

# AN OLYMPIC MEDAL

**Level:** Primary 4th Year (Natural Science)

**Time:** 2 sessions

**Materials:**

- ❑ cardboard box
- ❑ pencil
- ❑ ribbon
- ❑ a jar lid
- ❑ gold, silver or bronze glitter
- ❑ glue and a paintbrush

**Jules Clément  
Chaplain**



Getty Images/Getty Images Sport

## FUN FACTS

- ❑ In 1896, the first Olympic medals were designed by French sculptor Jules-Clément Chaplain
- ❑ The medal depicted Zeus holding Nike, the Greek goddess of victory, on the obverse and the Acropolis on the revers.
- ❑ At the first Olympic games, the winner got an olive wreath and a silver medal.
- ❑ For each Olympic Games there's a different design for each medal.
- ❑ Designer Philippe Starck has designed a new medal as part of France's bid to host the Olympic Games in 2024. Each medal can be split into four so that the winner can share their medal with three of their family or friends.





### Basic description:

During today's session we will create an Olympic medal picture. We have to tell the pupils in advance to bring the necessary materials, in this case, a jar lid, ribbon and glitter, to make their work of art. We will start by presenting the history of the Olympic medal. We will ask what facts the pupils know about it. After this short introduction, we will explain the steps to follow.

### Lesson Plan:

First session: (15 min) Explain and talk to your children about the Olympic medal.  
(30 min) Steps 1-3 should be completed in the first session.

Second session: (30 min) Steps 4-6 should be completed in the second session.  
(15 min) Close the session with a game related to the topic.

### Game:

Play a game related to health. Put the pupils into teams. Ask them to think of true and false statements about how to be healthy, e.g. *get eight hours of sleep a night, eat lots of sugar, etc.* Ask each team to read their statements out and the rest of the class say *Yes* or *No* depending on whether the statements are correct or incorrect.

### Learning Outcomes:

- ✔ Understands words related to health.
- ✔ Makes three-dimensional works with different materials planning the process and choosing the best way of doing it.

Step 1



Draw shapes on the cardboard.

Step 2



Cut out the shapes.

Step 3



Stick the shapes onto the top of the lid.

Step 4



Add glue and then pour glitter onto the lid.

Step 5



Tape the ribbon to the back of the lid.

Step 6



Show your medal to your classmates.