Chapter 14 Health inequalities and public health practice – questions

Self assessment

Question 1 of 4

Which of the following is false?

1. Health inequalities are systematic differences
2. A public health perspective says health inequalities are unfair
3. Health inequalities are differences in health outcomes
4. Health inequalities are always associated with poverty
5. Health inequalities are not inevitable

Question 2 of 4

How big is the difference in life mortality during pregnancy between black and white women in the UK (2016-2020)?

1. A twofold difference
2. A fourfold difference
3. Five years
4. Six months
5. 10 years

Question 3 of 4

What is the approximate difference in life expectancy in men in the UK between the most and least deprived areas (2016-18)?

1. Two decades
2. A decade
3. An eightfold difference
4. 2 years
5. Six months

Question 4 of 4

Which of the following is a potential explanation for a health inequality?

1. Artefact
2. Selection
3. Cultural/behavioural
4. Structural/materialist
5. All of the above

Short answer questions

Question 1 of 4

Describe inclusion health.

Question 2 of 4

In what ways can governments reduce health inequalities? Question 3 of 4

Explain what is meant by the statement that ‘health inequalities show a gradient across societies’?

Question 4 of 4

What do you understand by a meso-level approach to tackling health inequalities?

Web resources and further reading

1. [World Health Organization on health equity](https://www.who.int/health-topics/health-equity#tab=tab_1)
2. [World Health Organization on social determinants of health](https://www.who.int/health-topics/social-determinants-of-health#tab=tab_1)
3. [Website for Michael Marmot’s reviews of inequalities in England and in Europe](http://www.instituteofhealthequity.org/)
4. [Statistics covering topics related to UK health inequalities](https://www.gov.uk/government/statistics/health-inequalities-dashboard-march-2023-data-update)
5. [Portal for information on European health inequalities](https://health-inequalities.eu/about/)
6. [Scottish Public Health Observatory Guide to measuring inequalities (2007)](https://www.scotpho.org.uk/methods-and-data/measuring-health-inequalities/)