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	Goals	Language	Skills	Explore
Intro pages 7–9	About you <ul style="list-style-type: none">introduce yourselfask for and give personal informationfill in a formsay what you can do	Grammar Subject pronouns, possessive adjectives p9 <i>can</i> for ability p9 Vocabulary Countries and languages p7 Introducing yourself p7 Letters, numbers, addresses p8 Personal information p9	Listening Agata enrolls on a course p8 Speaking Enrol on a course p9	
1 pages 10–17	People in your life <ul style="list-style-type: none">introduce peoplesay who people aretalk about present and past jobssay how you know people Target activity Talk about someone you know well	Grammar <i>be</i> present: <i>am, is, are</i> p11 <i>be</i> past: <i>was, were</i> p13 Vocabulary Family p10 Introductions p11 Talking about jobs p12 How you know people p14 Pronunciation Syllables p10	Listening Nadia’s family p10 An introduction p11 Michel’s and Donna’s friends p14 Reading Life’s work p12 Speaking Introductions p11 Talk about relationships p11 Talk about jobs p13	Keyword <i>OK</i> EXPLORE Speaking <ul style="list-style-type: none">ask people to repeatask questions to check information Across cultures Greetings Look again  Spelling and sounds: Vowels and consonants
2 pages 18–25	Away from home <ul style="list-style-type: none">make and respond to requestsmake and respond to offerssay what your interests aresay what you want to do Target activity Take care of a guest	Grammar <i>a, an, some</i> p19 Present simple: positive sentences p21 Vocabulary Offers and requests p19 Interests and wants p21 Taking care of a guest p22 Pronunciation Word stress 1 p19	Listening What do you miss? p18 Carly asks for things p18 Reading Smallworld.com p20 Reading and Listening Erkan’s guest p22 Speaking Ask for something p19 Writing Profile for a website p21	Keyword <i>in</i> EXPLORE Writing <ul style="list-style-type: none">write a letter or email requesting something Get it right!  Capital letters Look again  Spelling and sounds: Two consonants together
3 pages 26–33	Your time <ul style="list-style-type: none">say what you do in your free timesay what you like and disliketalk about habits and customsmake and respond to invitations Target activity Invite someone out	Grammar Subject and object pronouns p26 Present simple: negative sentences p27, questions p29 Possessive ‘s and s’ p28 Vocabulary Free time activities p27 Adverbs of frequency p28 Invitations p30 Pronunciation Word stress 2 p29	Reading Happiness is ... p26 Listening Min’s and Paul’s New Year p28 Invitations p30 Speaking Your free time p27 Your festivals p29 Special occasions p29 Writing For me, happiness is ... p27	Keyword <i>go</i> EXPLORE Speaking <ul style="list-style-type: none">take a phone messageask people to repeat and speak more slowlyshow you understand Across cultures Conversation ‘dos and don’ts’ Look again  Spelling and sounds: <i>ch, tch</i> and <i>sh</i>
4 pages 34–41	Changes <ul style="list-style-type: none">talk about past eventstalk about first timestalk about tripstalk about important events in your life Target activity Talk about an important event	Grammar Singular, plural p34 Past simple verbs p35 Past simple p37 Vocabulary Past time expressions p35 Things for a trip p36 Good and bad experiences p38 Pronunciation Sentence stress 1 p37	Reading Three small things that changed the world p34 Listening Sayed’s business trip p36 From Nigeria to Scotland p38 Speaking Did you have a good time? p37 Writing Your technology firsts p35	Keyword <i>have</i> EXPLORE Writing <ul style="list-style-type: none">write a personal letter or email giving news Punctuation Get it right!  Countable and uncountable nouns Look again  Spelling and sounds: <i>th</i>

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5 pages 42–49	Your space <ul style="list-style-type: none">talk about cities and neighbourhoodstalk about homesfind information in adverts for rooms Target activity Rent a room	Grammar <i>There is, there are</i> p45 Vocabulary Places p42 Describing places p43 Prepositions of place p43 Things in the home p44 Adverts for rooms p46 Pronunciation Sentence stress 2 p45	Reading I live here but I work 800 kilometres away p42 DublinCapitalRentals.com p46 Listening House-sitting p45 Alice looks for a room p46 Speaking Describe places you know p43 Where you live p43 Writing Your favourite room p44	Keyword <i>on</i> EXPLORE Speaking <ul style="list-style-type: none">show interest in a conversation Across cultures Personal space Look again  Spelling and sounds: Final e
6 pages 50–57	What would you like? <ul style="list-style-type: none">buy things in shopstalk about shopping and foodtalk about preferences and give reasonsorder a meal Target activity Order a meal	Grammar Countable and uncountable nouns p53 Vocabulary Shops and shopping p50 Buying things p51 Food p52 Preferences and reasons p53 Ordering food p54 Pronunciation Sentence stress 3 p51	Listening Jon in the shopping centre p51 At an airport café p54 Reading Weird fruit and veg p52 Speaking Buy things in shops p51 Writing Food and you p53	Keyword <i>this, that, these, those</i> EXPLORE Writing <ul style="list-style-type: none">write short practical requests and reminders <i>and, but</i> Get it right!  Subjects and verbs Look again  Spelling and sounds: <i>ou</i>
7 pages 58–65	Work–life balance <ul style="list-style-type: none">talk about work and studiesdescribe present activitiessay why you can’t do things Target activity Explain what you do	Grammar Present progressive p61 Vocabulary Work and studies 1 p58 <i>spend</i> p59 Saying you’re busy p60 Work and studies 2 p62 Pronunciation The schwa sound 1 p60	Reading So what do you do all day? p59, p125 Listening Dean on the phone p60 What do you do? p62 Speaking Say you’re busy p61 What you’re doing p60 Writing Your work and studies p58 Your work–life balance p59	Keyword <i>of</i> EXPLORE Speaking <ul style="list-style-type: none">say you’re not sure about facts and numbers Across cultures In class Look again  Spelling and sounds: <i>c</i>
8 pages 66–73	What’s she like? <ul style="list-style-type: none">talk about your familydescribe people’s personalitydescribe people’s appearancedescribe relationships Target activity Describe someone you admire	Grammar <i>have got</i> p69 Vocabulary Family p66 Personality p67 Appearance p69 Relationships p70 Pronunciation The schwa sound 2 p66	Listening Onyinye’s family p66 Someone I admire p70 Reading How we met p67, p126 Changing image p68 Speaking Your family p66 People in your life p67 Fashion and image p68 Describe people p69 Writing Describe a famous person p69	Keyword <i>like</i> EXPLORE Writing <ul style="list-style-type: none">write a web posting giving an opinion Get it right!  Subject pronouns Look again  Spelling and sounds: <i>ee, ea, ie</i>
9 pages 74–81	Getting around <ul style="list-style-type: none">get information in places you visitcompare ways of travellingbuy a travel ticket Target activity Buy a ticket	Grammar Comparatives and superlatives p76 Vocabulary Using transport p74 Getting information p75 Prepositions of movement p77 Buying a ticket p78 Pronunciation Sentence stress and /ə/ p75	Listening Vijay visits Lucknow p75 Vijay buys a ticket p78 Reading One-wheeled wonder p76 Speaking Ask for information p75 Writing Getting around p74 A journey you like p77	Keyword <i>get</i> EXPLORE Speaking <ul style="list-style-type: none">correct yourself and other peoplecheck and summarise information Across cultures Transport culture Look again  Spelling and sounds: Double consonants

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10 pages 82–89	Getting together <ul style="list-style-type: none">talk about moviesfind information in a TV schedulemake and respond to suggestionsmake arrangements to meet Target activity Arrange a movie night	Grammar Present progressive for future arrangements p85 Vocabulary Movies p82 Suggestions p83 Talking about movies p86 Pronunciation Compound nouns p85	Reading International Movie Week p82 Mia and Kayla’s messages p84 Listening Jon and Mia choose a movie p83 Mia and Kayla’s phone call p84 A movie night p86 Speaking Choose a movie to see p83 Arrange to meet p85	Keyword <i>about</i> EXPLORE Writing <ul style="list-style-type: none">write and reply to an invitationwrite a thank-you note Get it right! Giving reasons Look again Spelling and sounds: g
11 pages 90–97	Journeys <ul style="list-style-type: none">check in and board a flighttell a storytalk about a journey Target activity Describe a journey	Grammar Articles p92 Vocabulary Airports p90 Storytelling expressions p93 Talking about a journey p94 Pronunciation Polite intonation p91	Listening Belinda at the airport p91 Sam’s journey p94 Reading Help! A traveller’s tale p92 Speaking At an airport p91 Tell a story p93 Writing An interesting journey p94	Keyword <i>at</i> EXPLORE Speaking <ul style="list-style-type: none">ask questions to develop a conversationchange the topic of a conversation Across cultures Saying sorry Look again Spelling and sounds: ng
12 pages 98–105	Are you OK? <ul style="list-style-type: none">talk about healthbuy things in a pharmacyunderstand instructions on medicinesgive advice Target activity Give advice	Grammar Giving advice with <i>if</i> p101 Vocabulary The body and health p98 Giving advice p101 Giving reasons for advice p102 Pronunciation Linking consonants and vowels 1 p99	Listening and reading Marc at the pharmacy p99 Reading Home remedies p100 Stay healthy in the workplace p102 Speaking Role play: At a pharmacy p99 Remedies for a cold p101	Keyword <i>take</i> EXPLORE Writing <ul style="list-style-type: none">write an email or note apologising Get it right! Prepositions Look again Spelling and sounds: ay, ai
13 pages 106–113	Experiences <ul style="list-style-type: none">talk about experiencessay what you’ve never done and always wanted to dotalk about places you’ve been tofind out information about things Target activity Get information and recommendations	Grammar Present perfect verbs p107 Present perfect p109 Vocabulary Sights p108 Getting information p110 Pronunciation Linking consonants and vowels 2 p109	Reading Happy to say, I’ve never... p106 The people behind the places p108, p123, p127 Listening I’ve always wanted to ... p107 Have you been to ...? p108 Advice about restaurants p110 Speaking When was the last time ...? p106 I’ve always wanted to ... p107 Places you’ve been p109 Writing Things you’ve never done p107	Keyword <i>thing</i> EXPLORE Speaking <ul style="list-style-type: none">start and finish conversations in different situations Across cultures Your experiences Look again Spelling and sounds: wh-
14 pages 114–121	Choices <ul style="list-style-type: none">give opinionstalk about hopes and plansmake decisions Target activity Plan a weekend break	Grammar <i>be going to, be hoping to, would like to</i> p117 Vocabulary <i>too much, enough, not enough</i> p115 Life changes p116 Planning p118 Pronunciation Review p115	Reading Keep your brain in top condition p114 Listening Barry Cox p116 Weekend in La Mauricie p118 Speaking Your lifestyle p115 Game: Hopes and plans p117	Keyword <i>really</i> EXPLORE Writing <ul style="list-style-type: none">describe the results of a survey Get it right! Spelling difficult words Look again Spelling and sounds: Silent consonants