**Chapter 11 The health of children and young people – questions**

Self assessment

Question 1 of 5

For which of the following age groups is there the greatest financial return to society for every pound spent on intervention?

1. 0-3 year olds
2. 4-5 year olds
3. School aged children
4. Post school, working age adults
5. Those above 75 years of age Question 2 of 5

Which of the following is NOT an aspect of child public health?

1. Promoting health in the broadest sense
2. A detailed understanding of all aspects of children’s medicine
3. Assessing health needs
4. Implementing and managing a wide range of public health interventions
5. Identifying childhood antecedents of future disease or disability Question 3 of 5

Which of the following is correct?

1. The UK child population is increasing
2. Over 20% of children in the UK have a minor disability
3. Infectious diseases are a major cause of childhood ill health in the UK
4. In the UK the life expectancy of children is now decreasing
5. Only 3% of UK children are from an ethnic minority Question 4 of 5

Which of the following are differences in causes of death amongst older children in the UK (choose all that are correct)?

1. The leading cause of death in children 5-19 year olds in the UK is land transport accidents
2. Injuries and poisoning rates are higher in girls than boys
3. Congenital anomalies are only a cause of death in boys
4. There is a stark increase in the death rate from injury and poisoning in boys from those aged below 15 to those aged 15 and above, while the increase for girls is less severe
5. None of the above

Question 5 of 5

Which of the following is NOT a determinant of child health related to a child’s physical environment?

1. Damp housing
2. Overcrowding
3. The condition of the local environment
4. Access to green spaces
5. The effectiveness of parenting Short answer questions

Question 1 of 5

How might you define ‘child public health’? Question 2 of 5

List the major public health challenges for children in the 21st century. Question 3 of 5

How can family structure affect child wellbeing? Question 4 of 5

What is the difference between relative and absolute poverty? Question 5 of 5

Give examples of child health promotion for each of the five ‘pillars’ of the 1986 Ottawa Charter for Health Promotion:

* 1. Building healthy public policy
  2. Creating supportive environments
  3. Strengthening communities
  4. Re-orienting health services
  5. Developing personal knowledge and skills

Interactive exercise

1. Review the England Child Health Profiles on Fingertips for a Local Authority of your choice and identify key priorities for action: <https://fingertips.phe.org.uk/profile/child-health-profiles>
2. What are evidence-based interventions to support parenting?

Read through the FPH SIG summary (<https://www.fph.org.uk/policy-advocacy/special-interest-groups/public-mental-health-special-interest-group/better-mental-health-for-all/a-good-start-in-life/parenting-programmes/>)

and the ‘Supporting Families’ information (<https://supportingfamilies.blog.gov.uk/2017/11/14/23-parenting-interventions-that-work/>) and check through your answers.

Web resources and further reading

1. A public health textbook covering child public health - Blair M, Stewart-Brown S, Waterston A, Crowther R. *Child Public Health*, 2nd edition. Oxford: Oxford University Press, 2010.
2. [WHO Child health and development unit](https://www.who.int/teams/maternal-newborn-child-adolescent-health-and-ageing/child-health)
3. [Faculty of Public Health Children and Young people Special Interest Group](https://www.fph.org.uk/policy-advocacy/special-interest-groups/children-and-young-people/)
4. [Royal College of Paediatrics & Child Health (RCPCH) Key topics in Public Health](https://www.rcpch.ac.uk/key-topics)
5. [UK Public Health Observatory for child and maternal health](https://www.herc.ox.ac.uk/downloads/health_datasets/browse-data-sets/child-and-maternal-health-observatory-chimat)
6. [UK Government guidance - Supporting public health: children, young people and families](https://www.gov.uk/government/publications/commissioning-of-public-health-services-for-children)