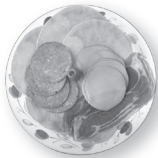


Lesson A

Eating habits

1 Mmmmm!

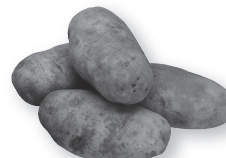
Vocabulary Write the names of the foods. Then find the words in the puzzle. Look in these directions (→↓).



1. meat



2. seafood



3. _____



4. _____



5. _____



7. _____



9. _____



11. _____



13. _____



15. _____



16. _____



17. _____



6. _____



8. _____



10. _____



12. _____



14. _____



18. _____

F	F	V	C	A	R	R	O	T	S
R	X	E	B	I	B	E	E	F	S
U	O	G	A	X	R	M	E	A	T
I	A	E	N	S	E	I	S	T	A
T	E	T	A	E	A	L	L	C	E
G	G	A	N	A	D	K	F	H	P
P	G	B	A	F	R	U	I	E	P
O	S	L	S	O	P	P	D	E	A
T	F	E	N	O	U	D	L	S	S
A	I	S	Z	D	I	H	G	E	T
T	S	H	R	I	C	E	F	Q	A
O	H	C	H	I	C	K	E	N	M
E	C	U	C	U	M	B	E	R	S
S	H	E	L	L	F	I	S	H	Z

2 An invitation to dinner

Grammar **A** Read the invitation. Then circle the correct words to complete the emails.



New Message

Hi Jenny,
Thanks for the invitation. A question for you – how **much / (many)** friends can I bring? Can I bring three?
Oh, and I don't eat **beef / beefs**. I'm not 100% vegetarian because I eat **chicken / chickens** and I like **fish / fishes**. I'm allergic to **milk / milks**, and I don't eat **a lot of / much** eggs, either.
See you on Saturday!
Pam

New Message

Dear Jenny,
Thanks for the invitation. See you Saturday.
Did I tell you? I'm on a diet this week, so I'm not eating **much / many** cheese or pasta – I'm just eating **many / a lot of** fruit and vegetables.
I mean, how **many / much** fruit can a guy eat?
Bye.
Dave

B Write your own email to Jenny. Tell her about these foods.

- food you like
- food you don't like
- food you eat a lot of
- food you don't eat a lot of

New Message

Dear Jenny,
Thanks for the invitation to the party. _____

3 About you

Grammar and vocabulary

Complete the questions with *How much* or *How many*. Then write your own answers.

1. How many students in your class are vegetarians? _____
2. _____ milk does your family buy every week? _____
3. _____ times a week do you eat chicken? _____
4. _____ shellfish do you eat? Do you eat a lot? _____
5. _____ of your friends are picky eaters? _____
6. _____ cans of soda do you drink a day? _____

1 At the supermarket

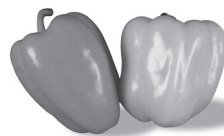
Vocabulary Write the words under the pictures. Then write the food in the chart below.



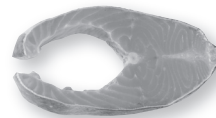
1. apples



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____



10. _____



11. _____



12. _____



13. _____



14. _____



15. _____



16. _____



17. _____



18. _____



19. _____



20. _____

meat and seafood	fruit	vegetables	other
	<i>apples</i>		

2 What would you like?

Grammar Complete the conversations. Use *would you like* or *'d like*.

1. **Jim** What would you like ?
Megan I _____ ice cream, please.
Jim _____ chocolate sprinkles?
Megan Yes, please.

2. **Server** Good evening. _____ something to drink?
Dan Oh, just water, please.
Server OK. And what _____ to eat?
Dan Um, I _____ the salmon, please.
Server _____ some green beans with it?
Dan Actually, I _____ some spinach, please.

3. **Greg** Where _____ to go for dinner?
Sheila Oh, I don't know. I _____ to go somewhere around here.
Greg _____ to try the new Thai restaurant?
Sheila Oh, yes! I _____ something spicy.



3 Some or any

Grammar Complete the conversations with *some* or *any*.

1. **Ming** Polly, try some lamb.
Polly Gosh, it's hot! I need _____ water . . . now!
Ming Here. Drink _____ soda.

2. **John** Do you have _____ chocolate cookies?
Ken No, but we have _____ peanut butter cookies.
John OK, I'll take _____ .

3. **Sara** Would you like _____ potato chips?
Craig Yeah, but I don't have _____ money.
Sara Oh, and I don't have _____, either.



1 Something for lunch

Conversation
strategies

Complete the conversation with *or something* or *or anything*.

- Trish Do you go out for lunch every day or . . . ?
- Pete Well, I don't usually eat lunch. I don't like to eat a big meal or anything at lunchtime.
- Trish No? You don't have a snack _____ ?
- Pete Well, I sometimes have a hot drink, like hot chocolate _____ .
- Trish Well, I'm hungry – I'd like a sandwich _____ . Would you like something to eat?
- Pete Well, maybe . . .
- Trish How about a salad _____ ?
- Pete Yes, OK. Actually, I'd like a chicken sandwich.
Oh, let's get some ice cream _____ , too. I guess I *am* hungry!



2 About you

Conversation
strategies

Answer the questions. Write true answers. Use *or something* or *or anything*.

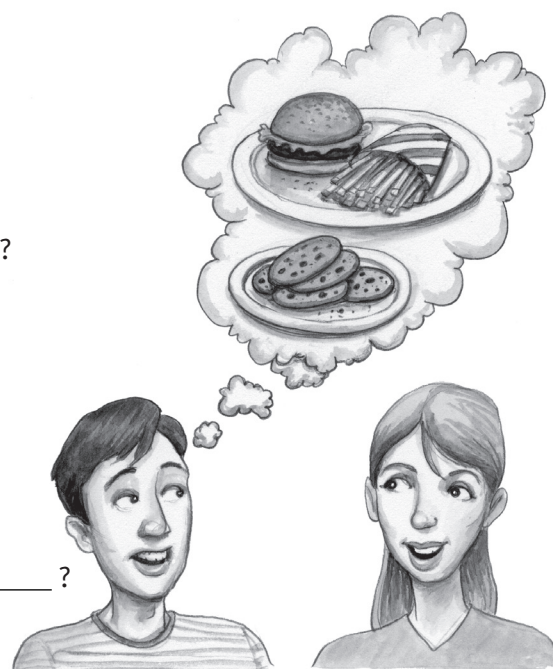
- Are you a picky eater? Well, I don't eat fish or shrimp or anything.
- What do you usually have for dinner? _____
- How about lunch? _____
- What do you like to order in restaurants? _____
- What do you drink with meals? _____
- What kinds of snacks do you like? _____

3 Would you like to go out or . . . ?

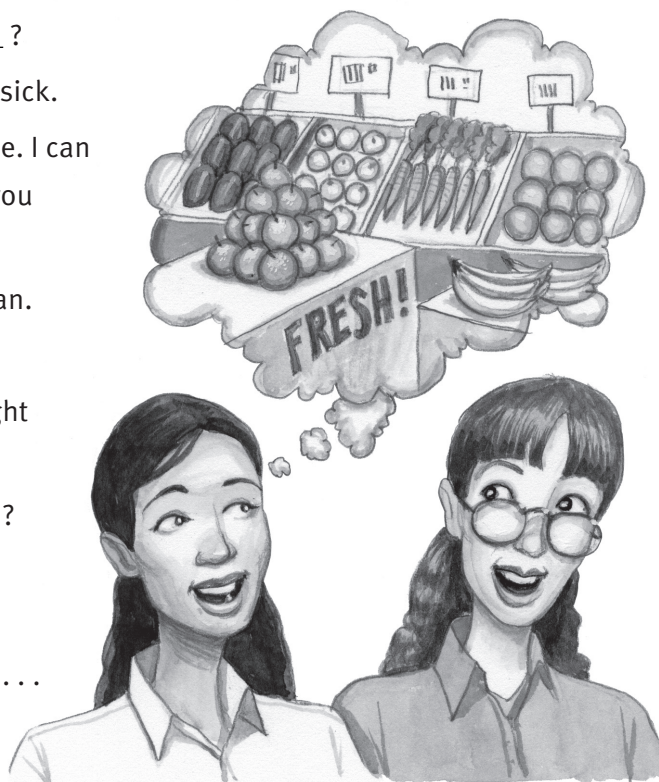
 Conversation
strategies

Complete the conversations. Which questions can end with *or . . .* ?
Add *or . . .* where possible.

1. **Paul** What would you like for dinner tonight _____ ?
Would you like to go out *or . . .* ?
Val Yes, please! I'd love to eat out.
Paul That's great. So can I choose the restaurant _____ ?
Val Sure.
Paul Let's see . . . would you like a pizza _____ ?
Val Um, I don't want Italian tonight. How about an Asian place? Do you like Korean or Thai _____ ?
Paul Uh, I don't really care for spicy food.
Val Let me think . . . do you want to get a hamburger _____ ?
Paul Yeah! With maybe some French fries and some cookies.
Val OK! Stop! I'm starving! Let's go!



2. **Kate** It's my birthday today.
Sally Happy birthday! Do you have plans _____ ?
Kate I had plans, but my friend just called. He's sick.
Sally That's terrible! I know. Let's eat at my house. I can cook some steaks or something. What do you think _____ ?
Kate That's very nice, thanks, but I'm a vegetarian.
Sally Oh. Do you eat pasta _____ ?
Kate Well, I can't eat pasta or anything heavy right now. I'm on a diet.
Sally OK. No pasta. What would you like _____ ?
Kate Do you have any fruit _____ ?
Sally Sorry. I ate the last banana this morning before I went to work. I have some carrots. . . .
Kate Let's stop at the supermarket on our way to your house.



1 Healthy fast food

Reading **A** Read the blog post. Find the answers to these questions.

1. Where did the writer eat breakfast? _____
2. What breakfast food does the writer recommend? _____
3. How many calories were in the writer's lunch? _____

TASTES GOOD, AND GOOD FOR YOU!

We often think of fast food as hamburgers, fried chicken, hot dogs, and French fries. However, some fast-food restaurants are starting to offer healthy foods, too. But how healthy is "healthy" fast-food, and how does it taste? I went to some famous fast-food restaurants last week to find the answer and was pleasantly surprised. Here are the two healthy fast-food choices I recommend.

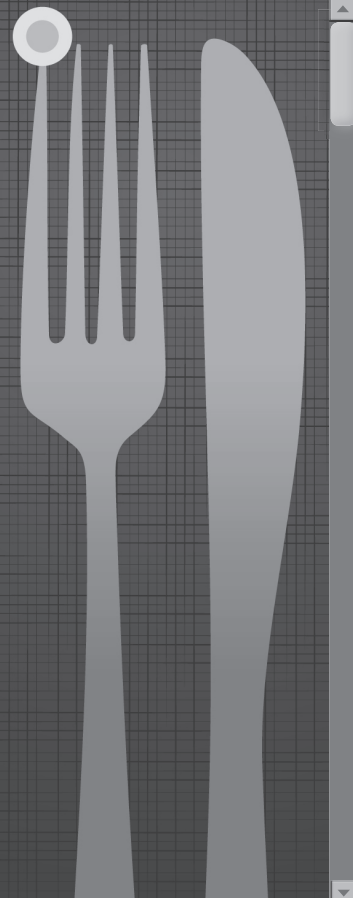
BURGER RESTAURANTS: OATMEAL, PLEASE!

Many burger restaurants open early and serve breakfast, too. One popular restaurant chain has a breakfast with more than 1,000 calories. That's about half the calories you need for a whole day! For a healthy option, you can now choose apple slices (15 calories), fruit and nuts (210 calories), or oatmeal (290 calories). I tried the oatmeal, and it was delicious!

MEXICAN RESTAURANTS: I'D LIKE IT IN A BOWL

I love Mexican fast food as a special treat, but I'm pleased to see that my favorite taco restaurant now has a lot of healthy choices on the menu. A taco salad with beef and cheese is about 600 calories. However, I went for chicken. You can make your own meal with chicken, rice, tomatoes, and other healthy foods. I tried it for lunch. I got it in a bowl and said no to the tortilla chips. It was very tasty and only 450 calories.

Do you know any great, healthy fast-food places? Tell us in the comments section.



B Read the blog post again. Then choose the correct words to complete these sentences.

1. The writer wanted to try some **hamburgers** / **healthy food** last week.
2. He thinks that 1,000 calories **is** / **is not** a lot for breakfast.
3. He **enjoyed** / **didn't enjoy** the oatmeal.
4. He had **taco salad** / **chicken** for lunch.
5. He **ate** / **didn't eat** tortilla chips with his lunch.
6. His lunch was **very** / **not very** healthy.

2 Restaurant reviews

Writing **A** Jill Heacock is a restaurant reviewer. She ate at the Seafood Palace last week, and she loved it. Circle the correct words to complete Jill’s review.

THIS WEEK’S RESTAURANT: **THE SEAFOOD PALACE**

★ ★ ★ ★

by Jill Heacock

Last week, I went to the Seafood Palace – it’s a **terrible / wonderful** restaurant. I loved it. I was there on a busy night, and the atmosphere was **fun / formal**. The food was **awful / delicious**, and every dish came to the table **cold / hot**. I really liked the shrimp. Very tasty! The service was **excellent / slow**, the servers were really **friendly / lazy**, and the meal was **cheap / expensive**. I only spent \$12!

The Seafood Palace is a good place to hang out with friends or have dinner with your family. Try it!

B Imagine you are a restaurant reviewer. You ate at a restaurant, and you hated it. Write your review.

THIS WEEK’S RESTAURANT: _____

★

by _____

Last week, I went to _____ – it’s a terrible restaurant! _____

Unit 12 Progress chart

What can you do? Mark the boxes. ✓ = I can . . . ? = I need to review how to . . .		To review, go back to these pages in the Student’s Book.
Grammar	<input type="checkbox"/> use countable and uncountable nouns.	118 and 119
	<input type="checkbox"/> make statements and questions with <i>much, many</i> , and <i>a lot of</i> .	118 and 119
	<input type="checkbox"/> make statements and questions with <i>some, any</i> , and <i>not any</i> .	120 and 121
	<input type="checkbox"/> make offers and requests with <i>would like</i> .	121
Vocabulary	<input type="checkbox"/> name at least 5 categories of food.	118 and 119
	<input type="checkbox"/> name at least 25 different foods.	118, 119, and 120
Conversation strategies	<input type="checkbox"/> use <i>or something</i> and <i>or anything</i> .	122
	<input type="checkbox"/> use <i>or . . . ?</i> in <i>yes-no</i> questions to make them less direct.	123
Writing	<input type="checkbox"/> use expressions to talk about restaurants.	124 and 125