

## Appendix 2

# Camberwell Assessment of Need Forensic Clinical Version (CANFOR-C), 2nd Edition

### How to Use CANFOR-C

#### What Is CANFOR-C?

The CANFOR-C is a semi-structured interview schedule assessing need in 25 domains of the person's life, suitable for clinical use. Domains cover a range of psychological, social, clinical, and functional needs, reflecting the broad range of needs a person can have. Each domain is structured in the same way and is self-contained, thereby allowing for breaks to be taken during the interview as necessary.

#### Suggested Questioning Process for Each Domain of the CANFOR-C

1. Historically, has there been a problem/have there been any difficulties in this particular area?
2. Has this been the case over the last month?
3. Do they need any help for these problems/difficulties at the moment?
4. Are they receiving any help (informal or formal) at the moment?
5. Is any help that they are receiving actually helping and, if so, how much?
6. (*For service user interviews*) Would they say that they are satisfied with the help that they are receiving at the moment for this particular problem? Or (*For staff interviews*) did problems in this domain contribute to the index offence or reasons for referral to the service?

The first question introduces the interviewee to the general domain area. The second question then focuses the discussion on problems and difficulties experienced in the area during the time frame of interest (i.e. the past month only). The third and fourth questions seek to determine the extent of any current problems experienced and to enquire about any help that is currently being received for these

difficulties. The fifth question determines the perceived effectiveness of the current help received and should then go on to enquire about any discrepancies between what is currently being received and what help is currently needed. The sixth question seeks to summarise the discussions about the domain and should inform the final overall need rating for the domain.

The overall need rating for each of the 25 need domains is scored as follows:

N = no need	Indicates that the person does not have any problems/difficulties in the area (and that they are not currently receiving any help in this area).
M = met need	Indicates that the person does currently have some problems/difficulties in this area and that effective help is being received.
U = unmet need	Indicates that the person does currently have problems/difficulties in this area and either that (from the interviewee's perspective) they are not getting any help at all for these problems/difficulties, or that the help they are receiving is not helping.
NA = not applicable	This rating is only available for 5 of the 25 CANFOR-C domains. For the sexual offending and arson domains, a not applicable score can be recorded if the interviewee reports that the person has no history of problems in the area and that they do not present a current risk in the area. Accommodation can be scored as not applicable if the person is currently an inpatient or prisoner and is not likely to be considered for transfer or discharge in the next 6–12 months. Transport can be scored as not applicable according to the same criteria. Dependents can be scored as not applicable if the interviewee reports that the person has no children or dependents.

(cont.)

? = not known/ prefer not to say	Indicates that the interviewee does not know about the particular domain, is not confident in their response, or does not wish to disclose any information about any problems/difficulties they might know about.
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Scoring options for Sections 2, 3, and 4 of each of the CANFOR-C domains are based on the anchor points provided. While it is good practice to ask about help being received and needed, it is not necessary to complete these sections if the overall need rating for the domain is no need (N). The same applies if the domain is scored as not applicable (NA) or not known (?).

At the bottom of each CANFOR-C need domain page, there are boxes providing space for notes

regarding possible interventions for problems/difficulties identified, as well as space for indicating appropriate review details. Consideration should be given, where appropriate, to whether problems/difficulties in the individual domains may have contributed to the index offence or reasons why the person was referred to the service they may currently be in (or attending). Additional consideration should be given to issues pertaining to risk, proximity to family, any restrictions in place regarding movements or access, relapse signs, and noting any discrepancies between viewpoints recorded.

Note: All versions of the CANFOR are freely available as downloads through a new dedicated section of the Research into Recovery website (<http://researchintorecovery.com/can>), hosted by the University of Nottingham, England.

# 1 Accommodation

Assessments  
Service user rating    Staff rating

## Does the person have an appropriate place to live now or following discharge?

*Do you have a place to live when you leave hospital?*

*Is your current accommodation placement appropriate (if in community)?*

CAN0101

CAN0102

Rating	Meaning	Example
N	No problem	Living independently
M	No/moderate problem due to help given	Adequate and appropriate supported placement available
U	Serious problem	No appropriate placement identified, available placement inappropriate or unreasonable delays
NA	Not applicable	if not considering at present
?	Not known/prefer not to say	

*If rated N, NA, or ? go to Question 2*

## How much help with accommodation does the person receive from friends or relatives?

CAN0103

CAN0104

Rating	Meaning	Example
0	None	
1	Low help	General advice and support
2	Moderate help	Would provide help with improving accommodation, redecoration, or providing furniture
3	High help	Offer place to live if own accommodation is unsatisfactory
?	Not known/prefer not to say	

## How much help with accommodation does the person receive from local services?

CAN0105

CAN0106

## How much help with accommodation does the person need from local services?

CAN0107

CAN0108

Rating	Meaning	Example
0	None	
1	Low help	General advice and support
2	Moderate help	Referral to housing agency for independent living
3	High help	Arranging specialist/staffed placement
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving with accommodation?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN0109

### Planning interventions

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral, unreasonable delays)

### Action points

By whom

Review date

## 2 Food

Assessments  
Service user rating    Staff rating

### Does the person have difficulty in buying and preparing food?

*Are you able to prepare your own meals and do your own shopping for food?*

CAN0201    CAN0202

Rating	Meaning	Example
N	No problem	Able to buy and prepare meals
M	No/moderate problem due to help given	Requires prompting, supervision, or assistance to buy or prepare food, or receives regular meals
U	Serious problem	Unable to buy or prepare food or not receiving adequate or appropriate help
?	Not known/prefer not to say	

**If rated N or ? go to Question 3**

### How much help does the person receive from friends or relatives with getting enough to eat?

CAN0203    CAN0204

Rating	Meaning	Example
0	None	
1	Low help	Meals provided weekly or less
2	Moderate help	Weekly help with shopping or meals provided more than weekly but not daily
3	High help	Meals provided daily (including culturally appropriate food)
?	Not known/prefer not to say	

### How much help does the person *receive* from local services with buying and preparing food?

CAN0205    CAN0206

### How much help does the person *need* from local services with buying and preparing food?

CAN0207    CAN0208

Rating	Meaning	Example
0	None	
1	Low help	Needs occasional prompting or assistance
2	Moderate help	Regular cooking groups, or prompting on a regular but not daily basis
3	High help	Needs meals provided daily (including culturally appropriate food)
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving with buying and preparing food?

CAN0209

(NS=Not satisfied; S=Satisfied; ?=Not known)

#### Planning interventions

#### Action points

By whom    Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)

### 3 Looking after the Living Environment

#### Assessments

Service user rating    Staff rating

#### Does the person have difficulty looking after their living environment?

*Are you able to look after your room or home? Does anyone help you?*

CAN0301

CAN0302

Rating	Meaning	Example
N	No problem	Keeps room/home clean and tidy
M	No/moderate problem due to help given	Would have difficulty maintaining cleanliness of room/home without help
U	Serious problem	Area is dirty and a potential health hazard (regardless of interventions)
?	Not known/prefer not to say	

**If rated N or ? go to Question 4**

#### How much help does the person receive from friends or relatives with looking after their living environment?

CAN0303

CAN0304

Rating	Meaning	Example
0	None	
1	Low help	Prompts or helps tidy up or clean occasionally
2	Moderate help	Prompts or helps clean at least once a week
3	High help	All washing and cleaning done for the person
?	Not known/prefer not to say	

#### How much help does the person *receive* from local services with looking after their living environment?

CAN0305

CAN0306

#### How much help does the person *need* from local services with looking after their living environment?

CAN0307

CAN0308

Rating	Meaning	Example
0	None	
1	Low help	Occasional prompting or assistance by staff
2	Moderate help	Prompts or assistance at least once per week
3	High help	Majority of household tasks done by staff
?	Not known/prefer not to say	

#### Overall, is the person satisfied with the amount of help they are receiving in looking after their living environment?

CAN0309

(NS=Not satisfied; S=Satisfied; ?=Not known)

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)			

## 4 Self-care

Assessments  
Service user rating    Staff rating

### Does the person have difficulty with self-care?

*Do you have problems keeping yourself clean and tidy?  
Does anyone remind you?*

CAN0401    CAN0402

Rating	Meaning	Example
N	No problem	Untidy, but basically clean
M	No/moderate problem due to help given	Needs and gets help with self-care
U	Serious problem	Poor personal hygiene (regardless of interventions)
?	Not known/prefer not to say	

*If rated N or ? go to Question 5*

### How much help does the person receive from friends or relatives with their self-care?

CAN0403    CAN0404

Rating	Meaning	Example
0	None	
1	Low help	Occasionally prompt the person to change their clothes
2	Moderate help	Run the bath/shower or regular prompting
3	High help	Provide daily assistance with several aspects of care
?	Not known/prefer not to say	

### How much help does the person *receive* from local services with their self-care?

CAN0405    CAN0406

### How much help does the person *need* from local services with their self-care?

CAN0407    CAN0408

Rating	Meaning	Example
0	None	
1	Low help	Occasional prompting
2	Moderate help	Supervise weekly washing
3	High help	Supervise several aspects of self-care, self-care skills programme
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving with self-care?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN0409

#### Planning interventions

#### Action points

By whom    Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)

## 5 Daytime activities

Assessments  
Service user rating    Staff rating

### Does the person have difficulty with regular, appropriate daytime activities?

CAN0501

CAN0502



*How do you spend your day? Do you have a structured programme?*

*Do you have enough to do? (include occupation, training, and higher education)*

Rating	Meaning	Example
N	No problem	Able to occupy self, so no structured programme needed
M	No/moderate problem due to help given	Structured programme provided and adequate
U	Serious problem	No appropriate daytime activities offered or provided (or programme provided not appropriate/sufficient)
?	Not known/prefer not to say	

**If rated N or ? go to Question 6**

### How much help does the person receive from friends or relatives in finding or maintaining regular and appropriate daytime activities?

CAN0503

CAN0504



Rating	Meaning	Example
0	None	
1	Low help	Occasional advice about daytime activities
2	Moderate help	Participating in leisure activities with person
3	High help	Daily help with arranging daytime activities
?	Not known/prefer not to say	

### How much help does the person *receive* from local services in finding or keeping regular, appropriate daytime activities?

CAN0505

CAN0506



### How much help does the person *need* from local services in finding or keeping regular, appropriate daytime activities?

CAN0507

CAN0508



Rating	Meaning	Example
0	None	
1	Low help	Advice and information about activities and local facilities
2	Moderate help	Daytime activities arranged 2 or more days per week by staff
3	High help	All daytime activities arranged by staff
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving with daytime activities?

CAN0509

(NS=Not satisfied; S=Satisfied; ?=Not known)

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)			

## 6 Physical Health

Assessments  
Service user rating    Staff rating

### Does the person have any physical disability or any physical illness?

*How well do you feel physically? Are you getting any treatment for physical problems from your doctor? What about side-effects of your medication? Do you have any problems with your sleep?*

CAN0601    CAN0602

 

Rating	Meaning	Example
N	No problem	Physically well
M	No/moderate problem due to help given	Physical ailments, such as high blood pressure, receiving appropriate treatment
U	Serious problem	Untreated physical ailments, including side-effects, or ineffective treatment
?	Not known/prefer not to say	

**If rated N or ? go to Question 7**

### How much help does the person receive from friends or relatives for physical health problems?

CAN0603    CAN0604

 

Rating	Meaning	Example
0	None	
1	Low help	Advised to see doctor
2	Moderate help	Clinical team informed of physical problem
3	High help	Daily help with physical health problems
?	Not known/prefer not to say	

### How much help does the person *receive* from local services for physical health problems?

CAN0605    CAN0606

 

### How much help does the person *need* from local services for physical health problems?

CAN0607    CAN0608

 

Rating	Meaning	Example
0	None	
1	Low help	Given advice
2	Moderate help	Regular review/involvement of specialist medical services (e.g. dietician, GP)
3	High help	Daily help or in-patient care received
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving for physical health?

CAN0609

(NS=Not satisfied; S=Satisfied; ?=Not known)

#### Planning interventions

#### Action points

By whom    Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)



## 7 Psychotic symptoms

Assessments  
Service user rating    Staff rating

**Does the person have any psychotic symptoms, such as delusional beliefs, hallucinations, formal thought disorder, or passivity?**

*Do you ever hear voices, or have problems with your thoughts?  
Are you on any medication or injections? What is it/are they for?*

CAN0701

CAN0702

Rating	Meaning	Example
N	No problem	No positive symptoms, not at risk from symptoms and not on medication
M	No/moderate problem due to help given	Symptoms helped by medication or other help (e.g. psychology)
U	Serious problem	Currently has symptoms or symptoms resistant to treatment
?	Not known/prefer not to say	

**If rated N or ? go to Question 8**

**How much help does the person receive from friends or relatives for these psychotic symptoms?**

CAN0703

CAN0704

Rating	Meaning	Example
0	None	
1	Low help	Some advice and support
2	Moderate help	Carers involved in helping with coping strategies or medication compliance
3	High help	Constant supervision of medication, and help with coping strategies
?	Not known/prefer not to say	

**How much help does the person *receive* from local services for these psychotic symptoms?**

CAN0705

CAN0706

**How much help does the person *need* from local services for these psychotic symptoms?**

CAN0707

CAN0708

Rating	Meaning	Example
0	None	
1	Low help	Maintenance of medication, infrequent review, discussed at case conference
2	Moderate help	Regular medication review and support group, discussed at management round
3	High help	Frequent medication review and/or other treatment
?	Not known/prefer not to say	

**Overall, is the person satisfied with the amount of help they are receiving for psychotic symptoms?**

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN0709

**Planning interventions**

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)

**Action points**

**By whom**

**Review date**

## 8 Information on Condition and Treatment

### Assessments

Service user  
rating      Staff  
rating

#### Has the person had clear verbal or written information about their condition and treatment?

*Have you been given clear information about your medication, treatment and rights under the Mental Health Act?*

CAN0801      CAN0802

      

Rating	Meaning	Example
N	No problem	No need for information, has retained from past
M	No/moderate problem due to help given	Receiving appropriate help with information on condition and treatment
U	Serious problem	Has not received or understood adequate information
?	Not known/prefer not to say	

**If rated N or ? go to Question 9**

#### How much help does the person receive from friends or relatives in obtaining such information?

CAN0803      CAN0804

      

Rating	Meaning	Example
0	None	
1	Low help	Has had some advice from friends or relatives
2	Moderate help	Given leaflets/factsheets or put in touch with self-help groups by friends or relatives
3	High help	Regular liaison with doctors or voluntary sector sources of information or advocacy
?	Not known/prefer not to say	

#### How much help does the person *receive* from local services in obtaining such information?

CAN0805      CAN0806

      

#### How much help does the person *need* from local services in obtaining such information?

CAN0807      CAN0808

      

Rating	Meaning	Example
0	None	
1	Low help	Brief verbal or written information on illness/treatment/rights
2	Moderate help	Informal discussion with mental health staff on a range of issues relevant to treatment
3	High help	Has been given frequent or structured sessions
?	Not known/prefer not to say	

#### Overall, is the person satisfied with the amount of help they are receiving in obtaining information?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN0809

#### Planning interventions

#### Action points

By whom

Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)

## 9 Psychological Distress

Assessments  
Service user rating    Staff rating

### Does the person suffer from current psychological distress?

*Have you recently felt very sad or low?  
Have you felt overly anxious or frightened?*

CAN0901    CAN0902

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Rating	Meaning	Example
N	No problem	Occasional or mild distress
M	No/moderate problem due to help given	Needs and gets ongoing support
U	Serious problem	Distress affects life significantly (regardless of interventions)
?	Not known/prefer not to say	

**If rated N or ? go to Question 10**

### How much help does the person receive from friends or relatives for this distress?

CAN0903    CAN0904

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Rating	Meaning	Example
0	None	
1	Low help	Some sympathy or support
2	Moderate help	Has opportunity at least weekly to talk about distress to friend or relative
3	High help	More than weekly support or supervision
?	Not known/prefer not to say	

### How much help does the person *receive* from local services for this distress?

CAN0905    CAN0906

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### How much help does the person *need* from local services for this distress?

CAN0907    CAN0908

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Rating	Meaning	Example
0	None	
1	Low help	Assessment of mental state or occasional support
2	Moderate help	Specific psychological or social treatment Counselled by staff at least once a week
3	High help	Daily counselling by staff, p.r.n. medication
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving for this distress?

CAN0909

☐

(NS=Not satisfied; S=Satisfied; ?=Not known)

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)			

# 10 Safety to self

Assessments  
Service user rating    Staff rating

## Is the person a danger to themselves?

*Do you ever have thoughts of harming yourself? Have you actually harmed yourself recently? Do you put yourself in danger in any way?*

CAN1001

CAN1002

Rating	Meaning	Example
N	No problem	No suicidal thoughts or thoughts of self-harm
M	No/moderate problem due to help given	Risk monitored by staff, receiving counselling
U	Serious problem	Has expressed suicidal ideas, exposed self to danger or has self-harmed
?	Not known/prefer not to say	

**If rated N or ? go to Question 11**

## How much help does the person receive from friends or relatives to reduce the risk of self-harm?

CAN1003

CAN1004

Rating	Meaning	Example
0	None	
1	Low help	Able to contact friends or relatives if feeling unsafe
2	Moderate help	Friends or relatives are usually in contact and are likely to know if feeling unsafe
3	High help	Friends or relatives in regular contact and would inform staff if disclosed/suspected risk
?	Not known/prefer not to say	

## How much help does the person *receive* from local services to reduce the risk of self-harm?

CAN1005

CAN1006

## How much help does the person *need* from local services to reduce the risk of self-harm?

CAN1007

CAN1008

Rating	Meaning	Example
0	None	
1	Low help	Someone to contact when feeling unsafe
2	Moderate help	Regular supportive counselling (e.g. one-to-one)
3	High help	Specific level of observation for potential self-harm, protective bedding and/or other clothing, parole and/or placement reviewed
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving to reduce the risk of self-harm?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN1009

### Planning interventions

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)

### Action points

By whom

Review date

# 11 Safety to Others

Assessments  
Service user rating    Staff rating

## Has the person been violent or displayed threatening behaviour?

*Have you threatened other people or been violent?*

*For example, have you lost your temper, or perhaps hit someone?*

CAN1101

CAN1102

Rating	Meaning	Example
N	No problem	No violence or threatening behaviour in past month
M	No/moderate problem due to help given	Receives sufficient appropriate help for this problem
U	Serious problem	Recent violence or threats
?	Not known/prefer not to say	

**If rated N or ? go to Question 12**

## How much help does the person receive from friends or relatives to reduce the risk that they might harm someone else?

CAN1103

CAN1104

Rating	Meaning	Example
0	None	
1	Low help	General advice and support about threatening behaviour
2	Moderate help	Regular support and input (more than weekly)
3	High help	Daily support and/or supervision
?	Not known/prefer not to say	

## How much help does the person *receive* from local services to reduce the risk that they might harm someone else?

CAN1105

CAN1106

## How much help does the person *need* from local services to reduce the risk that they might harm someone else?

CAN1107

CAN1108

Rating	Meaning	Example
0	None	
1	Low help	Occasional checks on behaviour, or assessment of mental state weekly or less, advice
2	Moderate help	Regular checks on behaviour, clinical review more than weekly or escorted parole
3	High help	Close or continuous observation, daily clinical review, psychological intervention or withdrawal of parole
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving to reduce the risk that they might harm someone else?

CAN1109

(NS=Not satisfied; S=Satisfied; ?=Not known)

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)			

# 12 Alcohol

Assessments  
Service user rating    Staff rating

## Does the person drink excessively, or have a problem controlling their drinking?

*Does drinking cause you any problems?  
Do you wish you could cut down your drinking?*

CAN1201    CAN1202

    

Rating	Meaning	Example
N	No problem	No problem with controlled drinking
M	No/moderate problem due to help given	At risk from alcohol abuse and receiving help
U	Serious problem	Evidence of alcohol abuse recently
?	Not known/prefer not to say	

*If rated N or ? go to Question 13*

## How much help does the person receive from friends or relatives for their drinking?

CAN1203    CAN1204

    

Rating	Meaning	Example
0	None	
1	Low help	Told to cut down
2	Moderate help	Advised about helping agencies
3	High help	Daily monitoring and supervision of alcohol intake
?	Not known/prefer not to say	

## How much help does the person *receive* from local services for their drinking?

CAN1205    CAN1206

    

## How much help does the person *need* from local services for their drinking?

CAN1207    CAN1208

    

Rating	Meaning	Example
0	None	
1	Low help	Told about risks, given leaflets
2	Moderate help	Advised of helping agencies
3	High help	Supervised withdrawal programme in hospital, attending alcohol awareness group
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving for their drinking?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN1209

### Planning interventions

### Action points

By whom    Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)

# 13 Drugs

Assessments  
Service user rating    Staff rating

## Does the person have problems with drug misuse?

*Do you have a problem with drugs?*

CAN1301

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CAN1302

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Rating	Meaning	Example
N	No problem	Not misusing drugs
M	No/moderate problem due to help given	At risk from substance misuse and receiving help
U	Serious problem	Currently misusing or dependent upon illicit or prescribed drugs
?	Not known/prefer not to say	

*If rated N or ? go to Question 14*

## How much help with drug misuse does the person receive from friends or relatives?

CAN1303

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CAN1304

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Rating	Meaning	Example
0	None	
1	Low help	Encouraged to reduce drug use
2	Moderate help	Advised or put in touch with helping agencies
3	High help	Supervision of drug use or reporting concerns to clinical team
?	Not known/prefer not to say	

## How much help with drug misuse does the person receive from local services?

CAN1305

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CAN1306

☐

## How much help with drug misuse does the person need from local services?

CAN1307

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CAN1308

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Rating	Meaning	Example
0	None	
1	Low help	Informed about risks, given leaflets
2	Moderate help	Given details of helping agencies
3	High help	Supervised withdrawal programme, attending substance misuse group
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving for their drug misuse?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN1309

☐

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)			

# 14 Company

Assessments  
Service user rating    Staff rating

## Does the person need help with social contact?

*Are you happy with your social life?  
Do you wish you had more contact with others?*

CAN1401    CAN1402

 

Rating	Meaning	Example
N	No problem	Able to organise enough social contact, has enough friends or content with own company
M	No/moderate problem due to help given	Uses organised opportunities to socialise, single-sex, and mixed-sex functions available
U	Serious problem	Frequently feels lonely and isolated (regardless of interventions)
?	Not known/prefer not to say	

**If rated N or ? go to Question 15**

## How much help with social contact does the person receive from friends or relatives?

CAN1403    CAN1404

 

Rating	Meaning	Example
0	None	
1	Low help	Social contact less than weekly
2	Moderate help	Social contact weekly or more often
3	High help	Social contact at least four times a week
?	Not known/prefer not to say	

## How much help does the person *receive* from local services in organising social contact?

CAN1405    CAN1406

 

## How much help does the person *need* from local services in organising social contact?

CAN1407    CAN1408

 

Rating	Meaning	Example
0	None	
1	Low help	Given advice about social clubs or social skills groups
2	Moderate help	Day centre or community group up to 3 times a week
3	High help	Day centre or community group 4 or more times a week, facilitate single-sex and mixed-sex activities
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving in organising social contact?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN1409

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)			



# 15 Intimate Relationships

Assessments  
Service user rating    Staff rating

## Does the person have any difficulty in finding a partner or in maintaining a close relationship?

*Do you have a partner?*

*Do you have problems in your partnership/marriage/close relationship?*

CAN1501

☐

CAN1502

☐

Rating	Meaning	Example
N	No problem	Satisfactory relationship or happy not having partner
M	No/moderate problem due to help given	Receiving helpful advice or therapy
U	Serious problem	Wants a partner and feels not having one is a problem, or ongoing conflict in existing relationship
?	Not known/prefer not to say	

**If rated N or ? go to Question 16**

## How much help does the person receive from friends or relatives with forming and maintaining close relationships?

CAN1503

☐

CAN1504

☐

Rating	Meaning	Example
0	None	
1	Low help	Some emotional support
2	Moderate help	Several talks, regular support
3	High help	Intensive talks and support in coping with feelings
?	Not known/prefer not to say	

## How much help does the person *receive* from local services with forming and maintaining close relationships?

CAN1505

☐

CAN1506

☐

## How much help does the person *need* from local services with forming and maintaining close relationships?

CAN1507

☐

CAN1508

☐

Rating	Meaning	Example
0	None	
1	Low help	A few talks
2	Moderate help	Several talks, regular support
3	High help	Therapy, social skills training
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving with forming and maintaining relationships?

CAN1509

☐

(NS=Not satisfied; S=Satisfied; ?=Not known)

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)			

# 16 Sexual Expression

Assessments  
Service user rating    Staff rating

## Does the person have problems with their sex life?

*Are you experiencing any difficulties with sexual matters?*

CAN1601    CAN1602

Rating	Meaning	Example
N	No problem	Happy with current sex life
M	No/moderate problem due to help given	Benefiting from sexual or couple therapy/other intervention
U	Serious problem	Serious sexual difficulty, such as impotence, no access or limited access to partner
?	Not known/prefer not to say	

**If rated N or ? go to Question 17**

## How much help with problems in their sex life does the person receive from friends or relatives?

CAN1603    CAN1604

Rating	Meaning	Example
0	None	
1	Low help	Some advice
2	Moderate help	Several talks, information material, providing contraceptives, etc.
3	High help	Establish contact with counselling centres and possibly accompanying the person in going there. Consistent accessibility to talk about the problem.
?	Not known/prefer not to say	

## How much help with problems in their sex life does the person *receive* from local services?

CAN1605    CAN1606

## How much help with problems in their sex life does the person *need* from local services?

CAN1607    CAN1608

Rating	Meaning	Example
0	None	
1	Low help	Given information about contraception, safe sex, drug-induced impotence
2	Moderate help	Regular talks about sex, medication reviewed
3	High help	Sexual or couple therapy, medication management, appropriate access to partner facilitated
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving for problems in their sex life?

CAN1609

(NS=Not satisfied; S=Satisfied; ?=Not known)

### Planning interventions

### Action points

By whom    Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)

# 17 Dependents

Assessments  
Service user rating    Staff rating

## Does the person have any difficulty looking after dependents, such as a child aged under 18 or a dependent parent?

*Do you have any dependents, e.g. children under 18?*

*Do you have any difficulty looking after them?*

CAN1701

CAN1702

Rating	Meaning	Example
N	No problem	No problem with looking after children or other dependents
M	No/moderate problem due to help given	Difficulties with parenting and receiving help Agencies facilitating access/visits
U	Serious problem	Serious difficulty looking after dependents, dependents at risk or no access due to difficulties
NA	Not applicable	If has no dependents
?	Not known/prefer not to say	

**If rated N, NA, or ? go to Question 18**

## How much help with looking after dependents does the person receive from friends and relatives?

CAN1703

CAN1704

Rating	Meaning	Example
0	None	
1	Low help	Occasional help less than once a week
2	Moderate help	Help most days, cooperating with facilitating access
3	High help	Children/other dependents living with friends/family or relatives, accompany children on access visits
?	Not known/prefer not to say	

## How much help with looking after dependents does the person *receive* from local services?

CAN1705

CAN1706

## How much help with looking after dependents does the person *need* from local services?

CAN1707

CAN108

Rating	Meaning	Example
0	None	
1	Low help	Attends childcare/other day care service
2	Moderate help	Help with parenting skills, facilitating access, weekly worker visits to dependent parent
3	High help	Children in foster home or in care, organising escorts to access visits daily/almost daily worker visits to dependent parent
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving with looking after dependents?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN1709

### Planning interventions

### Action points

By whom

Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)

# 18 Basic education

Assessments  
Service user rating    Staff rating

## Does the person lack basic skills in numeracy and literacy?

*Do you have difficulty in reading, writing, or understanding English?  
Can you count your change in a shop?*

CAN1801    CAN1802

 

Rating	Meaning	Example
N	No problem	Able to read, write, and understand English forms
M	No/moderate problem due to help given	Difficulty with reading, help being received or attending adult education
U	Serious problem	Difficulty with basic skills, lack of English fluency
?	Not known/prefer not to say	

*If rated N or ? go to Question 19*

## How much help with numeracy and literacy does the person receive from friends or relatives?

CAN1803    CAN1804

 

Rating	Meaning	Example
0	None	
1	Low help	Occasional help to read or fill in forms
2	Moderate help	Has put them in touch with relevant classes
3	High help	Teaches the person to read, write, count change
?	Not known/prefer not to say	

## How much help with numeracy and literacy does the person *receive* from local services?

CAN1805    CAN1806

 

## How much help with numeracy and literacy does the person *need* from local services?

CAN1807    CAN1808

 

Rating	Meaning	Example
0	None	
1	Low help	Help filling in forms
2	Moderate help	Given advice about classes
3	High help	Attending adult education, access to interpreter
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving with numeracy and literacy?

CAN1809

(NS=Not satisfied; S=Satisfied; ?=Not known)

### Planning interventions

### Action points

By whom    Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)

# 19 Digital Communication

Assessments  
Service user rating    Staff rating

## Does the person have any difficulty in owning or using a phone, or using online services?

*Do you know how to use a telephone and other online services?  
Is it easy to find a telephone or online services that you can use?*

CAN1901

CAN1902

Rating	Meaning	Example
N	No problem	Able to use phone and online services and has appropriate access
M	No/moderate problem due to help given	Has to request to use phone or online services, facilitated access
U	Serious problem	Lacks skills to use phone or online services
?	Not known/prefer not to say	

*If rated N or ? go to Question 20*

## How much help with phones and using online services does the person receive from friends and relatives?

CAN1903

CAN1904

Rating	Meaning	Example
0	None	
1	Low help	Occasionally helped to use phone or access to internet only for emergencies
2	Moderate help	At least weekly help
3	High help	Daily help if required
?	Not known/prefer not to say	

## How much help with phones and using online services does the person *receive* from local services?

CAN1905

CAN1906

## How much help with phones and using online services does the person *need* from local services?

CAN1907

CAN1908

Rating	Meaning	Example
0	None	
1	Low help	Access to phone and online services upon request
2	Moderate help	Provided with phonecard given access to computer
3	High help	Given computer and regularly helped to use phone
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving with phones and using online services?

(NS=Not satisfied; S=Satisfied; ?=Not known)

CAN1909

### Planning interventions

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)

### Action points

By whom

Review date

## 20 Transport

Assessments  
Service user rating    Staff rating

### Does the person have any problems using public transport?

*Do you have any problems using the bus, tube, or train?  
Do you get a free bus pass?*

CAN2001    CAN2002

    

Rating	Meaning	Example
N	No problem	Able to use public transport, can read timetables or has access to car
M	No/moderate problem due to help given	Bus pass or other help provided with transport
U	Serious problem	Unable to use public transport or follow timetables
NA	Not applicable	If not tested out
?	Not known/prefer not to say	

**If rated N, NA, or ? go to Question 21**

### How much help with transport does the person receive from friends or relatives?

CAN2003    CAN2004

    

Rating	Meaning	Example
0	None	
1	Low help	Encouragement to travel
2	Moderate help	Often accompanies on public transport
3	High help	Provides transport to all appointments
?	Not known/prefer not to say	

### How much help does the person *receive* from local services with transport?

CAN2005    CAN2006

    

### How much help does the person *need* from local services with transport?

CAN2007    CAN2008

    

Rating	Meaning	Example
0	None	
1	Low help	Provision of bus pass
2	Moderate help	Taxi card
3	High help	Transport to appointments by ambulance, facilitate travel on public transport on leave visits
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving with transport?

CAN2009

(NS=Not satisfied; S=Satisfied; ?=Not known)

#### Planning interventions

#### Action points

By whom    Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views)

# 21 Money

Assessments  
Service user rating    Staff rating

## Does the person have problems budgeting their money?

*Do you have any problems budgeting your money?  
Do you manage to pay your bills?*

CAN2101

CAN2102

Rating	Meaning	Example
N	No problem	Able to buy essential items and pay bills
M	No/moderate problem due to help given	Benefits from help with budgeting
U	Serious problem	Often has no money for essential items or bills, in debt or gambling
?	Not known/prefer not to say	

**If rated N or ? go to Question 22**

## How much help does the person receive from friends or relatives in managing their money?

CAN2103

CAN2104

Rating	Meaning	Example
0	None	
1	Low help	Occasional help sorting out household bills
2	Moderate help	Calculating weekly budget
3	High help	Complete control of finance
?	Not known/prefer not to say	

## How much help does the person *receive* from local services in managing their money?

CAN2105

CAN2106

## How much help does the person *need* from local services in managing their money?

CAN2107

CAN2108

Rating	Meaning	Example
0	None	
1	Low help	Occasional help with budgeting
2	Moderate help	Supervised in paying rent, given weekly spending money
3	High help	Daily handouts of cash, advised of specialist agencies
?	Not known/prefer not to say	

## Overall, is the person satisfied with the amount of help they are receiving with money?

CAN2109

(NS=Not satisfied; S=Satisfied; ?=Not known)

### Planning interventions

### Action points

By whom

Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)

## 22 Benefits

Assessments  
Service user rating    Staff rating

### Is the person definitely receiving all the benefits that they are entitled to?

*Are you sure that you are getting all the money you are entitled to?*

CAN2201    CAN2202

Rating	Meaning	Example
N	No problem	Receiving full entitlement of benefits
M	No/moderate problem due to help given	Receives appropriate help in claiming benefits
U	Serious problem	Not receiving full entitlement of benefits
?	Not known/prefer not to say	

**If rated N or ? go to Question 23**

### How much help does the person receive from friends or relatives in obtaining the full benefit entitlement?

CAN2203    CAN2204

Rating	Meaning	Example
0	None	
1	Low help	Occasionally asks whether person is getting any money
2	Moderate help	Has made enquiries about full entitlement
3	High help	Has helped fill in forms
?	Not known/prefer not to say	

### How much help does the person *receive* from local services in obtaining the full benefit entitlement?

CAN2205    CAN2206

### How much help does the person *need* from local services in obtaining the full benefit entitlement?

CAN2207    CAN2208

Rating	Meaning	Example
0	None	
1	Low help	Occasional advice about entitlements
2	Moderate help	Help with applying for extra entitlements
3	High help	Comprehensive evaluation of current entitlement
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving in obtaining the full benefit entitlement?

CAN2209

(NS=Not satisfied; S=Satisfied; ?=Not known)

#### Planning interventions

#### Action points

By whom    Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)



## 23 Treatment

Assessments  
Service user rating    Staff rating

### Does the person agree with the treatment (medical and/or psychological) prescribed for them?

*Do you agree with the treatment prescribed for you?*

CAN2301

CAN2302

Rating	Meaning	Example
N	No problem	Person agrees and complies with prescribed treatments
M	No/moderate problem due to help given	Receiving help in determining appropriate treatments (e.g. does not agree but complies)
U	Serious problem	Person does not agree with treatment and does not comply
?	Not known/prefer not to say	

*If rated N or ? go to Question 24*

### How much help does the person receive from friends or relatives in understanding and accepting the care offered ?

CAN2303

CAN2304

Rating	Meaning	Example
0	None	
1	Low help	Some advice and support
2	Moderate help	Regular discussions of symptoms and appropriate advice
3	High help	Works with team to encourage acceptance of, and compliance with, treatments
?	Not known/prefer not to say	

### How much help does the person *receive* from local services to understand and accept the care offered?

CAN2305

CAN2306

### How much help does the person *need* from local services to understand and accept the care offered?

CAN2307

CAN2308

Rating	Meaning	Example
0	None	
1	Low help	Basic information on treatment decisions
2	Moderate help	Several discussions on reasons for treatment need. Early warning signs of relapse agreed with person
3	High help	Regular structured sessions with mental health professional, illness awareness group, psychological input
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving to understand and accept the care offered?

CAN2309

(NS=Not satisfied; S=Satisfied; ?=Not known)

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)			

## 24 Sexual Offences

Assessments  
Service user rating    Staff rating

### Does the person present a risk of sexual offending?

*Do you think you might be at risk of committing a sexual offence?*

CAN2401

CAN2402



Rating	Meaning	Example
N	No problem	Has history but no current risk
M	No/moderate problem due to help given	Receiving appropriate treatment or supervision
U	Serious problem	Assessed as significant continuing risk of committing sexual offences
NA	Not applicable	No history and no risk
?	Not known/prefer not to say	

**If rated N, NA, or ? go to Question 25**

### How much help does the person receive from friends or relatives to reduce the risk of committing sexual offences?

CAN2403

CAN2404



Rating	Meaning	Example
0	None	
1	Low help	General advice and support
2	Moderate help	Regular support and input
3	High help	Inform team if disclosed/suspected at risk
?	Not known/prefer not to say	

### How much help does the person *receive* from local services to reduce the risk of committing sexual offences?

CAN2405

CAN2406



### How much help does the person *need* from local services to reduce the risk of committing sexual offences?

CAN2407

CAN2408



Rating	Meaning	Example
0	None	
1	Low help	Ongoing advice/monitoring of behaviour and mental state
2	Moderate help	Specific treatments, regular reviews, or escorted parole
3	High help	Specific treatment intervention, daily review of behaviour and mental state, or no parole
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving to reduce the risk of sexual offending?

CAN2409

(NS=Not satisfied; S=Satisfied; ?=Not known)

#### Planning interventions

#### Action points

By whom

Review date

Factors to be considered (e.g. risk, proximity to family, access to services, restrictions, relapse signs, discrepancies between views, contribution to index offence/reason for referral)

## 25 Arson

Assessments  
Service user rating    Staff rating

### Is the person deemed at current or potential risk of committing arson?

*Do you think you might be at risk of setting fires?*

CAN2501

☐

CAN2502

☐

Rating	Meaning	Example
N	No problem	Has history but no current risk
M	No/moderate problem due to help given	Under supervision and review
U	Serious problem	Significant continuing risk of committing arson
NA	Not applicable	no history/risk
?	Not known/prefer not to say	

*If rated N, NA, or ? the CANFOR is complete*

### How much help does the person receive from friends or relatives to reduce the risk that they may set fires?

CAN2503

☐

CAN2504

☐

Rating	Meaning	Example
0	None	
1	Low help	General advice and support
2	Moderate help	Regular support and advice
3	High help	Informs team of disclosed/suspected risk
?	Not known/prefer not to say	

### How much help does the person *receive* from local services to reduce the risk that they might set fires?

CAN2505

☐

CAN2506

☐

### How much help does the person *need* from local services to reduce the risk that they might set fires?

CAN2507

☐

CAN2508

☐

Rating	Meaning	Example
0	None	
1	Low help	Occasional discussions/review of fantasies and behaviour
2	Moderate help	Regular review of fantasies and behaviour, restricted access to lighter, only smoke in designated areas
3	High help	Intensive treatment intervention or restriction of parole/ access to high-risk situations
?	Not known/prefer not to say	

### Overall, is the person satisfied with the amount of help they are receiving to reduce the risk of committing arson?

CAN2509

☐

(NS=Not satisfied; S=Satisfied; ?=Not known)

Planning interventions	Action points	By whom	Review date
Factors to be considered (e.g. risk, proximity to family, access to services, relapse signs, discrepancies between views, contribution to index offence/reason for referral)			