

Appendix 2

Camberwell Assessment of Need Short Appraisal Schedule (CANSAS), 2nd Edition

Service user name	Need rating N = No need U = Unmet need M = Met need ? = Not known			
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Assessment number	1	2	3	4
Circle who is interviewed (U = Service user, S = Staff, C = Carer)	U / S / C	U / S / C	U / S / C	U / S / C
Date of assessment				
Initials of assessor				

1 Accommodation <i>What kind of place do you live in?</i>				
2 Food <i>Do you get enough to eat?</i>				
3 Looking after the home <i>Are you able to look after your home?</i>				
4 Self-care <i>Do you have problems keeping clean and tidy?</i>				
5 Daytime activities <i>How do you spend your day?</i>				
6 Physical health <i>How well do you feel physically?</i>				
7 Psychotic symptoms <i>Do you ever hear voices or have problems with your thoughts?</i>				
8 Information on condition and treatment <i>Have you been given clear information about your medication?</i>				
9 Psychological distress <i>Have you recently felt very sad or low?</i>				
10 Safety to self <i>Do you ever have thoughts of harming yourself?</i>				
11 Safety to others <i>Do you think you could be a danger to other people's safety?</i>				
12 Alcohol <i>Does drinking cause you any problems?</i>				
13 Drugs <i>Do you take any drugs that aren't prescribed?</i>				
14 Company <i>Are you happy with your social life?</i>				
15 Intimate relationships <i>Do you have a partner?</i>				
16 Sexual expression <i>How is your sex life?</i>				
17 Dependents <i>Do you have any dependents, e.g. children under 18?</i>				
18 Basic education <i>Any difficulty in reading, writing or understanding English?</i>				
19 Digital communication <i>Do you have a phone and access to the internet?</i>				
20 Transport <i>How do you find using the bus, tube or train?</i>				
21 Money <i>How do you find budgeting your money?</i>				
22 Benefits <i>Are you getting all the money you are entitled to?</i>				

A Total Met needs – count the number of M's in the column				
B Total Unmet needs – count the number of U's in the column				
C Total number of needs – add together A + B				