

Food

LESSON A

- Food
- Count and noncount nouns;
some and *any*

LESSON B

- Expressing likes
- Expressing dislikes

LESSON C

- More food
- *How often*; time expressions

LESSON D

- Reading: An article
- Writing: A typical meal

Warm-up



A Match the words and the pictures.

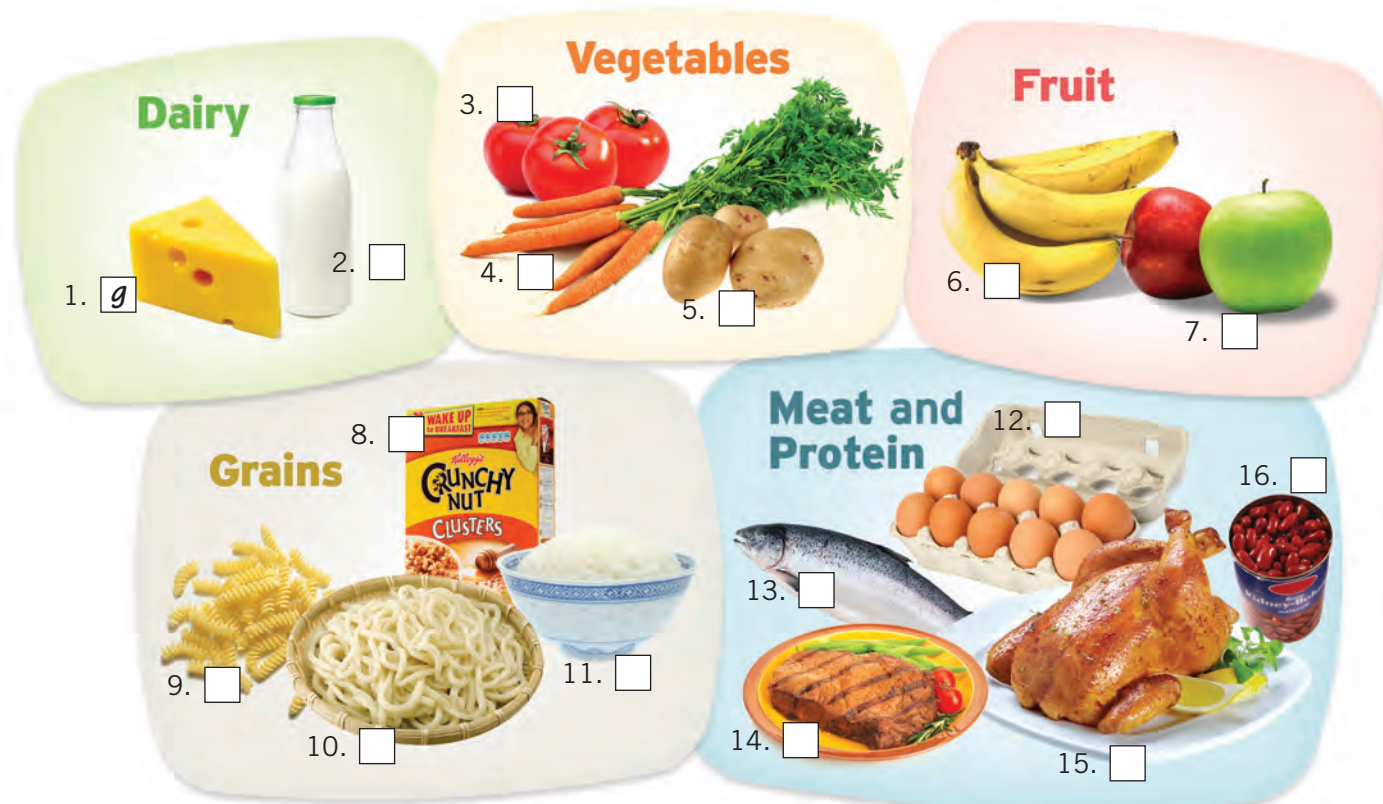
1. Italian food c 2. Mexican food _____ 3. Chinese food _____ 4. Japanese food _____

B Name ten food words you know.

1 Vocabulary Food

A Match the words and the pictures. Then listen and check your answers.

a. apples	e. carrots	i. eggs	m. pasta
b. bananas	f. cereal	j. fish	n. potatoes
c. beans	✓g. cheese	k. milk	o. rice
d. beef	h. chicken	l. noodles	p. tomatoes



B Pair work Do you ever eat the food in Part A? Tell your partner.

"I often eat apples. I sometimes eat eggs. I never eat noodles."

2 Language in context Favorite meals

A Listen to three people talk about their favorite meals. Underline the food words.



I love breakfast. I usually eat some cereal, but I don't have any milk with it. I also eat an apple.



My favorite meal is lunch. I don't have a lot of time, so I often just get some noodles.



My favorite meal of the day is dinner. A typical dinner for me is rice and beans with some beef.

B What about you? What's your favorite meal of the day? What do you eat?

3 Grammar

Count and noncount nouns; *some* and *any*

Count nouns

an apple apples a tomato tomatoes Do you have **any** apples?Yes, I have **some** (apples).No, I don't have **any** (apples).

Noncount nouns

milk cereal Do you have **any** milk?Yes, I have **some** (milk).No, I don't have **any** (milk).**A** Complete the chart with the food words from Exercise 1. Then compare with a partner.

Count nouns		Noncount nouns	
<i>apples</i>	_____	<i>milk</i>	_____
<i>tomatoes</i>	_____	<i>cereal</i>	_____
_____	_____	_____	_____
_____	_____	_____	_____

B Circle the correct words. Then practice with a partner.

A: What do you want for lunch, Amy?

B: Let's just make (some) / **any** pasta.A: Good idea. We have **some** / **any** pasta.B: Let's see. We have **some** / **any** carrots. We don't have **some** / **any** tomatoes.A: OK, I can get **some** / **any** at the store. What else?B: Do we have **some** / **any** cheese?A: No, we don't have **some** / **any**. I can get **some** / **any**.**C Pair work** Practice the conversation again. Use other food words from Exercise 1.

4 Speaking What do you eat?

A Write your answers to the questions in the chart.

What do you often eat for . . . ?	Me	Name: _____	Name: _____
breakfast			
lunch			
dinner			

B Group work Interview two classmates. Complete the chart with their answers.

5 Keep talking!

Go to page 139 for more practice.

I can say what meals I eat.

1 Interactions Likes and dislikes

A Look at the pictures. Where are Maria and Tom?

B  Listen and practice.



Maria: Do you like pasta?
Tom: No, I **don't like** Italian food.



Maria: How about Chinese food?
Tom: Good idea. I **like** Chinese food!

C  Listen to the expressions. Then practice the conversation again with the new expressions.

Expressing dislikes

-  I don't like . . .
-  I don't like . . . at all.
-  I hate . . . !

Expressing likes

-  I like . . .
-  I really like . . .
-  I love . . . !

D Pair work Look at Maria's and Tom's likes and dislikes. Are they the same as yours? Tell your partner.

						
Maria	fish	Mexican food	Japanese food	milk	beans	beef
Tom	cheese	carrots	Chinese food	Italian food	French food	eggs

"Maria loves fish, but I don't like fish at all."

2 Pronunciation Word stress

A Listen and repeat. Notice the stress in the words.

•	••	•••
cheese beans beef	apple chicken noodles	banana potato tomato
_____	_____	_____

B Listen. Complete the chart with the correct words.

dairy fruit Italian meat pasta

3 Listening I love it!

A Listen to four conversations about food. Check (✓) the words you hear.

- | | | | |
|---|------------------------------------|-------------------------------------|-------------------------------------|
| 1. ☐ beans | 2. ☐ cheese | 3. ☐ noodles | 4. ☐ bananas |
| ☒ beef | ☐ chicken | ☐ potatoes | ☐ carrots |
| ☒ pasta | ☐ eggs | ☐ tomatoes | ☐ cereal |

B Listen again. Do the two speakers like the same things?
Circle the correct answers.

1. yes / (no) 2. yes / no 3. yes / no 4. yes / no

4 Speaking What do you like?

A Make a list of food you like and food you don't like.

Food I like		Food I don't like	

B Pair work Tell your partner about the food you like and don't like.
Ask and answer questions for more information.

A: I really like fish.

B: Do you cook fish at home?

A: No, I don't. I eat fish in restaurants.



I can say what I like and dislike.

1 Vocabulary More food

A  Label the pictures with the correct words. Then listen and check your answers.

dumplings	✓ hot dogs	pizza	soup	sushi
hamburgers	pancakes	salad	spaghetti	tacos



1. hot dogs



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____



10. _____

B Pair work Which food in Part A do you like? Which food don't you like? Compare your answers.

A: I really like dumplings. Do you?

B: Yes, I like dumplings, too. Do you like . . . ?

2 Conversation I eat pizza every day.

 Listen and practice.

Megan: What is that?

David: Pizza. My father is a pizza chef.

Megan: Really? So how often do you eat pizza?

David: I eat pizza every day. It's my favorite food!

Megan: I don't eat pizza very often, but it looks interesting. What's on it?

David: Cheese, tomatoes, black beans, and fish.

Megan: Black beans and fish on pizza. Yuck!

David: Have some. It's really good.

Megan: No, thanks. I'm not very hungry.



3 Grammar

How often; time expressions

How often do you eat pizza?

I eat pizza
 every day.
 once a week.
 twice a month.
 three times a month.
 once in a while.

I don't eat pizza **very often**.
 I **never** eat pizza.

A Look at Matt's menu. Answer the questions. Then practice with a partner.

	Matt's Menu						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	cereal	eggs	cereal	eggs	cereal	pancakes	pancakes
Lunch	soup	pizza	soup	sushi	soup	tacos	sushi
Dinner	dumplings	chicken	beef	chicken	pizza	spaghetti	hamburgers

- How often does Matt eat hamburgers for dinner?
- How often does Matt eat soup for lunch?
- How often does Matt eat pancakes?
- How often does Matt eat hot dogs?
- How often does Matt eat sushi for lunch?
- How often does Matt eat dumplings for dinner?

He eats hamburgers once a week.

B Pair work Make six sentences about your eating habits with different time expressions. Tell your partner.

"I eat spaghetti once a month."

4 Speaking Eating habits

A Add three food words to the chart. Then answer the questions.

How often do you eat . . . ?	Me	Name: _____
hot dogs		
salad		
tacos		

B Pair work Interview your partner. Complete the chart with his or her answers.

C Pair work Compare your information with another partner.

"Kazu eats hot dogs once a week, but I eat them once in a while."

5 Keep talking!

Go to page 140 for more practice.

I can talk about my eating habits.



Favorite food

1 Reading

A Look at the pictures in the magazine article. Can you name the food?

B Read the article. What's the best title? Check (✓) the correct answer.

☐ Meal Times☐ My Favorite Food☐ Dinner Around the World

Letters from our readers



I love nachos. I make them once a week. I just buy some tortilla chips and put cheese, beef, tomatoes, and onions on top. Then I cook it in the microwave.

HEATHER

United States



I like dumplings a lot. You can buy good dumplings in restaurants, but I usually eat my mother's dumplings. They're delicious! I eat them for lunch four or five times a month.

JAE-SUN

South Korea



My wife and I go to our favorite ice-cream shop three times a month. They have many flavors, but we always get chocolate ice cream. It's our favorite.

CARLOS

Argentina



I really like pancakes, but we don't eat them for breakfast. We eat them after dinner. We usually eat them two or three times a month. I like to eat them with jam.

OLGA

Sweden

C Read the article again. Complete the chart with the correct information.

	Favorite food	How often they have it
Heather	<u>nachos</u>	<u>once a week</u>
Jae-sun	<u></u>	<u></u>
Carlos	<u></u>	<u></u>
Olga	<u></u>	<u></u>

D Pair work Imagine you can have one food in Part A right now. Which food do you want? Why? Tell your partner.

"I want dumplings. I love Korean food. Vegetable dumplings are my favorite."

2 Listening A meal in Sweden

A Listen to Olga describe a typical meal in Sweden. Which meal does she talk about? Check (✓) the correct answer.

☐ breakfast ☐ lunch ☐ dinner

B Listen again. Circle the words you hear.

beans	bread	cheese	fish	milk	pancakes
beef	cereal	eggs	fruit	noodles	potatoes



3 Writing A typical meal

A Think of a typical meal in your country. Answer the questions.

- What do people drink? _____
- What do people eat? _____
- Do you usually eat it? _____
- Why or why not? _____

B Write about a typical meal in your country. Use the model and your answers in Part A to help you.

C Class activity Post your writing around the room. Read your classmates' writing. Who describes similar meals?

A Japanese Breakfast
People in Japan usually drink green tea for breakfast. They eat fish, rice, soup, salad, and pickles. It's a healthy and delicious breakfast, but I don't eat this. I usually drink orange juice and eat cereal and fruit for breakfast.

4 Speaking What's your favorite meal?

A Pair work Add two questions about food to the chart. Then interview your partner. Take notes.

Questions	Name: _____
What's your favorite meal?	
What's your favorite kind of food?	
How often do you have it?	
Who makes it?	
Can you cook it?	
What do you drink with it?	

A: What's your favorite kind of food?

B: I love Mexican food.

B Group work Tell your group about your partner's favorite meal. Do you like that meal, too? Does your group like it?



I can talk about my favorite food.



Wrap-up

1 Quick pair review

Lesson A Brainstorm! Make a list of count and noncount food words.

How many do you know? You have one minute.

Lesson B Do you remember? Look at the pictures. Complete the sentences with the correct words. You have one minute.

 I don't like fish at all .

 I _____ French food.

 I _____ beef.

 I _____ breakfast.

 I _____ milk!

 I _____ carrots!

Lesson C Find out! What is one thing both you and your partner eat every week? eat once in a while? never eat? You have two minutes.

A: I eat rice every week. Do you?

B: Yes, I do.

Lesson D Guess! Describe your favorite food, but don't say its name! Can your partner guess what it is? Take turns. You have two minutes.

A: I love this food. It's Italian, and I eat it once in a while. I eat it at home.

B: Is it pasta?

A: Yes.

2 In the real world

Go online and find information in English about your favorite movie star's or musician's eating habits. Then write about them.

- What is his or her favorite food?
- How often does he or she usually eat it?

Jack Black's Favorite Food

The American actor Jack Black doesn't have one favorite food. He has two of them! He loves pizza and cheeseburgers.