

1 ANIMALS	6 SPORT				
friendly good pet dangerous cute beautiful interesting	relaxing fun exciting easy tiring				
Comparative / (not) as as:	Comparative / (not) as as:				
Superlative:	Superlative:				
2 FAMOUS PEOPLE	7 ENTERTAINMENT (FILMS / TV / MUSIC)				
interesting funny attractive clever annoying	funny interesting boring exciting sad				
Comparative / (not) as as:	Comparative / (not) as as:				
Superlative:	- Superlative:				
3 FOOD AND DRINK	8 BOOKS AND READING				
delicious (un)healthy rich expensive boring	funny interesting boring exciting sad				
Comparative / (not) as as:	Comparative / (not) as as:				
Superlative:	- Superlative:				
4 HISTORY / ART	9 EDUCATION				
important exciting embarrassing successful	useful boring interesting difficult easy				
Comparative / (not) as as:	Comparative / (not) as as:				
Superlative:	- Superlative:				
5 SCIENCE AND TECHNOLOGY	10 COUNTRIES AND TRAVEL				
useful frightening unhealthy fast expensive	beautiful friendly good food expensive				
Comparative / (not) as as:	Comparative / (not) as as:				
Superlative:	- Superlative:				



### Student A: Luke – Ten years ago



#### Student B: Luke - Today



#### A Complete the opinions using a word or phrase in the box. Use each word or phrase once.



**C** Work in small groups. Talk about your ideas.

A Find nine more words or phrases related to health and fitness in the wordsearch. The words are horizontal →, vertical ↓ or diagonal ¬.

S   O   H   O   I   S   Y   O   H   J   B   D   N     G   V   A   Y   V   N   M   I   A   R   S   O   P     Y   O   E   R   G   L   S   O   X   S   A   O   R     A   V   B   J   H   O   R   H   K   E   I   P   A     L   E   M   E   E   B   O   R   H   K   E   I   P   A     L   E   M   E   E   B   O   W   A   E   S   N   K     L   R   I   N   A   U   B   A   A   I   E   R   R   E   R   F     E   G   E   T   F   I   T   O   D   G   H   S   S   Z   E   G <													
Y   O   E   R   G   L   S   O   X   S   A   O   R     A   V   B   J   H   O   R   H   K   E   I   P   A     L   E   M   E   E   B   O   W   A   E   S   N   K     L   R   I   N   A   U   B   N   O   P   R   M   E     E   W   E   D   L   X   B   A   A   I   E   R   F     R   E   G   E   T   F   I   T   O   D   G   H   S     G   I   G   Y   S   O   G   V   S   Z   E   G     Z   H   P   U   T   O   N   W   E   I   G   H   T     Q   T   G   I   G   I   O	S	0	Н	0		S	Y	0	Н	J	В	D	Ν
A   V   B   J   H   O   R   H   K   E   I   P   A     L   E   M   E   E   B   O   W   A   E   S   N   K     L   E   M   E   E   B   O   W   A   E   S   N   K     L   R   I   N   A   U   B   N   O   P   R   M   E     E   W   E   D   L   X   B   A   A   I   E   R   F     R   E   G   E   T   F   I   T   O   D   G   H   S     G   I   G   Y   S   O   G   V   S   Z   E   G     Z   H   P   U   T   O   N   W   E   I   G   H   T     O   T   L   I   G   I   V	G	V	А	Y	V	N	М	I	А	R	S	0	Ρ
L   E   M   E   E   B   O   W   A   E   S   N   K     L   R   I   N   A   U   B   N   O   P   R   M   E     E   W   E   D   L   X   B   A   A   I   E   R   F     R   E   G   E   D   L   X   B   A   A   I   E   R   F     R   E   G   E   T   F   I   T   O   D   G   H   S     G   I   G   F   S   O   G   V   S   Z   E   G   H   S     Y   G   I   G   Y   S   O   G   V   S   Z   E   G   H   T     Y   G   I   G   Y   S   O   G   V   S   Z   E   G   H   T	Y	0	Е	R	G	L	S	~	Х	S	А	0	R
L   R   I   N   A   U   B   N   O   P   R   M   E     E   W   E   D   L   X   B   A   A   I   E   R   F     R   E   G   E   D   L   X   B   A   A   I   E   R   F     R   E   G   E   T   F   I   T   O   D   G   H   S     G   I   W   A   H   I   S   Y   H   E   I   N   U     Y   G   I   G   Y   S   O   G   V   S   Z   E   G     Z   H   P   U   T   O   N   W   E   I   G   H   T     O   T   L   I   G   I   V   E   U   P   F   O   P     O   T   U   I   G	Α	V	В	J	Н	0	R	H	K	Е	I	Ρ	А
E   W   E   D   L   X   B   A   A   I   E   R   F     R   E   G   E   T   F   I   T   O   D   G   H   S     G   I   W   A   H   I   S   Y   H   E   I   N   U     Y   G   I   G   Y   S   O   G   V   S   Z   E   G     Z   H   P   U   T   O   N   W   E   I   G   H   T     O   T   L   I   G   I   V   E   U   P   F   O   P	L	Ε	М	Е	Е	В	0	W	A	E	S	Ν	K
R   E   G   E   T   F   I   T   O   D   G   H   S     G   I   W   A   H   I   S   Y   H   E   I   N   U     Y   G   I   G   Y   S   O   G   V   S   Z   E   G     Z   H   P   U   T   O   N   W   E   I   G   H   T     O   T   L   I   G   I   V   E   U   P   F   O   P	L	R	I	Ν	А	U	В	Ν	0	P	R	М	Е
G   I   W   A   H   I   S   Y   H   E   I   N   U     Y   G   I   G   Y   S   O   G   V   S   Z   E   G     Z   H   P   U   T   O   N   W   E   I   G   H   T     O   T   L   I   G   I   V   E   U   P   F   O   P	E	W	Е	D	L	Х	В	А	А		E	R	F
Y   G   I   G   Y   S   O   G   V   S   Z   E   G     Z   H   P   U   T   O   N   W   E   I   G   H   T     O   T   L   I   G   I   V   E   U   P   F   O   P	R	Е	G	Е	Т	F	I	Т	0	D	G	Н	S
Z H P U T O N W E I G H T   O T L I G I V E U P F O P	G	Ι	W	А	Н	I	S	Y	Н	Е	I	Ν	U
O T L I G I V E U P F O P	Y	G	Ι	G	Y	S	0	G	V	S	Ζ	Е	G
	Z	Н	Р	U	Т	0	N	W	E	I	G	Н	Т
	0	Т	L	I	G	I	V	E	U	Ρ	F	0	Ρ
	Н	L	0	S	Е	W	E	I	G	Н	Т	0	А

#### **B** Complete the articles using words and phrases in A. Compare in pairs.

Lucy Atherton wrote to ask us for help. She tells us that she is very (1) \_\_\_\_\_\_ and she needs to (2) \_\_\_\_\_\_ about 20 kilos. 'I do try to keep (3) \_\_\_\_\_\_ she says, 'but I am a busy, working mother with five children, so I don't have much time. I need to go (4) \_\_\_\_\_\_, but there are so many different ones. What's best for me?'

**We say:** Lucy, you need to start eating a (5) \_\_\_\_\_\_ diet: fresh fruit and vegetables, fish and absolutely no sugar. You could take your children to the park and play games with them every day. That will help you to get (6) \_\_\_\_\_\_. Good luck!



Marius Tomasz is a bus driver who is a regular (7) \_\_\_\_\_\_ – up to 40 cigarettes a day. He wrote to us after his doctor told him he had to (8) \_\_\_\_\_\_ smoking completely, but didn't give him any help. Marius also has (9) \_\_\_\_\_\_ to different kinds of food and drink, especially milk and eggs, which make him quite ill. 'I know I need to stop smoking,' says Marius, 'but it's really difficult!'

**We say:** Marius, smoking is a big health problem – good for you for wanting to stop. Try to smoke one cigarette less every day for forty days. And be careful that you don't eat too much. When people stop smoking, they often (10) \_\_\_\_\_\_ weight. Good luck!



**C** Do you agree with the advice in B? Can you think of any other ideas? Talk about your ideas in groups.

# Unit 7 Wordpower *change*

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I usually have some change with me because	The last time I changed trains was	I often change my mind about
I usually change into different clothes when 	Next year, I will for a change.	The best place to change money near here is
When I change something in a shop, I feel	When a shop assistant gives me my change, I	The last time I changed my mind in a restaurant was
The first time I changed planes was	Tonight, I would like to go to for a change.	The last time I changed money was
The worst station to change trains is	One day, I would like to live in for a change.	I sometimes give some change to
Next week, I would like to eat for a change.	l often keep my change in a	l never change my mind about

## **7B Pronunciation** *to* + infinitive (weak form)

- Lara doesn't want to live next to a flat that has dogs.
- Mike wants to know why the woman below him wakes up very early.
- Oscar lives next to James and he really needs to see the dentist.
- Wayne lives between Mike and Emma, but he refuses to speak to them.
- Steven lives next to a marathon runner, but he prefers to watch sport on TV.
- Maria lives in the bottom-right flat and she loves to cook.
- James lives in flat nine, but he used to live in a big house.
- Carla tries not to listen to her neighbour's terrible guitar-playing.
- Natasha likes to visit the flat below her and have some great food.
- Brian is where Rita used to live.
- Teresa can't get to sleep, because the man next door is crying in pain.
- Emma would like to have a friendlier neighbour.
- Julia lives in flat six and has to get up very early every day.
- Brenda is in number 16 and she is getting ready to go out.
- Maggie in number 23 has six dogs and she would like to have more.
- Jake is in number 14 and he is going to be a famous actor, so he reads scripts aloud.
- David wonders why the woman downstairs needs to have her TV on all the time.
- Phil is in 21 and he is going to have a barbecue on the balcony.
- Sharon is in the middle row, on the right, and she loves to watch TV.
- Ben is glad he doesn't have to share with the man downstairs who talks to himself.
- Rita is in flat 18, but she used to live in number 25.
- Mandy likes to go out with Brenda next door.
- Jemma should phone the fire service, because there is smoke or a fire next door.
- Simon is in flat three and he is going to run the London marathon.

21	22	23	24	25
16	17	18	19	20
11	12	13	14	15
6	7	8	9	10
1	2	3	4	5

key	shoe	uncle	boat
breakfast	snow	leg	ice-cream
money	bike	chess	holiday
cat	picture	shower	film
doctor	night	ball	tea