

Chapter 18 Sustainability – answers

Self assessment

Question 1 of 1

Answer E

Short answer questions

Question 1 of 3

1. For people

More physical activity, better diet, improved mental health, less road trauma, less air pollution, less obesity/heart disease/cancer, more social inclusion...

2. For the health/care system

More prevention, care closer to home, more empowered/self care, better use of drugs, better use of information technology, better skill mix, better models of care for long term conditions

3. For global fairness/social justice

A fairer distribution of the world's resources between communities now and inter-generationally

Question 2 of 3

These reasons include:

- Saving money
- Complying with legislation (in this case the 2008 Climate Change Act and the subsequent Carbon Reduction Commitment)
- Improving the resilience of the service (the capacity of a system to absorb (sudden and unpredicted) disturbance and still retain function)
- Improving the reputation of the service
- Engaging health professionals and empowering them to be important exemplars to the public
- Direct improvements in health, both immediately and in future health protection and improvement

Question 3 of 3

You might have included:

- Encourage carbon reduced transport to the site through bus routes and cycling
- Procurement policies which reduce transport miles for goods, or purchase goods with reduced packaging
- Reducing disposable equipment
- Reducing drug waste or energy awareness campaigns
- Small reductions in thermostat temperatures
- Increased insulation in walls, roofs, windows and pipework
- Planning more efficient or radically different models of care, especially for long term conditions

Any reduction in wasteful, harmful, unneeded or inefficient healthcare will improve sustainability
– best achieved through health promotion, protection and illness prevention.