hide** (v) κρύβω
My sister hides her chocolate. She doesn't want me to find it!
- 5.110 **celebration** (n) γιορτή
Christmas is my favourite celebration of the year.
- 5.111 **connection** (n) σχέση, σύνδεση
If you want to remember new words easily, try to make connections between your life and the words.
- 5.112 **experience** (n) εμπειρία
It's important to have lots of different experiences in your life.
- 5.113 **remind** (v) θυμίζω
Mike reminds me of a teacher when I was a child.

- 5.114 **wrist** (n) καρπός (χεριού)
Sally is wearing some beautiful bracelets on her wrist.
- 5.115 **baggy** (adj) φαρδύς
Dennis usually wears baggy jeans and trousers because they're comfortable.
- 5.116 **comfortable** (adj) άνετος
These shoes aren't very comfortable. I don't want to buy them.
- 5.117 **sleeve** (n) μανίκι
Henry usually wears T-shirts with long sleeves in winter.

- 5.118 **logo** (n) λογότυπο, σήμα
Kate never wears clothes with logos on them. She hates them.
- 5.119 **fit** (v) χωράω
Oh, no! These trousers don't fit me. They're too small.
- 5.120 **jewellery** (n) κοσμήματα
Ian never wears any jewellery, but he usually wears a watch.
- 5.121 **knit** (v) πλέκω
She's knitting a new scarf for her sister.
- 5.122 **warm** (adj) ζεστός (αλλά όχι καυτός)
It's very warm today. I don't need a jacket.

UNIT 6

SPORT FOR LIFE

- 6.1 **sport** (n) άθλημα
My favourite sport is tennis.
- 6.2 **athletics** (n) αθλήματα στίβου / κλασσικός αθλητισμός
Athletics is a very popular sport round the world.
- 6.3 **basketball** (n) μπάσκετ, καλαθοσφαίριση
Basketball teams have five players each.
- 6.4 **mountain / rock climbing** (n) ορειβασία
I think that mountain climbing is very exciting.
- 6.5 **gymnastics** (n) ενόργανη γυμναστική
Gymnastics is a very difficult sport.
- 6.6 **hockey** (n) χόκεϋ
In hockey, you hit a small ball with a stick.
- 6.7 **rugby** (n) ράγκμπι
Rugby balls are very strange! They aren't round!
- 6.8 **running** (n) τρέξιμο
How often do you go running?
- 6.9 **sailing** (n) ιστιοπλοΐα
Lefteris loves sailing. He goes sailing with his dad every weekend.
- 6.10 **swimming** (n) κολύμβηση
Swimming is a sport that's good for the whole body.
- 6.11 **table tennis** (n) πινγκ πονγκ
We've got a table and we play table tennis when the weather is bad.
- 6.12 **volleyball** (n) βόλεϋ, πετοσφαίριση
In volleyball, the players must hit a ball over a net.
- 6.13 **windsurfing** (n) γουίντσερφινγκ, ιστιοσανίδα
Paros is the perfect place for people who enjoy windsurfing.
- 6.14 **yoga** (n) γιόγκα
She does yoga three times a week.

- 6.15 **collocation** (n) έκφραση, συνδυασμός λέξεων
It's a good idea to learn new words in collocations.
- 6.16 **say (something) out loud** (phr v) λέω κάτι δυνατά
Think of a famous sportsperson, but don't say the name out loud.
- 6.17 **ball sport** (n) αθλήματα με μπάλα
Which ball games do you like playing?
- 6.18 **play** (v) παίζω
Most of the children in my class enjoy playing basketball.
- 6.19 **prefer** (v) προτιμώ
My sister loves athletics, but I prefer gymnastics.
- 6.20 **team sport** (n) ομαδικό άθλημα
Sandra loves team sports because she can play and have fun with her friends.
- 6.21 **individual** (adj) ατομικός
Athletics is an individual sport.
- 6.22 **sock** (n) κάλτσα
Do you have to wear special socks to do yoga?
- 6.23 **article** (n) άρθρο (σε εφημερίδα ή περιοδικό)
She's writing an article for the school magazine about her favourite sports person.
- 6.24 **FAQs (Frequently Asked Questions)** (abbr) συχνές ερωτήσεις
If you have questions about the after-school club, please read the FAQs on the school website.
- 6.25 **bossaball** (n) άθλημα που παίζεται σαν ποδοσφαίρο και βόλεϋ μαζί
Bossaball is very popular in Belgium.
- 6.26 **need** (v) χρειάζομαι
What do you need to play hockey?
- 6.27 **maybe** (adv) ίσως
Come to the sports club with us. Maybe, you can find a sport that you like.
- 6.28 **worry** (v) ανησυχώ
Don't worry about winning or losing. Playing is just fun!
- 6.29 **touch** (v) αγγίζω
In this sport, you mustn't touch the ball with your legs or feet.
- 6.30 **limit** (n) όριο
I want to join the swimming team. Is there an age limit?
- 6.31 **suitable** (adj) κατάλληλος
Golf and tennis are suitable for people of all ages.
- 6.32 **player** (n) παίκτης
Hailey wants to become a tennis player.
- 6.33 **arm** (n) μπράτσο
You can't hit the ball with your arms or legs.
- 6.34 **foot / feet** (n) πόδι, πέλμα
You must kick the ball with your feet only.
- 6.35 **mixture** (n) μείγμα
Capoeira is a mixture of dance and fighting.
- 6.36 **entertaining** (adj) διασκεδαστικός
Come watch this match! It's very entertaining!
- 6.37 **bad** (adj) κακός
When the weather is bad, I don't play tennis.
- 6.38 **exciting** (adj) συναρπαστικός
My new book is very exciting!
- 6.39 **boring** (adj) βαρετός
What's the most boring sport in your opinion?
- 6.40 **inventor** (n) εφευρέτης
Who is the inventor of basketball?
- 6.41 **combination** (n) συνδυασμός
Gymnastics is a combination of dance and acrobatics.
- 6.42 **positive** (adj) θετικός
Sport has a positive influence on people's lives.

- 6.43 **negative** (adj) αρνητικός
She doesn't like negative comments in her blog posts.
- 6.44 **worse** (adj) χειρότερος
Kylie is worse than me at art! She's really terrible!
- 6.45 **tall** (adj) ψηλός
How tall is the tallest man in the world?
- 6.46 **difficult** (adj) δύσκολος
Learning to knit is very difficult, I think!
- 6.47 **smart** (adj) έξυπνος
You have to be very smart to play tennis well.
- 6.48 **tasty** (adj) γευστικός
Yum! This juice is really tasty!
- 6.49 **throw** (v) πετώ, ρίχνω
How far can you throw the ball?
- 6.50 **dive** (v) βουτώ
Look at the swimmers! They're diving into the pool.
- 6.51 **pass** (v) κάνω πάσα
Come on! Quick! Pass the ball to me!
- 6.52 **kick** (v) κλωτσώ
Hey! Don't kick me!
- 6.53 **hit** (v) χτυπώ
In table tennis you must hit the ball with a bat.
- 6.54 **jump** (v) πηδώ
Players must jump really high in volleyball.
- 6.55 **catch** (v) πιάνω
You mustn't catch the ball with your hands - you must hit it over the net.
- 6.56 **lift** (v) σηκώνω
He trains very hard and he lifts a lot of weights every day.
- 6.57 **bounce** (v) κάνω ντρίπλες στο μπάσκετ/αναπηδώνω
In basketball, you must bounce the ball all the time.
- 6.58 **climb** (v) σκαρφαλώνω
My brother and I really enjoy climbing the big tree in our garden.
- 6.59 **run** (v) τρέχω
How fast can you run?
- 6.60 **score** (v) σκοράρω
To win the match, you must score a lot of points.
- 6.61 **win** (v) κερδίζω
Our team can win this match. We're better than them!
- 6.62 **lose** (v) χάνω
Oh, I hate losing matches! It's the worst!
- 6.63 **game** (n) παιχνίδι, αγώνας
My family and I enjoy watching football games on Saturdays or Sundays.
- 6.64 **match** (n) αγώνας, ματς
Come quickly! The match is starting!
- 6.65 **race** (n) αγώνας δρόμου
I always take part in the school races at the end of the year, but I never win!
- 6.66 **competition** (n) διαγωνισμός
How many children are taking part in the climbing competition?
- 6.67 **beat** (v) νικώ (κάποιον)
James is the best player. He can beat everyone!
- 6.68 **compete** (v) συναγωνίζομαι
Maria enjoys competing in races, and she doesn't care if she wins or not.
- 6.69 **point** (n) πόντος
How many points are there in a set of table tennis?
- 6.70 **game** (n) σετ
Tennis matches are two sets of six games each.
- 6.71 **pick up** (phr v) πιάνω, σηκώνω
Pick up your clothes off the floor, please!
- 6.72 **court** (n) γήπεδο (μπάσκετ, βόλεϊ ή τέννις)
Let's go to the court to play basketball.
- 6.73 **hand** (n) χέρι
My hands are cold. Can I use your gloves, please?

- 6.74 **active** (adj) δραστήριος, ενεργός
My grandma is 85 years old, but she's very active.
- 6.75 **gymnast** (n) αθλητής ενόργανης γυμναστικής
Nadia Comaneci was the first gymnast to get perfect scores in every competition.
- 6.76 **probably** (adv) πιθανόν
Mary's probably the fastest athlete in our school.
- 6.77 **marathon** (n) μαραθώνιος (αγώνας)
My dad runs a marathon every year!
- 6.78 **drive** (v) οδηγώ
You're too young! You can't drive a car yet!
- 6.79 **racing car** (n) αγωνιστικό αυτοκίνητο
Racing cars are really fast and expensive.
- 6.80 **fast** (adj) γρήγορος
Dennis is faster than me. He always beats me.
- 6.81 **net** (n) δίχτυ, φιλέ
In volleyball, tennis and badminton, the players must hit the ball over the net.
- 6.82 **bat** (n) ρακέτα του πινγκ πονγκ, ρόπαλο
Where are the bats? Let's play table tennis.
- 6.83 **exercise** (n) γυμναστική
How often do you do exercise?
- 6.84 **ticket** (n) εισιτήριο
How much are the tickets for the match?
- 6.85 **Shall we go?** (phr) Να πάμε;
There's a good film at the cinema. Shall we go?
- 6.86 **Why not?** (phr) Γιατί όχι;
Yes, why not! I want to watch a film.
- 6.87 **That's crazy!** (phr) Αυτό είναι τρελλό!
The ticket is 20 euros! 'What? That's crazy!'
- 6.88 **cheap** (adj) φτηνός
I'm looking for a cheap camera to take with me when I go rock climbing.
- 6.89 **I don't mind** (phr) δεν με πειράζει
We've only got these shoes in pink. 'I don't mind. I like them!'
- 6.90 **collect** (v) παραλαμβάνω, παίρνω
I usually buy and pay the tickets online and then I collect them when I arrive at the cinema.
- 6.91 **pay** (v) πληρώνω
That's too expensive! I don't want to pay so much for a ticket!
- 6.92 **Got them** (phr) Τα πήρα
Have you got the tickets?' 'Yes, got them!'
- 6.93 **wait** (v) περιμένω
I'm waiting for my sister. She's late.
- 6.94 **let's go** (phr) Πάμε
Come on! Let's go!'
- 6.95 **book** (v) κλείνω (εισιτήρια, τραπέζι, κλπ)
Let's book tickets for the match.
- 6.96 **rock climber** (n) αναρριχητής
Rock climbers have very strong hands and fingers.
- 6.97 **weigh** (v) ζυγίζω
How much does this box weigh? Is it heavy?
- 6.98 **light** (adj) ελαφρύς
Gymnasts are very strong but very light.
- 6.99 **coach** (n) προπονητής
I always listen to my coach's advice before a match.
- 6.100 **whenever** (conj) οποτεδήποτε
Athena trains whenever she can.
- 6.101 **gym** (n) γυμναστήριο
How often does Aspa go to the gym?
- 6.102 **strong** (adj) δυνατός
My dad is the strongest man in the world!
- 6.103 **successful** (adj) επιτυχημένος
Why are some athletes more successful than others?

- 6.104 **achievement** (n) κατόρθωμα
What is Peter's most important achievement?
- 6.105 **basic** (adj) βασικός
The basic thing to remember is to move your legs.
- 6.106 **also** (adv) επίσης
She plays tennis. She also plays table tennis.
- 6.107 **too** (adv) επίσης
She swims. She goes windsurfing, too.
- 6.108 **leaflet** (n) φυλλάδιο
Read the leaflet to find more information about our sports club.
- 6.109 **sports club** (n) αθλητικό σωματείο
Do you belong to a sports club?
- 6.110 **equipment** (n) εξοπλισμός
You don't need any special equipment to go running. Just a pair of good trainers.
- 6.111 **rule** (n) κανόνας
The rules of the game are very simple.
- 6.112 **benefit** (n) όφελος
What are some of the benefits of exercising?
- 6.113 **local** (adj) τοπικός
There aren't any courts in my local area.
- 6.114 **area** (n) περιοχή
He lives in an area with lots of beautiful parks.
- 6.115 **join** (v) γίνομαι μέλος
Come join our club and have fun doing lots of different sports.
- 6.116 **fit** (adj) γυμνασμένος, σε καλή φυσική κατάσταση
My parents aren't very fit because they don't exercise a lot.
- 6.117 **serious** (adj) σοβαρός
This is a serious problem. We must be careful!
- 6.118 **bright** (adj) έντονος, ζωηρός
Some people don't like bright colours. They prefer, brown, grey and black.
- 6.119 **map** (n) χάρτης
This is a map of Greece. Look! Here's my village!
- 6.120 **contact details** (n) στοιχεία επικοινωνίας
Can you send me your contact details so I can call you?
- 6.121 **clear** (adj) ξεκάθαρος
The letters aren't very clear and it's difficult to read the poster.
- 6.122 **font** (n) γραμματοσειρά
Choose a bold font. It's easier for people to read.
- 6.123 **neatly** (adv) καθαρά, χωρίς μουτζούρες
Copy your work neatly and give it to your teacher.
- 6.124 **unofficial** (adj) ανεπίσημος
Angela is our unofficial captain of the team.
- 6.125 **illustration** (n) εικονογράφηση
Illustrations are very important in children's books.
- 6.126 **rough plan** (n) πρόχειρο σχέδιο
We're making a rough plan to see where to add the illustrations and where the information on the poster.
- 6.127 **first draft** (n) προσχέδιο
All successful writers write a first draft of their book and then read it and improve it later.
- 6.128 **improve** (v) βελτιώνω
How can I improve my skills in gymnastics?
- 6.129 **dangerous** (adj) επικίνδυνος
Is windsurfing a dangerous sport?
- 6.130 **remember** (v) θυμάμαι
I'm sorry, I can't remember the word.

UNIT 7

AMAZING ANIMALS

- 7.1 **animal** (n) ζώο
What wild animals are there in your country?
- 7.2 **bear** (n) αρκούδα
Arktoouros is an organisation which takes care of bears in Greece.
- 7.3 **crocodile** (n) κροκόδειλος
Are there crocodiles in the river?
- 7.4 **donkey** (n) γάιδαρος
My grandma's donkey is very friendly
- 7.5 **duck** (n) πάπια
Look! There are some ducks in the lake!
- 7.6 **eagle** (n) αετός
Eagles can fly really high and see very far!
- 7.7 **giraffe** (n) καμηλοπάρδαλη
Giraffes live in Africa.
- 7.8 **hippo** (n) ιπποπόταμος
Hippos are wild animals.
- 7.9 **horse** (n) άλογο
Can you ride a horse?
- 7.10 **lion** (n) λιοντάρι
Where do lions live?
- 7.11 **monkey** (n) μαϊμού
There are monkeys in Gibraltar. They crossed over from Africa.
- 7.12 **mouse** (n) ποντίκι
I wanted a mouse as a pet, but my mother said 'NO'.
- 7.13 **parrot** (n) παπαγάλος
Can your parrot speak?
- 7.14 **snake** (n) φίδι
Look! There's a long, green snake in the garden!
- 7.15 **whale** (n) φάλαινα
Did you know that there are whales in the Mediterranean Sea?
- 7.16 **hear** (v) ακούω
Can you hear a noise? It's coming from the kitchen.
- 7.17 **tail** (n) ουρά
My dog's tail is long and fluffy!
- 7.18 **feather** (n) φτερό, πούπουλο
Birds have feathers to keep them warm.
- 7.19 **fur** (n) γούνα
She always brushes her cat's fur to keep it soft.
- 7.20 **category** (n) κατηγορία
Put the new words into different categories.
- 7.21 **mammal** (n) θηλαστικό
Are hippos mammals?
- 7.22 **bird** (n) πτηνό
My favourite bird is the eagle.
- 7.23 **reptile** (n) ερπετό
Snakes are reptiles.
- 7.24 **tongue** (n) γλώσσα
Don't stick your tongue out at people! It isn't polite.
- 7.25 **gorilla** (n) γορίλας
Gorillas are very clever and they can learn to communicate with people.
- 7.26 **elephant** (n) ελέφαντας
There are two kinds of elephants - African elephants and Indian elephants.
- 7.27 **tiger** (n) τίγρη
Do tigers live in Africa or in Asia? Do you know?

- 7.28 **born** (adj) γεννημένος
Animals born in zoos can't live alone in the wild.
- 7.29 **celebrity** (n) διασημότητα
Knut was a celebrity polar bear.
- 7.30 **zoo** (n) ζωολογικός κήπος
London Zoo is one of the best zoos in the world.
- 7.31 **tusk** (n) χαυλιόδοντας
Unfortunately, some hunters kill elephants for their tusks.
- 7.32 **stripe** (n) ρίγα
Tigers and zebras have black stripes.
- 7.33 **weight** (n) βάρος
What's the weight of an African elephant?
- 7.34 **habitat** (n) φυσικό περιβάλλον
We must protect the habitat of wild animals.
- 7.35 **forest** (n) δάσος
Let's go for a walk in the forest.
- 7.36 **leaf** (n) φύλλο
This plant has big green leaves.
- 7.37 **plant** (n) φυτό
Are there any plants on your balcony?
- 7.38 **large** (adj) μεγάλος
African elephants have got larger ears than Asian elephants.
- 7.39 **build** (v) κτίζω
Some birds build beautiful nests.
- 7.40 **nest** (n) φωλιά
Look up in the tree! There's a bird's nest over there.
- 7.41 **savannah** (n) σαβάνα
Many animals live in the African savannah.
- 7.42 **grass** (n) χορτάρι, γρασίδι
They eat long, green grass and leaves from the trees there.
- 7.43 **use** (v) χρησιμοποιοποιώ
They use the grass to hide from their enemies.
- 7.44 **mountain** (n) βουνό
Kilimanjaro is the highest mountain in Africa.
- 7.45 **deer** (n) ελάφι
In Parnitha there are many deer!
- 7.46 **buffalo** (n) βούβαλος
There were millions of water buffalos in North America in the past.
- 7.47 **antelope** (n) αντιλόπη
Antelopes can jump really far!
- 7.48 **heavy** (adj) βαρύς
My bag is very heavy, can you help me lift it, please?
- 7.49 **giant** (adj) γιγαντιαίος
In the past, there were giant animals living on our planet.
- 7.50 **in the past** (phr) στο παρελθόν
People used horses and other animals to move around in the past.
- 7.51 **dragon** (n) δράκος
How to train your dragon, is my favourite film.
- 7.52 **huge** (adj) τεράστιος
Did you see that huge rat? It ran towards the house!
- 7.53 **rat** (n) αρουραίος
Some types of rats live in the countryside.
- 7.54 **island** (n) νησί
What's your favourite island in the Ionian sea?
- 7.55 **brain** (n) μυαλό
The brain of dolphins is bigger than that of human beings.
- 7.56 **primary school** (n) δημοτικό σχολείο
Who was your favourite teacher at primary school?
- 7.57 **lazy** (adj) τεμπέλης
My brother is very lazy. He never tidies up his room
- 7.58 **beautiful** (adj) όμορφος
Oh! What a beautiful flower!

- 7.59 **tiny** (adj) μικροσκοπικός
Hummingbirds are tiny birds, but they're very beautiful
- 7.60 **wild** (adj) άγριος (που ζει στην άγρια φύση)
Wild goats live in Crete and other islands. They're called Kri-kri.
- 7.61 **cute** (adj) χαριτωμένος
My cat has got four cute kittens!
- 7.62 **noisy** (adj) θορυβώδης
The children next door are very noisy and I can't sleep at night.
- 7.63 **long** (adj) μακρύς
How long is the longest snake in the world?
- 7.64 **quiet** (adj) ήσυχος
Rex is a very quiet dog. He never makes any noise!
- 7.65 **clever** (adj) έξυπνος
My dog is very clever! He can understand 50 words!
- 7.66 **short** (adj) κοντός
Mike is very short. He can't be a professional basketball player.
- 7.67 **safe** (adj) ασφαλής
Don't worry! We're safe in our tent!
- 7.68 **intelligent** (adj) έξυπνος
Some parrots are very intelligent birds.
- 7.69 **underline** (v) υπογραμμίζω
Please underline the answers in the article.
- 7.70 **story** (n) ιστορία
My grandpa always told me a story at bedtime.
- 7.71 **toast** (n) φρυγανισμένο ψωμί
We usually have toast and butter with jam for breakfast.
- 7.72 **ate** (v) έφαγα
But yesterday, I ate a cheese sandwich.
- 7.73 **college** (n) κολλέγιο
When I finish school, I want to go to college.
- 7.74 **happen** (v) συμβαίνει
What's happening? Why is there so much noise?
- 7.75 **yesterday** (adv) χτες
I watched a very interesting film yesterday.
- 7.76 **ago** (adv) πριν από (για χρόνο)
Two years ago, I lived in Athens.
- 7.77 **leave** (v) αφήνω
I can't find my keys.' 'Where did you leave them? Do you remember?'
- 7.78 **save** (v) σώζω
Thank you! You saved my life!
- 7.79 **fisherman** (n) ψαράς
I usually buy some fish from the local fishermen. They're always fresh.
- 7.80 **medicine** (n) φάρμακο
You must take your medicine to get well soon.
- 7.81 **follow** (v) ακολουθώ
My cat always follows me when I go for a walk! She thinks she's a dog!
- 7.82 **die** (v) πεθαίνω
When his dog died of old age, Tom was very sad for months.
- 7.83 **school trip** (n) σχολική εκδρομή
We went on a school trip to Arktouros last week. It was very interesting.
- 7.84 **safari park** (n) καταφύγιο άγριας ζωής
You can see many wild animals on this safari park! It's amazing!
- 7.85 **believe** (v) πιστεύω
Really! I don't believe it!
- 7.86 **You're joking!** (phr) Πλάκα κάνεις!
You saw a dragon! You're joking!
- 7.87 **How was?** (phr) Πώς ήταν...
How was your weekend? Did you have a good time?
- 7.88 **What was ... like?** (phr) Πώς ήταν...
What was the weather like on your trip?

- 7.89 **No way!** (phr) Αποκλείεται!
You bought a Ferrari? No way! You're joking!
- 7.90 **Really?** (adv) Αλήθεια;
I saw a tiger in the street!' 'Really?'
- 7.91 **skateboard** (v) κάνω σκέητμπορντ
My brother can skateboard very well!
- 7.92 **could** (v) μπορούσα
I could count to one hundred when I was 4 years old.
- 7.93 **international** (adj) διεθνής
There's an international skateboarding competition next week.
- 7.94 **snowboard** (v) κάνω σνόουμπορντ, χιονοσανίδα
I don't ski or snowboard. I think they're dangerous sports.
- 7.95 **surf** (v) κάνω σέρφ
My friend Paul surfs every summer when it's windy.
- 7.96 **several** (adj) αρκετός
There are several swimmers on the beach today because the day is warm and sunny.
- 7.97 **ability** (n) ικανότητα
What special abilities do you have? What can you do?
- 7.98 **camel** (n) καμήλα
There are two kinds of camel. One lives in Africa and the other in Asia.
- 7.99 **temperature** (n) θερμοκρασία
When the temperature is very low, we don't go out of the house.
- 7.100 **survive** (v) επιζώ
He survived on the island alone for five years.
- 7.101 **golden** (adj) χρυσαφένιος
I love early morning and late evening when the sun makes everything golden in colour.
- 7.102 **ride** (v) καβαλάω
She can ride a horse as well as her brother.
- 7.103 **ancient** (adj) αρχαίος
In some parts of the world, people still follow their ancient traditions.
- 7.104 **hunt** (v) κυνηγώ
In Outer Mongolia people still hunt with eagles.
- 7.105 **thousands** (n) χιλιάδες
Oh look! There are thousands of birds in the sky! Amazing!
- 7.106 **fly** (v) πετώ
Flamingos fly from Africa to Europe every spring.
- 7.107 **take care of** (phr v) φροντίζω
My cat is taking care of her new kittens.
- 7.108 **trainer** (n) εκπαιδευτής
Our trainer explained what we must do to get better.
- 7.109 **freezing** (adj) παγωμένος
The water is freezing! I don't want to swim.
- 7.110 **determined** (adj) αποφασισμένος
Maria was determined to become a tennis player and she succeeded!
- 7.111 **succeed** (v) επιτυγχάνω
He's going to do everything to succeed.
- 7.112 **enter** (v) παίρνω μέρος (σε διαγωνισμό)
Wendy decided to enter the singing competition.
- 7.113 **competitor** (n) ανταγωνιστής, αντίπαλος
There were many competitors, but she was the best.
- 7.114 **mammoth** (n) μαμούθ
Mammoths lived on the planet thousands of years ago.
- 7.115 **herbivore** (n) χορτοφάγος
Horses, giraffes and elephants are herbivores.
- 7.116 **mind map** (n) σχεδιάγραμμα ιδεών
My partner and I made a mind map with our ideas for the project.

7.117 **presentation** (n) παρουσίαση
She always uses nice photos in her presentations.

7.118 **feel** (v) αισθάνομαι
I'm feeling a bit tired. I'm going to bed.

7.119 **hobby** (n) χόμπυ
My hobby is photography.

UNIT 8

LOST AND FOUND

8.1 **lose** (v) χάνω
Mary lost her keys and she couldn't get into her house.

8.2 **archaeologist** (n) αρχαιολόγος
The archaeologists found some old buildings in our town.

8.3 **treasure** (n) θησαυρός
The pirates buried the treasure in a cave on a small island.

8.4 **town** (n) κωμόπολη
Mytilene is a really beautiful town on the island of Lesbos.

8.5 **aquarium** (n) ενυδρείο
There's a very big and interesting aquarium near Heraklion on Crete.

8.6 **bowling alley** (n) αίθουσα μπόουλινγκ
My friends and I often go to the bowling alley to play bowling.

8.7 **car park** (n) πάρκινγκ
Leave your car in the car park and take the metro to the city centre.

8.8 **hospital** (n) νοσοκομείο
She went to hospital because she was ill.

8.9 **ice rink** (n) παγοδρόμιο
Take a warm jacket and gloves because it's always cold on the ice rink.

8.10 **post office** (n) ταχυδρομείο
I went to the post office to send a letter to my grandma.

8.11 **shopping centre** (n) εμπορικό κέντρο
We love The Mall! It's a fantastic shopping centre in Marousi.

8.12 **skate park** (n) πίστα για πατίνια και σκέητμπορντ
My brother and his friends go skateboarding at the skate park near our house.

8.13 **sports centre** (n) αθλητικό κέντρο
Is there a swimming pool at the new sports centre?

8.14 **swimming pool** (n) πισίνα
It's a beautiful day! Let's go to the swimming pool for a swim!

8.15 **compound noun** (n) σύνθετο ουσιαστικό
Compound nouns are two words together that have a new meaning.

8.16 **buy** (v) αγοράζω
She bought a smartphone that has an amazing camera.

8.17 **sea creature** (n) θαλάσσιο πλάσμα
What sea creatures can you see at the aquarium?

- 8.18 **doctor** (n) γιατρός
You should listen to the advice your doctor gives you.
- 8.19 **shop** (n) μαγαζί, κατάστημα
Anna is at the book shop. She wants to buy a present for her friend.
- 8.20 **travel writer** (n) συγγραφέας ταξιδιωτικών βιβλίων
Paul Theroux was a fantastic travel writer. His books were very interesting!
- 8.21 **inhabitant** (n) κάτοικος
The inhabitants of the town left when the river flooded.
- 8.22 **grow up** (phr v) μεγαλώνω
My grandparents grew up in a small village in the mountains.
- 8.23 **lake** (n) λίμνη
When you go to lake Pamvrotida, you can see many wild animals.
- 8.24 **flood** (v) πλημμυρίζω
The river flooded and all the houses near it had water in them.
- 8.25 **gradually** (adv) σταδιακά
The lake gradually disappeared. Now there isn't any water left in it.
- 8.26 **disappear** (v) εξαφανίζομαι
The rabbit quickly disappeared in the long grass.
- 8.27 **resident** (n) κάτοικος
The residents of the building left when war started.
- 8.28 **return** (v) επιστρέφω
The wild animals slowly returned to the abandoned town.
- 8.29 **abandoned** (adj) εγκαταλελειμένος
There's an abandoned town on Chios, it's called Anavatos.
- 8.30 **electricity** (n) ηλεκτρισμός
It's very difficult to live in a place without electricity.
- 8.31 **alone** (adj) μόνος
I live alone in a small house in the countryside.
- 8.32 **memory** (n) ανάμνηση, μνήμη
My grandpa's memories of his childhood came to life when he told me about his life in the village.
- 8.33 **bring (something) to life** (phr) ζωντανεύω (κάτι)
His descriptions bring memories of the town to life.
- 8.34 **past** (prep) μπροστά από
Go past the cinema and then turn left.
- 8.35 **empty** (adj) άδειος
The room is empty. There's no one here.
- 8.36 **burger place** (n) χαμπουργκεράδικο
Let's try out the new burger place.
- 8.37 **personal** (adj) προσωπικός
She takes good care of her personal possessions
- 8.38 **possession** (n) τα υπάρχοντα (μου)
What's your favourite personal possession?
- 8.39 **bus pass** (n) κάρτα απεριορίστων διαδρομών με το λεωφορείο
She uses her bus pass to go to school every day.
- 8.40 **concert** (n) συναυλία
Let's book tickets to the Tindersticks concert.
- 8.41 **headphones** (n) ακουστικά
Do you use your headphones to listen to music?
- 8.42 **ID card** (n) ταυτότητα
My mum always carries her ID card with her.
- 8.43 **key** (n) κλειδί
Here's the key to my flat. Don't lose it.
- 8.44 **laptop** (n) φορητός υπολογιστής
Jerry does his homework on his laptop.
- 8.45 **passport** (n) διαβατήριο
When you want to travel to other countries, you need a passport.
- 8.46 **portable charger** (n) φορτιστής
The battery on my phone is very low. Have you got a portable charger?

- 8.47 **tablet** (n) τάμπλετ
Most kids today have got tablets or smartphones.
- 8.48 **content** (n) περιεχόμενο
Look at the pictures and think about the content of the article.
- 8.49 **detectorist** (n) κυνηγός θησαυρών που χρησιμοποιεί ανιχνευτή μετάλλων
Archaeologists and detectorists sometimes work together
- 8.50 **collect** (v) συλλέγω
My best friend collects ancient coins.
- 8.51 **can** (n) κονσερβοκούτι
Don't throw your drinks cans away. Let's recycle them.
- 8.52 **shocked** (adj) έκπληκτος, σοκαρισμένος
She was shocked when she found some treasure under the tree in her garden!
- 8.53 **shout** (v) φωνάζω
Why are you shouting? I can hear you!
- 8.54 **museum** (n) μουσείο
Last week we visited the archaeological museum and learnt many interesting facts about ancient Corinth.
- 8.55 **field** (n) χωράφι
People take photos of this field in spring when the flowers are out.
- 8.56 **how much** (phr) πόσο
How much are the concert tickets, please?
- 8.57 **Don't panic!** (phr) Μην πανικοβάλλεσαι!
I can't find my mobile!' 'Ok, don't panic!'
- 8.58 **Calm down!** (phr) Ηρέμησε!
Oh, no! Where are the keys?' 'Calm down. Where did you leave them?'
- 8.59 **Let's think.** (phr) Ας σκεφτούμε.
Let's think. When did you last use your bus pass?'
- 8.60 **certain** (adj) σίγουρος, βέβαιος
I'm certain I had my ID card in my wallet!
- 8.61 **Gross!** (adj) Αηδία!
Why is this old pizza on your bed? Gross!
- 8.62 **thought** (n) σκέψη
His thoughts are very complicated. I can't understand what he means.
- 8.63 **universe** (n) το σύμπαν
She wants to become a scientist to discover the secrets of the universe.
- 8.64 **the rest** (phr) τα υπόλοιπα
It's a long story. I'll tell you the rest tomorrow.
- 8.65 **alarm** (n) ξυπνητήρι
Don't forget to set your alarm for tomorrow morning. You shouldn't be late for school again!
- 8.66 **have time** (phr) προλαβαίνω, έχω χρόνο
I'm very busy. I don't have time to talk to you now.
- 8.67 **matter** (v) πειράζει
Sorry I'm late.' 'It doesn't matter!'
- 8.68 **surprise test** (n) απροειδοποίητο διαγώνισμα
We had a surprise test last Monday and I didn't do well.
- 8.69 **mobile** (n) κινητό (τηλέφωνο)
My grandpa's got a mobile, but he hardly ever uses it.
- 8.70 **text** (v) στέλνω μήνυμα (στο κινητό)
How often do you text your friends?
- 8.71 **selfie** (n) σέλφι
Do you use your mobile to take selfies of you and your friends?
- 8.72 **make a call** (phr) παίρνω τηλέφωνο
Ella uses her mobile for many things, but she doesn't often make calls.
- 8.73 **sign off** (phr v) κλείνω, τελειώνω, ολοκληρώνω
Don't forget to sign off your email in a polite manner.
- 8.74 **so** (conj) άρα, οπότε, συνεπώς
She didn't have any money so she couldn't buy a snack at lunchtime.

- 8.75 **apologise** (v) ζητάω συγγνώμη
My brother apologised for taking my tablet without asking first.
- 8.76 **ring** (v) παίρνω τηλέφωνο
Our grandma rang us yesterday morning and invited us over for dinner.
- 8.77 **building** (n) κτίριο
Her office is in a very old building in the city centre.
- 8.78 **introduce** (v) συστήνομαι
She came into the office and introduced herself.
- 8.79 **record** (v) καταγράφω
When you take an interview, it's a good idea to record it on your mobile.

- 8.80 **display** (v) παρουσιάζω, επιδεικνύω
My classmates and I displayed the photos we took on posters around the class.
- 8.81 **polite** (adj) ευγενικός
Mike is a very polite boy with good manners.
- 8.82 **improve** (v) βελτιώνω
What can I do to improve my speaking skills in English?
- 8.83 **fun** (adj) ευχάριστος, διασκεδαστικός
My friends and I had a really fun day at the skate park yesterday!

UNIT 9

SUMMER FUN

- 9.1 **outdoor** (adj) έξω, σε εξωτερικό χώρο
Nadia doesn't like outdoor exercise.
- 9.2 **shelter** (n) καταφύγιο
We learnt to build shelters with branches and leaves.
- 9.3 **wood** (n) ξύλα
The children picked some wood and lit a campfire.
- 9.4 **campfire** (n) φωτιά (για μαγείρεμα, κλπ. στην κατασκήνωση)
In the evenings, we usually cook and tell stories round the campfire.
- 9.5 **identify** (v) αναγνωρίζω
Can you identify this plant? Is it good to eat?
- 9.6 **plant** (n) φυτό
My grandma loved plants and flowers.
- 9.7 **light** (v) ανάβω (φωτιά)
You mustn't light a fire in the forest in summer.
- 9.8 **pick** (v) μαζεύω (φρούτα, κλπ.)
I picked an apple from the tree and ate it.
- 9.9 **compass** (n) πυξίδα
Can you use a compass to find your way?
- 9.10 **thirsty** (adj) διψασμένος
I'm so thirsty! Can I have some water, please?
- 9.11 **useful** (adj) χρήσιμος
It's useful to know how to read a compass.
- 9.12 **survival skills** (phr) δεξιότητες επιβίωσης
At adventure camps you learn useful survival skills.

- 9.13 **adventure** (n) περιπέτεια
Tom loves danger and adventure. He wants to be a pirate!
- 9.14 **bed** (n) κρεβάτι
Do you make your bed every morning?
- 9.15 **tent** (n) σκηνή
In summer we usually go camping and stay in a tent.
- 9.16 **branch** (n) κλαδί
There's a bird sitting on that big branch in the tree. Look!
- 9.17 **kayaking** (n) κωπηλασία με κανό
Kayaking in a river is exciting!
- 9.18 **horse riding** (n) ιππασία
Irene goes horse riding every afternoon. She loves horses.
- 9.19 **track** (v) ιχνηλατώ
I want to learn how to track wild animals.
- 9.20 **practise** (v) κάνω εξάσκηση
She practises playing the piano every day because she wants to be a famous pianist.
- 9.21 **get to know** (phr) γνωρίζω (καλύτερα κάποιον)
I didn't like Mike at first, but when I got to know him, I realised he's a great guy!
- 9.22 **compare** (v) συγκρίνω
Monica always compares her house with other people's houses.
- 9.23 **legend** (n) θρύλος
Grandpa told us legends about the ancient people who lived in this area.
- 9.24 **relax** (v) χαλαρώνω
After a very busy day at school, I usually relax playing computer games.
- 9.25 **instructor** (n) εκπαιδευτής
Our instructor explained how we must use the ropes to climb the rock.
- 9.26 **expert** (n) ειδικός
She's an expert in survival skills and she can teach you a lot!
- 9.27 **extreme** (adj) ακραίος, επικίνδυνος
Some people enjoy extreme sports, but I think they're too dangerous.
- 9.28 **challenge** (n) πρόκληση
Climbing to the top of the mountain was a challenge, but we did it!
- 9.29 **skill** (n) δεξιότητα
What new skills would you like to learn?
- 9.30 **programme** (n) τηλεοπτικό πρόγραμμα
My grandma's favourite programme is a cooking show.
- 9.31 **item** (n) αντικείμενο, πράγμα
Which of these items do you need to build a shelter?
- 9.32 **miss** (v) αποθυμώ, μου λείπει
When I went to study in another country, I missed my family.
- 9.33 **apartment** (n) διαμέρισμα
They live in a big apartment in New York.
- 9.34 **B&B (bed and breakfast)** (n) μικρό ξενοδοχείο που προσφέρει μόνο πρωινό
When Ian goes to London, he stays at a B&B.
- 9.35 **camper van** (n) τροχόσπιτο (μεγάλο αυτοκίνητο ενωμένο με τροχόσπιτο)
We rented a camper van and toured the Peloponnese.
- 9.36 **caravan** (n) τροχόσπιτο
Lucy and George are going to stay in a caravan this summer.
- 9.37 **chalet** (n) σαλέ
They've bought a chalet in the mountains. It's beautiful.
- 9.38 **cottage** (n) αγροικία
I love staying in cottages in the countryside.
- 9.39 **hotel** (n) ξενοδοχείο
Eva stayed in a beautiful hotel in the city centre.

- 9.40 **youth hostel** (n) φτηνό ξενοδοχείο με κοινά δωμάτια για πολλούς
Many young people stay in youth hostels when they are on holiday because they're cheap.
- 9.41 **accommodation** (n) κατάλυμα
We couldn't find accommodation in the old town, so we stayed at a campsite.
- 9.42 **skiing** (n) σκι
They go skiing every weekend in winter.
- 9.43 **weekend break** (n) σαββατοκυριακάτικη απόδραση
How about going away on a weekend break?
- 9.44 **village** (n) χωριό
Molyvos is a beautiful village on Lesbos.
- 9.45 **length** (n) μήκος
What's the length of that rope?
- 9.46 **destination** (n) προορισμός
Our destination is a small village on the east coast.
- 9.47 **dream** (n) όνειρο
My dream house is a small cottage in the countryside.
- 9.48 **fixed** (adj) σταθερός, προκαθορισμένος
Wendy and Peter have got a fixed arrangement to play tennis every Wednesday.
- 9.49 **arrangement** (n) κάτι που έχω ήδη κανονίσει
Sally made an arrangement to meet her friends.
- 9.50 **future** (n) μέλλον
Would you like to know what will happen in the future?
- 9.51 **football camp** (n) ποδοσφαιρική κατασκήνωση
My brother went to a football camp for a month and improved his football skills.
- 9.52 **on (his) own** (phr) μόνος (του)
He lived on his own for a month and enjoyed it a lot.
- 9.53 **leave** (v) φεύγω
What time does the bus leave?
- 9.54 **intention** (n) πρόθεση
His intention is to learn a new language every two years!
- 9.55 **water park** (n) υδάτινο πάρκο
We're going to go to the water park next Saturday. Do you want to come with us?
- 9.56 **go up** (phr v) ανεβαίνω
The boys went up the hill to look at the view.
- 9.57 **Why don't we ... ?** (phr) Γιατί δεν ...;
Why don't we have a picnic today? It's a beautiful day.
- 9.58 **I'm not sure about that.** (phr) Δεν είμαι και πολύ σίγουρος.
I'm not sure about that. I don't like sleeping in a tent.
- 9.59 **I'd rather not do that.** (phr) Θα προτιμούσα να μην το κάνω αυτό.
I'd rather not do that. I'd prefer to sleep in a hotel.
- 9.60 **end-of-term** (adj) τέλος του εξαμήνου / τριμήνου
Let's have an end-of-term party! It'll be fun!
- 9.61 **both** (pron) και οι δύο
She likes both swimming and kayaking.
- 9.62 **idea** (n) ιδέα
I've got a great idea! Let's go on a bike ride!
- 9.63 **I'm on it!** (phr) Το'χω!
I think we should book tickets now! 'I'm on it! Don't worry!'
- 9.64 **complicated** (adj) περίπλοκος
This exercise is really complicated. I can't do it!
- 9.65 **Forget that.** (phr) Ξέχνα το.
Let's go bungee jumping! 'Forget that! I'm not jumping off a bridge!'
- 9.66 **agree** (v) συμφωνώ
My parents agreed to let me go to an adventure camp.

- 9.67 **app** (n) εφαρμογή
What apps have you got on your mobile?
- 9.68 **danceathon** (n) μααραθώνιος χορού
Let's take part in the danceathon next week. It'll be fun!
- 9.69 **You're unbelievable!** (phr) Είσαι απίστευτος!
What? You're unbelievable! I don't believe you said that!
- 9.70 **Don't worry.** (phr) Μην ανησυχείς.
It's difficult. 'Don't worry. I can help you.'
- 9.71 **count on** (phr v) βασίζομαι
I can't leave now. They count on me.
- 9.72 **theme park** (n) θεματικό πάρκο
Disneyworld is a theme park in France.
- 9.73 **barbecue** (n) ψησταριά
Let's have a barbecue next Sunday if the weather is nice.
- 9.74 **fancy-dress party** (n) πάρτι μασκέ
She wore a funny costume at the fancy-dress party.
- 9.75 **excited** (adj) ενθουσιασμένος
The children were excited when they leant about the school trip.
- 9.76 **in person** (phr) πρόσωπο με πρόσωπο
Finally! My pen pal and I will meet in person next month!
- 9.77 **airport** (n) αεροδρόμιο
We went to the airport to meet my grandparents coming home from France.
- 9.78 **respond** (v) απαντώ (σε γράμμα, κλπ.)
When you write an email, make sure you respond to your friend's questions.
- 9.79 **ahead** (adv) επόμενος, ερχόμενος
He always plans ahead for the future.
- 9.80 **intend** (v) σκοπεύω
What do you intend to do when schools close for summer?
- 9.81 **prediction** (n) πρόβλεψη
Her predictions about the future were all correct!
- 9.82 **professional** (adj) επαγγελματίας
We trained with a professional coach at the tennis camp.
- 9.83 **coach** (n) προπονητής
Our coach is very good and helps us improve our skills.
- 9.84 **course** (n) κύκλος μαθημάτων
Janine wants to do a course on diving.
- 9.85 **guide** (n) οδηγός
Before you decide which university campus to choose, it's a good idea to read the guide.
- 9.86 **vacation** (n) διακοπές
American people go on vacation. British people go on holiday!
- 9.87 **tech (technology)** (n) τεχνολογία
Harriet loves high-tech products!
- 9.88 **university** (n) πανεπιστήμιο
Is there a university in your city?
- 9.89 **heart** (n) καρδιά
Milano is the heart of the fashion industry!
- 9.90 **robot** (n) ρομπότ
Our class project is a robot that can understand English.
- 9.91 **develop** (v) αναπτύσσω
He wants to develop his designing skills.
- 9.92 **game and web design** (n) σχεδιασμός παιχνιδιών και ιστοσελίδων
The university offers a course on game and web design.
- 9.93 **campus** (n) πανεπιστημιούπολη
The university campus is out of the city centre, but you can go there easily by bus.
- 9.94 **Arabic** (n) Αραβικά
She's learning Arabic.
- 9.95 **Chinese** (n) Κινέζικα
Chinese is very difficult to learn.
- 9.96 **culture** (n) πολιτισμός, κουλτούρα
My sister wants to learn more about the Chinese culture.

- 9.97 **advanced** (adj) προχωρημένος
This course is only for advanced students.
- 9.98 **soccer** (n) ποδόσφαιρο
How many children in your class play soccer?
- 9.99 **natural** (adj) φυσικός
Roger Federer has a natural talent for tennis.
- 9.100 **talent** (n) ταλέντο
Dennis has a talent for music.
- 9.101 **beginner** (n) αρχάριος
I'm a beginner in pottery. I'm still learning the basic skills.
- 9.102 **theater** (n) θέατρο
Let's go to the theater. There's a good performance next week.
- 9.103 **performing arts** (n) υποκριτική τέχνη
Tim is studying performing arts in the after-school drama club.
- 9.104 **musical** (adj) μουσικός
She's got a lot of musical talent and wants to be a pianist when she grows up.
- 9.105 **magic** (n) μαγεία
You can study magic in this summer camp.
- 9.106 **public speaking** (n) ρητορική, δημόσια ομιλία
He joined an after-school club to improve his public speaking skills.
- 9.107 **acting** (n) ηθοποιία
Acting is his dream - he wants to be a famous actor.
- 9.108 **perform** (v) ερμηνεύω
Justin performed the piano sonata beautifully at the school show.
- 9.109 **live** (adv) ζωντανά
Next Saturday, I'm going to listen to my favourite band live.
- 9.110 **beauty** (n) ομορφιά
The beauty of this island is unbelievable!
- 9.111 **profession** (n) επάγγελμα
What profession would you like to follow when you're older?
- 9.112 **nature** (n) φύση
We really must protect nature. It's all we've got!
- 9.113 **success** (n) επιτυχία
His success is the result of very hard work!
- 9.114 **wonder** (n) θαύμα
It's a wonder how he survived in the forest all alone!
- 9.115 **independent** (adj) ανεξάρτητος
Alice is a very independent young woman.
- 9.116 **autumn** (n) φθινόπωρο
My favourite time of the year is autumn, when the leaves change colour.
- 9.117 **chips** (n) πατάτες τηγανιτές
Would you like chips or rice with your burger?
- 9.118 **rubber** (n) γόμα
I can't find my rubber. Can I use yours, please?
- 9.119 **rubbish** (n) σκουπίδια
Take out the rubbish, please.
- 9.120 **sweets** (n) γλυκά
He doesn't eat many sweets because they're unhealthy.
- 9.121 **candy** (n) γλυκά
Gina's grandpa brought her candy from the USA.
- 9.122 **eraser** (n) γόμα
I need to buy a new eraser.
- 9.123 **fall** (n) φθινόπωρο
They went to the USA last fall.
- 9.124 **fries** (n) πατάτες τηγανιτές
It isn't a good idea to eat fries every day.
- 9.125 **garbage** (n) σκουπίδια
Please don't leave your garbage on the beach.
- 9.126 **pants** (n) παντελόνι
She's wearing a pink pair of pants.

- 9.127 **yard** (n) αυλή
Let's go out in the yard to play soccer.
- 9.128 **state** (n) (αυτόνομο) κρατίδιο
How many states are there in the USA?
- 9.129 **illegal** (adj) παράνομος
It's illegal to hunt animals here!



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